

**Theological Foundations of Counseling, PSYC9402**  
**Professor: Jeffery W. Nave, Ph.D., LPC, LMFT, NCC**  
**HSC 101, Phone: 816-8004**  
[jnave@nobts.edu](mailto:jnave@nobts.edu)

**Mission Statement of the New Orleans Baptist Theological Seminary**

*The mission of the New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.*

**Core Values and Curriculum Competencies**

New Orleans Baptist Theological Seminary highlights five core values: Doctrinal Integrity, Spiritual Vitality, Mission Focus, Characteristic Excellence, and Servant Leadership. While all five core values are emphasized, the primary focus for the 2009-2010 academic year is Spiritual Vitality; we are a worshiping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word. Throughout this course students will be encouraged to consider how the core value of “Spiritual Vitality” impacts their development as a Christian counselor called to operate in the local church. This course will address the curriculum competency component of Christian Counseling in both the M. Div. and MAMFC degrees.

**Seminar Description:**

Recognizing the need for personal integration of Christian theology and the Bible into the counselor’s own life, this seminar is designed to examine and express the connections between humans and God as defined in Scripture. Models of integrating biblical theology and counseling will be examined. Students are challenged to learn effective, therapeutic methods of sharing biblical passages, principles, theology, and historical contexts with counselees. God’s Word is presented as the truth which permeates the presence of the Christian counseling environment.

**Student Outcomes:**

Students who complete this course will be able to:

1. Demonstrate their knowledge of theological foundations to their own religious context by
  - a. Developing a biblically based concept of the effects of theological foundations of counseling upon Christian belief and practice,
  - b. Developing a biblically based theological foundation of counseling that integrates psychology and theology.
2. Demonstrate an understanding of the significance of the clients personal theology by
  - a. Developing an assessment template for identifying significant points in a clients personal theology.
3. Demonstrate an understanding of the historical development of, and current issues in theological foundations of counseling by
  - a. Describing the psychological and theological issues involved in the study of theological foundations of counseling,
  - b. Presenting a Christian perspective of the use of the theological foundations of counseling in professional settings.

### **Required Texts:**

- Boa, K. (2004). *Augustine to Freud: What theologians and psychologists tell us about human nature (and why it matters)*. Nashville, TN: Broadman and Holman Publishers.
- Carter, J. D., & Narramore, B. (1979). *The integration of psychology and theology: An introduction*. Grand Rapids, MI: The Zondervan Corporation.
- Chan, S. (1998). *Spiritual theology: A systematic study of the Christian life*. Downers Grove, IL: Intervarsity Press.
- Grenz, Stanley J. (2000). *Renewing the center: Evangelical theology in a post-theological era*. Grand Rapids, MI: Baker Academic.
- Hoekema, A. A. (1994). *Created in God's Image*. Grand Rapids, MI: Wm. B. Eerdmans Publishing Company.
- McMinn, M. R. (2004). *Why sin matters: The surprising relationship between our sin and God's grace*. Wheaton, IL: Tyndale House Publishers, Inc.
- McMinn, M. R., & Phillips, T. R. (Eds.). (2001). *Care for the soul: Exploring the intersection of psychology & theology*. Downers Grove, IL: Intervarsity Press.
- Niebuhr, Reinhold (1941)) *The Nature and Destiny of Man: A Christian Interpretation* (vol. 1 & 2). Westminster John Knox Press (1996 edition ISBN: 0664257097)
- Plantinga, C., Jr. (1995). *Not the way it's supposed to be: A breviary of sin*. Grand Rapids, MI: Wm. B. Eerdmans Publishing Company.

## Seminar Schedule

### 1<sup>st</sup> Meeting (Fri., September 18, 1-9 PM & Sat., September 19, 8-11 AM)

*Primary Theme: The Personal Theology of the Therapist*

We will explore each seminar participants' personal journey of theological formation and work together to develop and articulate a succinct apologetic for the foundational Christian doctrines relevant to the practice of mental health counseling.

#### Assignments:

1. Read (cover-to-cover) Niebuhr's *Nature and Destiny of Man (Vol. 1 & 2)* and Grenz' *Renewing the Center*.
2. Write your Theological Biography. 5-6 pages double-spaced (APA). Document the major influences that contributed to your current understanding of the nature of God, the nature of man, the problem of sin, the mechanism of salvation, the purpose of your life on earth, and the eternal destiny of man.
3. Write an 8-10 page critique of Neibuhr's treatment of one of the following (first come, first served):

Original Sin	Kelly Anderson
Individuality	
General Revelation	
Temptation	
Special Revelation	
The Nature of Evil	Craig Garrett

Your paper should include no less than 3 additional sources (here's a hint: some of your other required texts might serve well in this capacity.)

