

SPIRITUALITY IN COUNSELING, PSYC9403
New Orleans Baptist Theological Seminary
Division of Pastoral Ministries/Department of Psychology and Counseling

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Mission Statement of the New Orleans Baptist Theological Seminary

The mission of the New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Core Values and Curriculum Competencies

New Orleans Baptist Theological Seminary highlights five core values: Doctrinal Integrity, Spiritual Vitality, Mission Focus, Characteristic Excellence, and Servant Leadership. While all five core values are emphasized, the primary focus for the 2014-2015 academic year is *Spiritual Vitality*. We are a worshipping community, with both personal spirituality and gathering together as a Seminary for the praise and adoration of God and instruction in His Word. Our confessional commitments are outlined in the Articles of Religious Belief and the Baptist Faith and Message 2000. Throughout this course students will be encouraged to consider how the core value of “Spiritual Vitality” impacts their development as a Christian counselor called to operate in the local church.

Course Description

In this seminar, books and topics are selected to challenge the student’s thinking about the role of the client’s spirituality in the counseling process, the formation and practice of personal spirituality as a component of the functional process of relating to clients, and to aid the student in the practice of Christian counseling that engages the spiritual dimension of both self and client. Dialogues and group processes are structured to enable to articulate their understandings and questions. Reading, presentations, and dialogues are methods used to explore the spiritual dimensions of psychotherapy.

Student Learning Outcomes (Objectives)

At the completion of this course, the student will:

1. The student will identify and learn to facilitate and integrate spirituality in psychotherapy.
2. The student will identify and further develop her or his own spirituality with an emphasis on the soul as the resource for therapeutic change.
3. Understand and integrate the core value of Spiritual Vitality with evidenced based counseling modalities.

Seminar Discussion Topics and Reading Assignments

Meeting #1-Friday, February 20th, 1:00-9:00 PM – Saturday, February 21st, 8:00-11:00 AM

Discussion Topic: Role of client's spirituality in the counseling process.

Foster, Richard. Freedom of Simplicity. HarperCollins Publishers, November 1997. ISBN 0061043850.

Manning, Brennan. Abba's Child. NavPress Publishing Group, September 2002. ISBN 1576833348.

Moon, Gary W. Falling for God. Shaw. March 2004. ISBN 087788076X

Ross, Hugh. The Creator and the Cosmos: How the latest scientific discoveries reveal God, 3/e. Navpress, 2001. ISBN: 1576832880

*Your chosen book (book that has impacted client spirituality)

Meeting #2- Friday, April 10th, 1:00-9:00 PM – Saturday, April 11th, 8:00-11:00 AM

Discussion Topic: The formation and practice of personal spirituality as a component of the functional process of relating to clients.

Beck, James R. Jesus and Personality Theory. Intervarsity Press, January 1999. ISBN 0830819258.

Bronheim, H. Body and soul: The role of object relations in faith, shame and healing. Jason Aronson. Publishers, August 1998. ISBN 0765701626

Ferguson, David. The Great Commandment Principle. Tyndale House Publishers, October 1998. ISBN: 0842355782.

May, Gerald. Addiction and Grace. HarperCollins Publishers, January 1991. ISBN 0060655372.

Meeting #3- Friday, May 8th, 1:00-9:00 PM – Saturday, May 9th, 8:00-11:00 AM

Discussion Topic: The practice of Christian counseling that engages the spiritual dimension of both self and client.

Brenner, David. Care of Souls. Moody Press, 2001. ISBN 0802437419.

Crabb, Larry. Soul Talk. Integrity Publishers, October 2003. ISBN 159145039X.

Lawrence, Brother. The Practice of the Presence of God. Hendrickson Publishers, Inc., May 2004. ISBN: 156563148X.

Nouwen, Henri. The Wounded Healer. Image, March 1979. ISBN 0385148038.

Smith, Susan Marie. Caring Liturgies: The Pastoral Power of Christian Ritual. Fortress, July 2012. ISBN: 9780800697365

Emmons, Robert A. The Psychology of Ultimate Concerns: Motivation and spirituality in personality. Guilford, 1999. ISBN:1572304561

Requirements and Grading:

1.	Reading and Review of Books	20%
2.	Dialogue/Discussion	25%
3.	Research Papers	40%
4.	Final Examination	15%

Explanation of Assignments:

1. Reading and Review of Books – Read each of the books and write a practical review for each. The review should be **no longer than 2 pages, single-spaced**. Provide a brief summary of the book (purpose, goals, major ideas presented), and a practical assessment of usefulness to you and your clients. **Book reviews are due on date of dialogue/discussion.**

2. Dialogue/Discussion – Students will **discuss assigned books each class meeting** with professor. Be prepared to discuss the concepts and issues in each book, as well as dialogue about its impact on spirituality in counseling, personally and professionally. Students will be required to address specific aspects from each book as instructed by professor. Active dialogue is expected. If students are not prepared to discuss any book, an additional assignment will be given involving a **detailed** review and analysis of that book and two others not already assigned.

3. Research Papers
 - a. Students are required to submit a paper (**at least 12 page double-spaced body**) delineating their understanding of spirituality in the counseling process. The paper should contain reflection of other thinkers. However, the paper should primarily be a personal proposal based on the readings, dialogues, and study throughout the seminar. Length of the paper is intentionally brief to allow for attention to quality in content and form. Use APA format, however for this paper, first person is allowed. This paper accounts for 15% of your seminar grade.
 - b. Students are required to submit a research paper (**at least 20 page double-spaced body**) on a topic related to spirituality in counseling. Topic must be approved by professor. The paper should be suitable for submission as an article for publication in an academically oriented journal. Adhere to APA guidelines for this paper. This paper accounts for 25% of your seminar grade.