

Psychopathology PSYC9406
Ph.D. Seminar
Spring 2008
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I. Mission Statement

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

II. Seminar Description and Core Value

Psychopathologies are examined through a systematic study of the descriptions of each recognized mental disorder, characteristics of people with and vulnerable to developing these disorders, and the various effective treatment options for selected mental disorders including: relational styles and personality characteristics of the therapist and favored contemporary / psychopharmacological therapies. Throughout this course students will be encouraged to consider how the core value of “Spiritual Vitality” impacts their development as a Christian counselor called to operate in the local church

III. Major Objectives

The student will:

1. Thoroughly examine and acquire a working knowledge in using the DSM-IV TR.
2. Gain an understanding of the complexities of diagnosing mental disorders.
3. Know the characteristics of the major mental disorders including the personality disorders.
4. Gain an appreciation and understanding of psychopharmacology and know the common medications for each major DSM IV TR classification of disorders.
5. Examine the current knowledge of effective psychotherapy treatments.
6. Acquire knowledge in selecting effective treatments for the various mental disorders.
7. Complete an empirical research project involving data collecting, analysis of those data, and a written research proposal (APA Style).
8. Recognize and implement an ethically sensitive approach to using each students personal spiritual vitality in working with individuals suffering from mental disorders.

IV. Required Texts

Andreasen, Nancy C. *Brave New Brain: Conquering Mental Illness in the Era of the Genome*. Oxford University Press, 2004.

American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders, 4th edition, Text Revision*. (DMS-IV-TR) Washington: American Psychiatric Press, 2000.

American Psychiatric Association. *Practice Guidelines for the Treatment of Psychiatric Disorders Compendium 2004*. Washington: American Psychiatric Press, 2004.

Maxmen, Jerrold and Nicholas Ward. *Essential Psychopathology and Its Treatment*. W.W. Norton, 1995.

Preston, John, O'Neal, John, and Talaga, Mary. *Handbook of Clinical Psychopharmacology for Therapists*. 4th ed. New Harbinger Publishers, 2002.

Powers, Scott K., and Stephen L. Dodd. *Total Fitness and Wellness*. Benjamin / Cummings, 3rd edition (January 2003), or 4th ed. (January 2008)

Sperry, Len. *Handbook of Diagnosis and Treatment of the DSM-IV Personality Disorders*. NY: Brunner/Mazel, 1995.

NOTE: Additional texts required for obsessive Compulsive Disorder, DID, and Sexual Dysfunction must be approved by Dr. Steele.

V. Optional Textbooks

Bezchlibnyk-Butler, Kalyna and J. Joel Jeffries. *Clinical Handbook of Psychotropic Drugs 15th revised edition*. Hogrefe & Huber Publishers, 2005.

VI. Assignments and Resources

1. Students are responsible to complete all assignments according to the syllabus and department guidelines. The syllabus and decision of the professor take precedence.
2. Each student is required to read and study each textbook and to be prepared to discuss content in detail as per schedule. Students will need to *study additional resources* to gain a broader knowledge of each topic for group discussions.
3. Each student may view the complete video series, *The World of Abnormal Psychology*. Students may view these tapes in the library. They are in the reserve section. A video tape is available on each of the major mental disorders.

4. Each student will be prepared for each seminar meeting to present orally, without the use of notes, the following information on the assigned disorder(s) of the day: 30%

Diagnostic Criteria

Etiology – Psychobiological and/or Psychosocial/Familial

Gender, Age and / or Cultural Features

Course of the Disorder

Familial Pattern

Differential Diagnosis

Features in Diagnostic Interviewing and Issues in Counseling Persons with the
Diagnosis

Psychopharmacological Treatments

Students will be graded on class preparation and active participation in seminar discussions. According to the Ph.D. manual, “Students enrolled in seminars are expected to attend every meeting of the seminar and to be prepared for participation in the discussion.” Unnecessary absences and lack of preparation will severely impact the final grade.