### 2<sup>nd</sup> Meeting (Fri., October 30, 1-9 PM & Sat., October 31, 8-11 AM)

*Primary Theme: The Theology of the Client*

We will focus on our clients' views of sin, redemption, forgiveness and personal responsibility. We will examine evidence that our clients' formed and unformed theology contributes to their experience of and response to the therapeutic process.

#### Assignments:

1. Write book reviews on all remaining required books, except Boa's *Augustine to Freud* (6-8) pages. Participants will be chosen at random to present book reviews and lead critical response discussion for each book.
2. Participate in development of client theology assessment to be administered to small group of clients and a format for reporting outcomes of client assessments.

### **3<sup>rd</sup> Meeting (Fri., December 4, 1-9 PM & Sat., December 5, 8-11 AM)**

*Primary Theme: Theology as a foundation for understanding psychology, mental disorders, relationships and therapeutic influence.*

#### Assignments:

1. Presentation of client theological assessment reports.
2. Read Boa's *Augustine to Freud*
3. Read Mike McGuire's Paper, *The Attributes of God and Humans: Seeking a Theological Foundation for Christian Psychology and Counseling* (attached along with this syllabus)
4. Come prepared to engage in a productive discussion of the process by which we might begin with theology and proceed to psychological theories, models and methods.

#### Semester Bible Reading

In keeping with the NOBTS focus on the core value of Spiritual Vitality this academic year, all students, faculty and staff are being asked to participate in a corporate commitment to read the entire Bible through. A schedule of passages for the portion of the Bible to be read during this semester is provided at the end of this syllabus.

**The Department of Psychology and Counseling has adopted the following policies for use in all psychology and counseling classes.**

<p><b>Papers or Assignments</b></p>	<p>All assignments are to be typed in either Times New Roman 12 or Courier 10. Any deviation in this will result in the deduction of points.</p> <p>Assignments will be turned in at the beginning of the class on the date due. Papers or assignments turned in after this time will be considered late. Late assignments will result in a deduction of <b>four points per class period for classes that meet 2 times per week (an equivalent deduction will be determined for one and three day classes)</b>.</p> <p>Assignments must be turned in to the professor, grader, or departmental secretary. The time and date of submission will be noted. No assignments may be submitted by fax or e-mail without prior approval.</p> <p>All counseling students will write papers in accordance to standards set in the APA Publication Manual.</p>
<p><b>Quizzes</b></p>	<p>Quizzes will not be given to students late for class. A grade of zero will be given for any missed quiz. No makeup quizzes will be given.</p>
<p><b>Exams</b></p>	<p>If there is a conflict with a scheduled test, you may request to take it early. Only under extreme circumstances will late exams be administered. If you find yourself in an extreme circumstance, please contact the professor, grader, or the departmental secretary as soon as possible. Taking a late final exam requires the approval of the registrar's office.</p>
<p><b>Study Guide</b></p>	<p>Students should not assume that the study guide, if one is given, is comprehensive to what will be on the exam.</p>
<p><b>Cellular Phones/Pagers</b></p>	<p>Certain electronic devices are not permitted in psychology and counseling classrooms. These devices include: cellular/digital telephones, two-way radios, radios, or other devices that distract from the learning environment. These devices should be turned off or left outside of the classroom.</p>
<p><b>Plagiarism</b></p>	<p>A high standard of personal integrity is expected of all students. Copying another person's work, submitting downloaded material without proper references, submitting material without properly citing the source, submitting the same material for credit in more than one course, and other such forms of dishonesty are <u>strictly forbidden</u>. <b><i>Although anything cited in three sources is considered public domain, we require that all sources be cited.</i></b></p> <p><b>ANY INFRACTION WILL RESULT IN FAILING THE COURSE.</b></p> <p><b>ANY INFRACTION WILL BE REPORTED TO THE DEAN OF STUDENTS FOR FURTHER ACTION!</b></p>
<p><b>Class Participation</b></p>	<p>Working on assignments for other classes or playing games on electronic devices during class time are examples of behavior that will not be tolerated. If you feel the need to study during class time, then please choose to be absent that day.</p>

