

Mission Statement: The Mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

I. Course Description:

Introduction to Counseling presents an overview of the counseling profession by offering relevant content, vignettes, and think pieces for students to ponder. The course also offers specific content in the specialty areas of Community Agency Counseling, School Counseling, and Student Affairs Practice (counseling in higher education settings). The course will introduce the student to certification or licensing exams along with core areas that assures compliance with a high standard in the profession and offers the student a broad knowledge base.

II. Course Objectives:

This course will emphasize competencies in the following areas: reading, writing, computer skills, critical thinking, and interpersonal relationship skills.

- 1) Students will become familiar with a variety of theories of counseling and various techniques that have emerged from these approaches.
- 2) Students will be introduced to ethical and professional issues related to helping professions.
- 3) Students will become equipped with basic knowledge and skills necessary to effectively minister to hurting people through a counseling relationship.

III. Required Textbook:

Collins, Gary R. Christian Counseling: A Comprehensive Guide. Dallas: Thomas Nelson Publishers, 2006.

IV. Optional Text:

Clinton, T., Hawkins, R. Biblical Counseling Quick Reference Guide. Nashville: Baker Books, 2009.

V. Course Methodology:

This course will consist of lectures, role plays, group discussions, Power Point presentations, and group activities.

VI. Course Requirements:

- | | |
|--|-----|
| A. <i>Exam I</i> (Sep. 19) | 20% |
| B. <i>Exam II</i> (Oct. 24) | 20% |
| C. <i>Final Exam</i> (Dec. 5) | 20% |
| D. <i>Paper & Presentation</i> : Each student will research an issue for which individuals seek counseling. Included in the research will be various options for helping someone with the selected issue and an evaluation of the merit of each option. Papers are due October 24 . Students will sign up for dates to present their findings in class. Students will be required to prepare a one page handout to be distributed the day of their class presentation. More details will be provided. | 20% |
| E. <i>Participation</i> : | 20% |
- Students will be expected to come to class prepared to discuss the reading assigned for that class period, and to participate in roll plays. Weekly readings are due at the beginning of class each week. Role-plays should be taken seriously as they are an important tool in the development of counseling skills. An essential part of learning the material in this course requires that students participate in roll plays and other class activities. In order to participate, one must be in attendance. An additional 1 hour assignment will be given at the end of each class and will be due the following week.

100%

NOTE: Assignments are to be turned in at the beginning of the class period in which they are due. Failure to turn in an assignment on time will result in a four-point penalty for each week day the assignment is late. If an emergency prevents a student from taking a scheduled exam, it is that student's responsibility to reschedule with the instructor. Students have one week to reschedule the exam. After one week, the student will earn a grade of 0 for the exam. All make-up exams are assessed a 4 point penalty and are more difficult than the exam given in class.

VII. Attendance

Class attendance is essential for effective learning. According to seminary policy, students may not miss more than nine (9) class hours for a three (3) semester-hour class. Three occasions of arriving late for a class or leaving early from class will count as one absence. A grade of "F" will be assigned to students

who fail to attend the class the minimum number of hours. This policy will be strictly enforced.

VIII. Reading Schedule: Reading assignments should be completed by the date listed.

Week #	Date	Assignment
1	8 - 22	Introduction / Syllabus
2	8 - 29	Part 1- Introductory Issues
3	9-5	Part 2 – Prominent Issues
4	9 -12	Part 3 – Developmental Issues
5	9 - 19	EXAM I
6	9 - 26	Part 4 – Interpersonal Issues
7	10 - 3	Part 5 – Identity Issues
8	10-10	Part 6 – Family Issues
Week #	Date	Assignment

9	10 - 17	SPRING BREAK
10	10 - 24	EXAM 2 Research Paper Due
11	11 - 7	Part 7 – Control Issues
12	11 - 14	Part 8 – Concluding Issues
13	11 - 21	Part 9 – Future Issues
14	11 - 28	THANKSGIVING BREAK
15	12 - 5	FINAL EXAM

SELECTED BIBLIOGRAPHY

- Adler, Alfred. *Individual Psychology*. Totowa, N.J.: Rowman and Allanheld, 1973.
- Beavers, Robert W. and Robert B. Hampson. *Successful Families: Assessment and Intervention*. N.Y.: Norton, 1990.
- Corey, Gerald, M.S. Corey, and Poleck Cullman. *Issues and Ethics in the Helping Professions (6th ed.)* Pacific Grove, CA: Brooks/Cole, 2002.
- Ecker, Bruce, and Laurel Hulley. *Depth-Oriented Brief Therapy*. San Francisco: Jossey-Bass, 1996.
- Freud, Sigmund. *Introductory lectures on Psychoanalysis*. N.Y.: Simon & Schuster, 1984.
- Huber, Charles H. *Ethical, legal and Professional Issues in the Practice of Marriage and Family Therapy*. 3rd ed Columbus: Merrill Publishing Co., 2000.
- Jung, Carl G. *Memories, Dreams, Reflections*. N.Y. : Vintage Books, 1965.
- Kirwan, William T. *Biblical Concepts for Christian Counseling: A Case for Integrating Psychology and Theology*. Grand Rapids, MI: Baker Book House, 1984.
- McMinn, Mark R. and Timothy Phillips, eds. *Care for the Soul*. Downers Grove, Ill: Intervarsity, 2001.
- Malony, H. Newton. *Psychology of Religion: Personalities, Problems, Possibilities*. Grand Rapids, MI: Baker Book House, 1991.
- Maslow, Abraham H. *Motivation and Personality*, 2nd ed. N.Y., Harper & Row, 1970.
- Rogers, Carl R. *Client-Centered Therapy*. Boston: Houghton Mifflin Co., 1951.
- Rotter, Julian B. *The Development and Application of Social Learning Theory*. Westport, Conn.: Praeger publishers, 1982.
- Seligman, L. *Selecting Effective Treatments*. San Francisco, CA: Jossey-Bass Publications, 1998.
- Skinner, B.F. *Beyond Freedom and Dignity*. N.Y.: Bantam Books, 1980.
- Switzer, David K. *Pastoral Care Emergencies*. Mahwah, NJ: Paulist Press, 2001.
- Wicks, Robert J., Richard D. Parsons, and Donald E. Capps, eds. *Clinical handbook of Pastoral Counseling*. Mahwah, NJ: Paulist Press, 1993.