5. Treatment Plans

15%

Students are required to have an understanding of basic treatments for the assigned disorders of the day regardless of whether they turn in a treatment plan. Each student will

submit a treatment plan to be typed and submitted at the due date. Late treatment plans will not be accepted. Students will choose their own due dates and should come with completed treatment plans should follow the guidelines listed below:

Components of the treatment plan should include:

- 1) Specific diagnosis with any specifiers.
 - 2) Note any therapeutic concerns in relation to age, gender, culture, psychosocial and family issues.
 - 3) Note differential diagnosis (how would you rule these out).
 - 4) Types of assessment – briefly describe.
 - 5) Type of therapy used and rationale.
 - 6) Measurable and specific goals and interventions.
 - 7) Any possible adjunct services needed.
 - 8) Pharmacological treatments
- Focus should be on numbers 5 & 6
- a. Though not held to APA style, treatment plans should include proper citation of sources. Use internet sources sparingly and wisely (do not simply cut and paste).

5. Research Project and Research Summaries (Journal Article Format): 35%

Each student is required to complete an individual research project during the course of the semester. A brief proposal will be due no later than **Feb 8**. (This will be 10% of your 35% grade) This proposal should include an introduction, brief lit review (one that would indicate you have looked at the breadth of material available, have began the analysis process of that material, and began synthesizing it), research question and hypothesis, methodology, and references. (Total 5-7 pages). I will be using a Proposal Assessment Rubric for grading. This Rubric is available on Blackboard. Students are strongly encouraged to discuss ideas with Dr. Steele before proceeding very far in researching for the proposal. It is imperative that you have a narrow research question, and one that is possible to complete in one semester's length. **No late proposals will be accepted (unless you have a personal or family emergency).**

For the actual writing of the project, students should use, as a guide, the structure outlined and discussed in the book: *Dissertations and Theses from Start to Finish* (Cone & Foster). Please follow carefully the guidelines discussed in the chapter on Reviewing the Literature. You will need to add the search for dissertations, made possible through our access to ProQuest. A Research Project assessment rubric is available on Blackboard for this project. At any time students should feel free to set an appointment with Dr. Steel to ask questions, check on progress, etc. of the project. **No late projects will be accepted (unless you have a personal or family emergency).**

Each student must utilize a sample population of at least 30 individuals. If you utilize any type of measurement that is considered a psychological instrument, you may need clearance from our Psychologist/Consultant, Dr. Tony Young, in Ruston, LA. Permission to use any copyrighted instrument must be received from the owner, and must be submitted to Dr. Steele prior to beginning your research. Should any issues arise in the process of attaining permission for instrument use, the student should discuss this with Dr. Steele or consider other options. Research summaries are to be submitted in a format that would allow for possible journal submission.

Students should carefully follow APA standards in completing the journal article. See departmental guidelines for details. Remember, your results are only as good as your statistics. Students will be required to submit their data sets along with their paper. Great care should be taken in entering your data into SPSS and errors in entry could result in a failing grade for your work. Therefore, students are encouraged to consult with Dr. Bill Day, or Dr. Steele, or Dr. J.T. Johnson (in Hattiesburg) before submitting their final work.

9. Each student will take a **final comprehensive examination** on the readings and seminar discussions. Exam will not only cover material discussed in the seminar but all the reading from the required textbooks. In addition, each student must be prepared to take **periodic quizzes** to ensure that they are reading the required materials. **20%**

VIII. General Seminar Schedule:

- Jan 22** Seminar Overview and Discussion of Research Project
Introduction / Overview of DSM-IV
- Jan 29** Wellness: Come prepared to discuss the following: Powers and Dodd: *Total Fitness*.
- Feb 5** **Mari Gras.** *Email research proposal by Feb 8*
- Feb 12-May 6** **General Requirements for Each Seminar Meeting**
Before each seminar, read from DSM-IV, Maxmen, Preston, *Practice Guidelines*, and Sperry the sections pertaining to the topic of the seminar date. **Be prepared to discuss without the use of notes.** Note weeks in which and additional text is required. Be prepared to present the following for the disorders of the day:
- A. Diagnostic criteria
 - B. Etiology – psychobiological and / or psychosocial / familial
 - C. Gender, age, and / or cultural features
 - D. Course of the disorder
 - E. Familial pattern
 - F. Differential pattern
 - G. Features in diagnostic interviewing
 - H. Psychopharmacological treatment
 - I. Suggested treatment plan / treatment protocol even if you do not complete a Treatment plan for the week, you must come prepared to discuss treatments for the disorders of the day.
- For other disorders, be prepared to provide essential features and major characteristics.
- *The reading of the primary textbooks is required; however, students should engage in additional reading and study pertaining to each topic area for each weekly seminar.
- Feb 12** History and Structure of DSM-IV (DSM-IV: ix through 37, Appendices A, C).
Know: The Multiaxial System – each axis and use, definition of mental disorder, terms in Appendix C, history of DSM, steps in treatment planning.
Be able to identify: the 17 diagnosis categories, the personality disorders.
Read and Know: Andreasen: *Brave New Brain*.
(You will be orally tested on all the above)
- Feb 19** Read and Know: O’Neal *Handbook of Psychopharmacology for Therapists*.
Explain Pharmacokinetics, Pharmacogenetics, Neurophysiology and Psychopharmacology.