## Fall Semester Bible Reading Plan: September 1, 2009 – December 19, 2009

### SEPTEMBER

- 1 Genesis 1:1-2:25, Matthew 1:1-25, Psalm 1:1-6, Proverbs 1:1-4
- 2 Genesis 3:1-4:26, Matthew 2:1-23, Psalm 2:1-6, Proverbs 1:5-6
- 3 Genesis 5:1-6:2, Matthew 3:1-17, Psalm 2:7-12, Proverbs 1:7
- 4 Genesis 7:1-9:7, Matthew 4:1-20, Psalms 3:1-8, Proverbs 1:8-9
- 5 Genesis 9:8-10:32, Matthew 4:21-5:12, Psalm 4:1-8, Proverbs 1:10-14
- 6 Genesis 11:1-12:20, Matthew 5:13-32, Psalm 5:1-6, Proverbs 1:15-16
- 7 Genesis 13:1-15:6, Matthew 5:33-6:4, Psalm 5:7-12, Proverbs 1:17-19
- 8 Genesis 15:7-17:27, Matthew 6:5-24, Psalm 6:1-5, Proverbs 1:20-23
- 9 Genesis 18:1-19:22, Matthew 6:25-7:12, Psalm 6:6-10, Proverbs 1:24-27
- 10 Genesis 19:23-21:21, Matthew 7:13-8:4, Psalm 7:1-8, Proverbs 1:28-31
- 11 Genesis 21:22-23:20, Matthew 8:5-27, Psalm 7:9-17, Proverbs 1:32-33
- 12 Genesis 24:1-54, Matthew 8:28-9:17, Psalm 8:1-9, Proverbs 2:1-5
- 13 Genesis 24:55-26:11, Matthew 9:18-38, Psalm 9:1-6, Proverbs 2:6-8
- 14 Genesis 26:12-27:29, Matthew 10:1-20, Psalm 9:7-12, Proverbs 2:9-10
- 15 Genesis 27:30-29:12, Matthew 10:21-42, Psalm 9:13-20, Proverbs 2:11-15
- 16 Genesis 29:13-30:43, Matthew 11:1-19, Psalm 10:1-6, Proverbs 2:16-19
- 17 Genesis 31:1-55, Matthew 11:20-12:8, Psalm 10:7-12, Proverbs 2:20-22
- 18 Genesis 32:1-33:20, Matthew 12:9-37, Psalm 10:13-18, Proverbs 3:1-2
- 19 Genesis 34:1-35:29, Matthew 12:38-13:9, Psalm 11:1-3, Proverbs 3:3-4
- 20 Genesis 36:1-43, Matthew 13:10-35, Psalm 11:4-7, Proverbs 3:5-6
- 21 Genesis 37:1-38:30, Matthew 13:36-58, Psalm 12:1-5, Proverbs 3:7-8
- 22 Genesis 39:1-41:7, Matthew 14:1-21, Psalm 12:6-8, Proverbs 3:9-10
- 23 Genesis 41:8-42:4, Matthew 14:22-15:9, Psalm 13:1-6, Proverbs 3:11-12
- 24 Genesis 42:5-43:14, Matthew 15:10-39, Psalm 14:1-7, Proverbs 3:13-14
- 25 Genesis 43:15-44:34, Matthew 16:1-20, Psalm 15:1-5, Proverbs 3:15-16
- 26 Genesis 45:1-46:27, Matthew 16:21-17:13, Psalm 16:1-6, Proverbs 3:17-18
- 27 Genesis 46:28-48:22, Matthew 17:14-18:9, Psalm 16:7-11, Proverbs 3:19-20
- 28 Genesis 49:1-50:26, Matthew 18:10-35, Psalm 17:1-5, Proverbs 3:21-24
- 29 Exodus 1:1-2:25, Matthew 19:1-22, Psalm 17:6-12, Proverbs 3:25-26
- 30 Exodus 3:1-4:31, Matthew 19:23-20:19, Psalm 17:13-15, Proverbs 27-28

