



LEAVELL COLLEGE

AT NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY

LCGE 2390-65: Introduction to Counseling

Spring 2020 (203)

Monday 8x Hybrid 8:00 pm – 9:50 pm

Class Dates: 2/3, 2/17, 3/2, 3/16, 3/30, 4/13, 4/27, 5/11

Scott Fleming, MDIV, BCC, CPC, CFHPC, FT

Adjunct Professor

scott@scottafleming.net

Mobile: (407) 947-1179

Mission Statement

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

Core Value

Each academic year, a core value is emphasized. This academic year, the core value is **Spiritual Vitality**: We are a worshiping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word. Spiritual Vitality is addressed by reminding students that a dynamic relationship with God is vital for effective ministry.

Course Description

In this course, students will study the counseling profession and be introduced to the process of certification and licensure in counseling. In this course, students will be exposed to various theories that are utilized in counseling, along with an evaluation of their worldview and effectiveness. Students will also explore a variety of topics that a student is likely to encounter in various counseling settings.

Student Learning Outcomes (CSLOs)

At the conclusion of the semester, the student will be able to:

- 1) Students will become familiar with a variety of theories of counseling and various techniques that have emerged from these approaches.
- 2) Students will be introduced to ethical and professional issues related to helping professions.

- 3) Students will become equipped with basic knowledge and skills necessary to effectively minister to hurting people through a counseling relationship.
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General Education Competencies (GECs)

Leavell College has identified three program Student Learning Outcomes:

1. Critical Thinking
2. Oral Communication
3. Written Communication
4. Quantitative Reasoning

This course addresses GECs #2 & #3.

Bachelor of Arts in Christian Ministry Program Student Learning Outcomes (BACM PSLOs) AND Bachelor of Arts in Music with an Emphasis in Worship Program Student Learning Outcomes (BAM PSLOs)

Leavell College has identified three Program Student Learning Outcomes for the BACM and three Program Student Learning Outcomes for the BAM:

1. Biblical Interpretation (BACM PSLO #1)
1. Worship Leadership (BAM PSLO #1)
2. Service and Leadership (BACM PSLO #2 and BAM PSLO #2)
3. Historical and Theological Interpretation (BACM PSLO #3 and BAM PSLO #3)

This course addresses BACM PSLO # 2

Course Text

The following textbooks are required:

Collins, Gary. *Christian Counseling: A Comprehensive Guide*. Dallas, TX: Thomas Nelson Publishers, 2006.

Darkness to Light. *Stewards of Children*. Charleston, SC: Darkness to Light, 2013.

The following textbooks are optional:

Clinton, Tim and Hawkins, Ron. (2009). *Biblical Counseling: Quick Reference Guide*. Nashville, TN: Baker Books, 2009.

Hybels, Bill. *Simplify: Ten Practices to Unclutter Your Soul*. Carol Stream, IL: Tyndale, 2014.

Course Requirements and Grading

1. Exams will consist of multiple choice, true/false, short answer, and discussion questions. Students should not assume that the study guide, if one is given, is comprehensive to what will be on the exam. If an emergency prevents a student from

taking a scheduled exam, it is that student's responsibility to reschedule with the instructor. If a student misses an exam and does not get preapproval from the instructor and/or cannot provide documentation (doctor's note, police report, death of loved one) they will not be allowed to make up the exam. The exam must be made up within one week of the missed exam. After one week, the student will earn a grade of 0 for the assignment. This assignment relates to BACM PSLO #2; and CSLOs #1, #2, and #3.

2. Each student will research an issue for which individuals seek counseling. Included in the research will be various options for helping someone with the selected issue and an evaluation of the merit of each option. Students must approve their topic with the instructor. Failure to do so will result in a five point penalty on the final paper. Papers are due **April 12**. Students will sign up for dates to present their findings in class. Students will be required to prepare a one-page handout to be distributed the day of their class presentation. More details will be provided. This assignment relates to GECs #2 and #3; BACM PSLO #2; and CSLOs #1, 2, 3.

