

“Fear Not! Stepping Up to the Mic”
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A. INTRODUCTION

- 1. Public speaking is still the #1 fear of most people.**
- 2. Whether you’re a professional speaker or not, as a leader you will speak.**
- 3. Make the most of every speaking opportunity – announcements or message.**

B. FEAR NOT!

1. Principles to Reclaim

- a. Isa. 41:10 – “Fear not, I am with you; do not be afraid, I am your God.”**
- b. 2 Tim. 1:7 – “God has not given us a spirit of fear but of power, love, and self-control.”**

2. Pointers to Remember (handout)

- a. Remember, your goal is not perfection.**
- b. Relax and be yourself.**
- c. Use stage fright for good. Tension and nervousness are normal.**
- d. Look at your audience.**
- e. Position your body comfortably.**
- f. Use your body language naturally.**
- g. Breathe and speak rhythmically.**
- h. Slow yourself down.**
- i. Speak in public as often as possible. Experience gives confidence.**
- j. Give your message to the Lord.**

3. Power to Release

...The Holy Spirit

C. BE PREPARED

- 1. Know your audience**
 - a. Interests**
 - b. Attitudes (toward subject and speaker)**
 - c. Backgrounds (knowledge/training)**
 - d. Beliefs**
 - e. Experience**

- 2. Know your occasion**
 - a. Purpose**
 - b. Rituals**
 - c. Conditions**

- 3. Know your topic**

Choose topics to speak on within your expertise.

- 4. Know your content**

PIER – your message needs to stick out in the minds of your audience like a pier sticks out in the ocean.

 - a. P – Point (at least one)**
 - b. I - Instruction (guide application)**
 - c. E – Examples (personal illustrations)**
 - d. R – Reference (sources, scripture, books, people – validates what you say)**

D. STEP UP TO THE MIC

Deliver your Message

- a. Start with a bang!**
- b. Speak with confidence.**
- c. Develop ideas thoroughly.**
- d. Support points with examples, illustrations, and statistics.**
- e. Relate directly to the audience.**
- f. Help the listeners make application.**
- g. Respect time frame and context.**
- h. Finish with an effective conclusion.**

E. CONCLUSION

Dedicate the results to Him.