Know the top six medications commonly prescribed for the major clinical syndromes. Half-life, Therapeutic index.

Traits that may reflect Biochemical Disorders (p 51).

Medical conditions and drugs that can cause depression, anxiety, and mania. When do you refer one with Bipolar for Medication.

(81) etc.....

(You will be orally tested on all the above)

- Feb 26** Disorders Usually First Diagnosed in Infancy, Childhood or Adolescence Attention-Deficit and Disruptive Behavior Disorders.
(You will be orally tested on all the above)
- Mar 4** Psychiatric Evaluation of Adults: Practice Guidelines – pp 1-26. Schizophrenia and Other Psychotic Disorders. Psychobiology of Psychosis. Read and study each section pertaining to Schizophrenia from Practice Guidelines, DSM-IV TR, Maxmen, Preston.
(You will be orally tested on all the above)
- Mar 11** Mood Disorders: Major Depressive Disorder, Dysthymia. Read and study each section pertaining to topic from Practice Guidelines, DSM-IV TR, Maxmen, Preston.
(You will be orally tested on all the above)
- Mar 18** Mood Disorders: Bipolar I, Bipolar II, Cyclothymia, Hypomania. Read and study each section pertaining to topic from Practice Guidelines, DSM-IV TR, Maxmen, Preston.
(You will be orally tested on all the above)
- Mar 25** **Spring Break**
- Apr 1** Anxiety Disorders. Read and study each section pertaining to Anxiety Disorders from Practice Guidelines, DSM-IV TR, Maxmen, Preston.
ALSO: Read an additional text on Obsessive-Compulsive Disorder to be approved by Dr. Steele (Suggested Text: Schwartz, J., *Brain Lock: Free Yourself from Obsessive-Compulsive Behavior*. HarperCollins, 1997.)
(You will be orally tested on all the above)
- Apr 8** Dissociative Disorders, Somatoform and Factitious Disorders. Read and study each section pertaining to Dissociative, Somatoform, and Factitious Disorders from Practice Guidelines, DSM-IV TR, Maxmen, Preston.
ALSO: Read an additional text on Treating DID to be approved by Dr. Steele. (Suggested Text: Ross, C., *Dissociative Identity Disorder: Diagnosis, Clinical Features, and Treatment of Multiple Personalities 2nd ed.* John Wiley and Sons, 1996).

(You will be orally tested on all the above)

Apr 15

Sexual and Gender Identity Disorders.

Read and study each section pertaining to Sexual Disorders from DSM-IV TR, Maxmen, Preston.

Be familiar with anatomy and physiology (Human sexuality text would be helpful such as Crooks, R., & Baur, K. (2007). *Our Sexuality*, 10th ed. Pacific Grove, CA. Wadsworth.

ALSO: Read an additional text on Sexual Dysfunction and TX to be approved by Dr. Steele. (Suggested Text: Leiblum, S., Rosen, R., *Principles and Practice of Sex Therapy 4th ed.* Guilford Press, 2007; or watch series “Diagnosis and Treatment of Sexual Addiction”, Dr. Mark Laaser–(9 DVDs in counseling office; or Jones, S.A., & Yarhouse, M.A., *Ex-Gays? An Longitudinal Study of Religiously Mediated Change in Sexual Orientation.*)

(You will be orally tested on all the above)

Apr 22

Eating Disorders / Begin Personality Disorders (First 5). Read and study each section pertaining to Eating Disorders from Practice Guidelines, DSM-IV TR, Maxmen, Preston. Read and study each section pertaining to PDs from Sperry, DSM-IV TR, Maxmen, Preston.

(You will be orally tested on all the above)

Apr 29

Personality Disorders (Second 5). Read and study each section pertaining to Personality Disorders from Sperry, DSM-IV TR, Maxmen, Preston.

(You will be orally tested on all the above)

May 6

Discussion of Research Projects

FINAL EXAM