3. Throughout the semester, students will be asked to complete assignments as related to topics of classroom discussion. A list of assignments, instructions, and due dates will be provided. If a student misses a class in which a DVD is shown that is needed to complete an assignment, the student has two weeks in which to make that up without penalty. This assignment relates to GEC #3; BACM PSLO #2; and CSLOs #1, #2, and #3.

4. Class participation is essential; therefore, a class participation grade will be given. Each student is responsible for being in class on time, dressed appropriately for class, reading the assigned chapters, and participating in class discussion. Absences and excessive tardies will affect the participation grade. The participation grade is worth 5% of the total grade. This assignment relates to BACM PSLO #2, and CSLOs #2 and #3.

5. The following grading scale as outlined in the Leavell College catalog will be utilized:

A = 93-100; B = 85-92; C = 77-84; D = 70-76; F = 69 and below

6. The final grade for the course will be tabulated according to the following percentage breakdown:

Exam I (March 12)	20%
Exam II (April 26)	20%
Final Exam (May 13)	20%
Paper & Presentation	20%
Participation	5%
Homework/Exercises	<u>15%</u>
	100%

Course Outline

All topics and dates (except the final exam) are subject to change. Note: Readings should be completed prior to coming to class.

Week	Date	Topic	Reading/Assignments Due Dates
1	Monday February 3 Class Meeting	Introduction / Syllabus The Counseling Profession The Goals & Process of Counseling	Chapters 1, 2, 5
2	February 10-16		Chapter 6 Chapter 42
3	Monday February 17 Class Meeting	Ethical Issues in Counseling/The Ministry of Referral Boundaries/Self-Care	Chapter 22 Questions for Self-Exploration Due
4	February 24- March 1		Chapter 38 Asking Good Questions Observer Record Research Paper Topic Due
5	Monday March 2 Class Meeting	Child Abuse/Neglect Mandatory Reporting	Darkness to Light
6	March 9-15	Review	Exam 1 on Blackboard Due March 12 Suicide Survivor DVD/Observer Record Due March 14
7	Monday March 16 Class Meeting	Suicidality/Self-Harm Asking Good Questions Grief	Chapter 25

Week	Date	Topic	Reading/Assignments Due Dates
8	March 17-22	SPRING BREAK	SPRING BREAK
9	March 23-29		Grief Counseling DVD/Observer Record Due March 25 Chapter 23
10	Monday March 30 Class Meeting	Inferiority & Self-Esteem Perfectionism/Obsessive Compulsive Disorder	Chapter 10 Chapter 11
11	April 6-12		Research Paper Due April 12
12	Monday April 13 Class Meeting	Anger Guilt & Forgiveness Sexual Addiction	Chapters 34-35
13	April 20-26	Review	Exam 2 on Blackboard Due April 26
14	Monday April 27 Class Meeting	Psychodynamic Therapy Behavioral Therapy Cognitive Therapy	
15	May 4-10		Personal Code of Ethics Due May 10
16	Monday May 11 Class Meeting	Solution-Focused Therapy Review	Final Exam on Blackboard Due May 13

Additional Course Information

1. Attendance Policy: Per the Leavell College catalog, school policies regarding absences and tardies will be strictly enforced. Any student missing more than 2 hybrid classes will automatically receive a grade of "F" for the course. Every three occasions of arriving late for class or leaving early for class will be counted as one hour of absence. The student is

responsible for contacting the teacher if he or she is tardy, and the roll has been taken. The student is responsible for all material, including that which was covered during an absence.