### OCTOBER

- 1 Exodus 5:1-6:30, Matthew 20:20-21:11, Psalm 18:1-6, Proverbs 3:29-32
- 2 Exodus 7:1-8:32, Matthew 21:12-27, Psalm 18:7-12, Proverbs 3:33-35
- 3 Exodus 9:1-10:20, Matthew 21:28-46, Psalm 18:13-19, Proverbs 4:1-2
- 4 Exodus 10:21-12:36, Matthew 22:1-22, Psalm 18:20-24, Proverbs 4:3-4
- 5 Exodus 12:37-14:20, Matthew 22:23-46, Psalm 18:25-29, Proverbs 4:5-6
- 6 Exodus 14:21-16:20, Matthew 23:1-22, Psalm 18:30-36, Proverbs 4:7-9
- 7 Exodus 16:21-18:27, Matthew 23:23-39, Psalm 18:37-42, Proverbs 4:10-13
- 8 Exodus 19:1-20:26, Matthew 24:1-14, Psalm 18:43-50, Proverbs 4:14-17
- 9 Exodus 21:1-22:20, Matthew 24:15-35, Psalm 19:1-6, Proverbs 4:18-19
- 10 Exodus 22:21-24:18, Matthew 24:36-51, Psalm 19:7-14, Proverbs 4:20-22
- 11 Exodus 25:1-26:14, Matthew 25:1-13, Psalm 20:1-9, Proverbs 4:23-24
- 12 Exodus 26:15-28:14, Matthew 25:14-30, Psalm 21:1-7, Proverbs 4:25-27
- 13 Exodus 28:15-29:25, Matthew 25:31-26:5, Psalm 21:8-13, Proverbs 5:1-2
- 14 Exodus 29:26-30:38, Matthew 26:6-25, Psalm 22:1-5, Proverbs 5:3-6
- 15 Exodus 31:1-32:35, Matthew 26:26-50, Psalm 22:6-10, Proverbs 5:7-8
- 16 Exodus 33:1-34:35, Matthew 26:51-75, Psalm 22:11-15, Proverbs 5:9-10
- 17 Exodus 35:1-36:19, Matthew 27:1-23, Psalm 22:16-21, Proverbs 5:11-14
- 18 Exodus 36:20-37:29, Matthew 27:24-44, Psalm 22:22-26, Proverbs 5:15-17
- 19 Exodus 38:1-39:31, Matthew 27:45-66, Psalm 22:27-31, Proverbs 5:18-20

20 Exodus 39:32-40:38, Matthew 28:1-20, Psalm 23:1-6, Proverbs 5:21-23  
21 Leviticus 1:1-3:17, Mark 1:1-20, Psalm 24:1-10, Proverbs 6:1-3  
22 Leviticus 4:1-5:19, Mark 1:21-45, Psalm 25:1-7, Proverbs 6:4-5  
23 Leviticus 6:1-7:21, Mark 2:1-22, Psalm 25:8-15, Proverbs 6:6-8  
24 Leviticus 7:22-8:36, Mark 2:23-3:12, Psalm 25:16-22, Proverbs 6:9-11  
25 Leviticus 9:1-11:12, Mark 3:13-35, Psalm 26:1-7, Proverbs 6:12-15  
26 Leviticus 11:13-13:17, Mark 4:1-20, Psalm 26:8-12, Proverbs 6:16-19  
27 Leviticus 13:18-14:14, Mark 4:21-41, Psalm Ps 27:1-6, Proverbs 6:20-22  
28 Leviticus 14:15-15:12, Mark 5:1-20, Psalm 27:7-14, Proverbs 6:23-26  
29 Leviticus 15:13-16:34, Mark 5:21-43, Psalm 28:1-5, Proverbs 6:27-29  
30 Leviticus 17:1-19:10, Mark 6:1-20, Psalm 28:6-9, Proverbs 6:30-31  
31 Leviticus 19:11-20:27, Mark 6:21-46, Psalm 29:1-6, Proverbs 6:32-33

