

**CMCM1110 Personal Spiritual**  
New Orleans Baptist Theological Seminary  
Leavell College  
Dr. Tommy Green  
Fall 2010

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### **Course Description**

The purpose of this course is to introduce students to the spiritual disciplines of the Christian life. The emphasis is on the practice of these disciplines in the daily lives of the students.

### **Course Objectives**

By the end of the semester, the student will:

1. Understand the biblical basis of discipleship and the call of God upon every person's life to be disciple.
2. Comprehend the classical Christian disciplines and understand the practice of these disciplines.
3. Internalize these disciplines in order to facilitate Christian growth in his/her own life.
4. Be prepared for further study in the area of Christian discipleship.

### **Textbook**

Whitney, Donald S. *Ten Questions to Diagnose Your Spiritual Health*. Colorado Springs: Navpress, 2002.

### **Course Methodology**

The course will mainly consist of small group meetings at which various matters will be discussed, including one's own spiritual growth and the implementation of spiritual disciplines in one's life.

### **Course Requirements**

1. The student will attend and participate in the small group sessions. The groups will be a time of reflection upon what has been studied. A major emphasis will be placed upon time spent in prayer during the meetings.
2. Each student will be required to read the assigned chapter from the required text before coming to class.
3. The student will keep a personal spiritual journal during the semester (5 days per week). The journal will include, but is not limited to, daily reflections from quiet times, recordings of one's personal Bible study plan, reflections from the disciplines studied in Disciplemaking, thoughts from the small group sessions, and other materials. The journal will be checked at the mid-term and the last week of class.
4. The student will be encouraged to practice the disciplines of Bible study, prayer, journaling, and scripture memory during this semester.

### **Attendance Policy**

The class will adhere to the attendance policy stated in the catalog. Any student missing more than three hours will receive an automatic grade of F for the course, unless excused by the Dean of Leavell College. Three tardies will count as one absence.

### **Evaluation**

- 25% Attendance and participation
- 25% Required reading
- 25% Journal
- 25% The practice of the disciplines

### **SELECTED BIBLIOGRAPHY**

- Bonhoeffer, Dietrich. The Cost of Discipleship. Translated by R.H. Fuller. New York: Macmillan, 1963.
- Bridges, Jerry. The Pursuit of Holiness. Colorado Springs, CO: NavPress, 1978.
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- Carson, D.A. A Call to Spiritual Reformation. Grand Rapids, Michigan: Baker Books, 1992.
- Coleman, Robert E. The Master Plan of Evangelism. Old Tappan, NJ: Fleming H. Revell, 1963.
- Cosgrove, Francis M., Jr. Essentials of Discipleship: What It Takes to Follow Christ. Dallas: Roper Press, 1988.
- Dunn, Ronald. Don't Just Stand There, Pray Something. Nashville: Thomas Nelson Publishing, 1992.
- Eims, Leroy. The Lost Art of Disciplemaking. Colorado Springs, CO: NavPress, 1978.
- Floyd, Ronnie. The Power of Prayer and Fasting. Nashville: Broadman & Holman Publishers, 1997.
- Hull, Bill. The Disciple Making Pastor. Old Tappan, NJ: Fleming H. Revell, 1988.
- Hunt, T. W. and Claude V. King. The Mind of Christ. Nashville: LifeWay Press, 1994.
- MacArthur, John F. Twelve Ordinary Men. Nashville: Thomas Nelson, 2002.
- MacDonald, Gordon. Ordering Your Private World. Nashville: Oliver Nelson Publishing,

1985.

Miller, Calvin. The Table of Inwardness. Downers Grove: Inter-Varsity Press, 1984.

Packer, James I. Knowing God. Downers Grove: InterVarsity Press, 1973.

Piper, John. Desiring God: Meditations of a Christian Hedonist. Sisters, Oregon: Multnomah Books, 1996.

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Sproul R.C. Following Christ. Wheaton: Tyndale House Publishers, 1991.

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Willard, Dallas. The Spirit of the Disciplines: Understanding How God Changes Lives. San Francisco: HarperCollins, 1988.