2. *Blackboard/Self-Serve*: The student is responsible to check Blackboard for grades, assignments, course documents, and announcements. The student is also responsible for maintaining current information and current e-mail address on the Blackboard system and Self-Serve. As Blackboard and Self-Serve do not communicate with one another, students will need to enter updates on both platforms.
3. *Writing Style Guide*: Writing assignments should follow the NOBTS/Leavell College Manual of Form and Style (revised August 2019). To access this manual on the seminary website, please use the following link:
https://www.nobts.edu/_resources/pdf/writing/StyleGuide.pdf.
4. *Netiquette*: Each student is expected to demonstrate appropriate Christian behavior when working online. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.
5. *Academic Honesty Policy*: All students, whether on-campus, Internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.
6. *Plagiarism Policy*: A high standard of personal integrity is expected of all Leavell College students. Copying another person's work, submitting downloaded material without proper references, submitting material without properly citing the source, submitting the same material for credit in more than one course, and committing other such forms of dishonesty are strictly forbidden. *Although anything cited in three sources is considered public domain, we require that all sources be cited.* Any infraction may result in failing the assignment and the course. Any infraction will be reported to the Dean of Leavell College for further action.
7. *Emergency Plan*: In the event the NOBTS schedule is impacted due to a natural event or epidemic, go to the seminary's website for pertinent information. Class will continue as scheduled through the Blackboard site. Please note announcements and assignments on the course's Blackboard site.
8. *For Technical Assistance*: For general NOBTS technical help, go to:
www.NOBTS.edu/itc/

Selected Bibliography

- Adler, Alfred. *Individual Psychology*. Totowa, NJ: Rowman and Allanheld, 1973.
- Beavers, Robert W. and Robert B. Hampson. *Successful families: Assessment and Intervention*. NY: Norton, 1990.
- Corey, Gerald, M.S. Corey, and Poleck Cullman. *Issues and Ethics in the Helping Professions* (6th ed.) Pacific Grove, CA: Brooks/Cole, 2002.
- Ecker, Bruce, and Laurel Hulley. *Depth-Oriented Brief Therapy*. San Francisco: Jossey-Bass, 1996.
- Freud, Sigmund. *Introductory lectures on Psychoanalysis*. NY: Simon & Schuster, 1984.
- Huber, Charles H. *Ethical, legal and Professional Issues in the Practice of Marriage and Family Therapy*. 3rd ed. Columbus: Merrill Publishing Co., 2000.
- Jung, Carl G. *Memories, Dreams, Reflections*. NY: Vintage Books, 1965.
- Kellemen, Robert. *God's Healing for Life's Losses: How to Find Hope When You're Hurting*. Winona Lake, IN: BMH Books, 2010.
- Kirwan, William T. *Biblical Concepts for Christian Counseling: A Case for Integrating Psychology and Theology*. Grand Rapids, MI: Baker Book House, 1984.
- McMinn, Mark R. and Timothy Phillips, eds. *Care for the Soul*. Downers Grove, IL: Intervarsity, 2001.
- Malony, H. Newton. *Psychology of Religion: Personalities, Problems, Possibilities*. Grand Rapids, MI: Baker Book House, 1991.
- Maslow, Abraham H. *Motivation and Personality*, 2nd ed. N.Y., Harper & Row, 1970.
- Rogers, Carl R. *Client-Centered Therapy*. Boston: Houghton Mifflin Co., 1951.
- Rotter, Julian B. *The Development and Application of Social Learning Theory*. Westport, CT: Praeger Publishers, 1982.
- Seligman, L. *Selecting Effective Treatments*. San Francisco, CA: Jossey-Bass Publications, 1998.
- Skinner, B.F. *Beyond Freedom and Dignity*. NY: Bantam Books, 1980.
- Switzer, David K. *Pastoral Care Emergencies*. Mahwah, NJ: Paulist Press, 2001.
- Wicks, Robert J., Richard D. Parsons, and Donald E. Capps, eds. *Clinical handbook of Pastoral*

Counseling. Mahwah, NJ: Paulist Press, 1993.

Wright, Norman. *The Complete Guide to Crisis and Trauma Counseling: What to Do and Say When It Matters Most*. Ventura, CA: Regal Books, 2011.