## NOVEMBER

1 Leviticus 21:1-22:33, Mark 6:47-7:16, Psalm 29:7-11, Proverbs 6:34-35  
2 Leviticus 23:1-24:23, Mark 7:17-37, Psalm 30:1-6, Proverbs 7:1-3  
3 Leviticus 25:1-55, Mark 8:1-21, Psalm 30:7-12, Proverbs 7:4-5  
4 Leviticus 26:1-46, Mark 8:22-9:1, Psalm 31:1-8, Proverbs 7:6-8  
5 Leviticus 27:1-34, Mark 9:2-29, Psalm 31:9-18, Proverbs 7:9-12  
6 Numbers 1:1-54, Mark 9:30-50, Psalm 31:19-24, Proverbs 7:13-17  
7 Numbers 2:1-3:16, Mark 10:1-22, Psalm 32:1-7, Proverbs 7:18-21  
8 Numbers 3:17-4:20, Mark 10:23-45, Psalm 32:8-11, Proverbs 7:22-23  
9 Numbers 4:21-5:31, Mark 10:46-11:11, Psalm 33:1-9, Proverbs 7:24-27  
10 Numbers 6:1-7:29, Mark 11:12-33, Psalm 33:10-17, Proverbs 8:1-3  
11 Numbers 7:30-89, Mark 12:1-27, Psalm 33:18-22, Proverbs 8:4-5  
12 Numbers 8:1-10:10, Mark 12:28-44, Psalm 34:1-7, Proverbs 8:6-7  
13 Numbers 10:11-11:35, Mark 13:1-20, Psalm 34:8-14, Proverbs 8:8-9  
14 Numbers 12:1-14:4, Mark 13:21-37, Psalm 34:15-22, Proverbs 8:10-13  
15 Numbers 14:5-45, Mark 14:1-21, Psalm 35:1-10, Proverbs 8:14-17  
16 Numbers 15:1-41, Mark 14:22-42, Psalm 35:11-16, Proverbs 8:18-19  
17 Numbers 16:1-50, Mark 14:43-72, Psalm 35:17-21, Proverbs 8:20-21  
18 Numbers 17:1-19:8, Mark 15:1-21, Psalm 35:22-28, Proverbs 8:22-24  
19 Numbers 19:9-21:9, Mark 15:22-47, Psalm 36:1-6, Proverbs 8:25-26  
20 Numbers 21:10-22:41, Mark 16:1-20, Psalm 36:7-12, Proverbs 8:27-29  
21 Numbers 23:1-24:25, Luke 1:1-23, Psalm 37:1-6, Proverbs 8:30-31  
22 Numbers 25:1-26:22, Luke 1:24-56, Psalm 37:7-13, Proverbs 8:32-33  
23 Numbers 26:23-65, Luke 1:57-80, Psalm 37:14-20, Proverbs 8:34-36  
24 Numbers 27:1-28:31, Luke 2:1-20, Psalm 37:21-26, Proverbs 9:1-2  
25 Numbers 29:1-30:16, Luke 2:21-38, Psalm 37:27-33, Proverbs 9:3-6  
26 Numbers 31:1-54, Luke 2:39-52, Psalm 37:34-40, Proverbs 9:7-9  
27 Numbers 32:1-42, Luke 3:1-20, Psalm 38:1-8, Proverbs 9:10-12  
28 Numbers 33:1-56, Luke 3:21-38, Psalm 38:9-14, Proverbs 9:13-15  
29 Numbers 34:1-35:34, Luke 4:1-21, Psalm 38:15-22, Proverbs 9:16-18  
30 Numbers 36:1- Deuteronomy 1:46, Luke 4:22-44, Psalm 39:1-6, Proverbs 10:1-2

## DECEMBER

1 Deuteronomy 2:1-3:29, Luke 5:1-20, Psalm 39:7-13, Proverbs 10:3-5  
2 Deuteronomy 4:1-49, Luke 5:21-6:11, Psalm 40:1-5, Proverbs 10:6-8  
3 Deuteronomy 5:1-6:25, Luke 6:12-36, Psalm 40:6-10, Proverbs 10:9-11  
4 Deuteronomy 7:1-8:20, Luke 6:37-7:10, Psalm 40:11-17, Proverbs 10:12-14  
5 Deuteronomy 9:1-10:22, Luke 7:11-35, Psalm 41:1-6, Proverbs 10:15-17  
6 Deuteronomy 11:1-12:19, Luke 7:36-8:3, Psalm 41:7-13, Proverbs 10:18-21  
7 Deuteronomy 12:20-14:21, Luke 8:4-25, Psalm 42:1-11, Proverbs 10:22-25  
8 Deuteronomy 14:22-16:22, Luke 8:26-56, Psalm 43:1-5, Proverbs 10: 26-27  
9 Deuteronomy 17:1-19:13, Luke 9:1-22, Psalm 44:1-8, Proverbs 10:28-30

- 10 Deuteronomy 19:14-21:23, Luke 9:23-45, Psalm 44:9-16, Proverbs 10:31-32
- 11 Deuteronomy 22:1-23:25, Luke 9:46-62, Psalm 44:17-26, Proverbs 11:1-4
- 12 Deuteronomy 24:1-26:19, Luke 10:1-24, Psalm 45:1-5, Proverbs 11:5-6
- 13 Deuteronomy 27:1-28:14, Luke 10:25-11:4, Psalm 45:6-12, Proverbs 11:7-8
- 14 Deuteronomy 28:15-68, Luke 11:5-28, Psalm 45:13-17, Proverbs 11:9-11
- 15 Deuteronomy 29:1-30:20, Luke 11:29-54, Psalm 46:1-11, Proverbs 11:12-13
- 16 Deuteronomy 31:1-29, Luke 12:1-21, Psalm 47:1-9, Proverbs 11:14-15
- 17 Deuteronomy 31:30-32:52, Luke 12:22-40, Psalm 48:1-7, Proverbs 11:16-18
- 18 Deuteronomy 33:1-34:12, Luke 12:41-59, Psalm 48:8-14, Proverbs 11:19-21
- 19 Joshua 1:1-3:17, Luke 13:1-21, Psalm 49:1-9, Proverbs 11:22-23