

DISC 5170. SPIRITUAL FORMATION I

New Orleans Baptist Theological Seminary

Graceville Center

Fall 2009

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Thursday, 4:00-5:00 ct, 1 hour

MISSION STATEMENT

The mission of the New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

PASTORAL MINISTRIES DIVISION MISSION STATEMENT

To prepare leaders by the development of the skills necessary for performing pastoral ministries, primarily within the context of the Church, and to assist churches, organizations, and individuals through the engagement of spiritual disciplines and spiritual gifts.

CORE VALUE FOCUS

Spiritual Vitality

CURRICULUM COMPETENCIES ADDRESSED

Spiritual and Character Development

COURSE DESCRIPTION

This is the first of 2 semester-long, pass/fail experiences in a faculty-mentored group. The journey will include elements such as accountability, mentoring, discussion, and spiritual formation with the help of others. There will be specific assignments from a variety of Christian devotional practices. This course is designed to be taken during a student's first fall semester.

STUDENT LEARNING OUTCOMES

The learner will grow in his/her biblical understanding of spiritual maturation (what is referred to as discipleship).

The learner will be challenged to develop a strong personal commitment to a discipling lifestyle.

The learner will develop skills in leading discipleship groups and consider such groups as a part of the discipleship strategy of a local church ministry.

COURSE TEACHING METHODOLOGIES

Methodology will include reading/reflection on a text in the field through participation in discussions; periods of personal spiritual preparation through the accountable exercising of various habits, practices, and disciplines; discernment, enlistment, journaling of the journey and the use of an integration paper to capture the various exercises, ideas, etc. and reflect on God's involvement in it all.

TEXTBOOK

Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. Grand Rapids: NavPress, 1997. ISBN: 1576830276

COURSE REQUIREMENTS

1. The learner will follow a reading schedule to read the textbook and participate in a discussion formulate of salient features of the content (information provided the first day of class).
2. The learner will experiment with three specific disciplines drawn from the text in weeks 3-10 of the semester.
3. The learner will journal her/his spiritual journey, reaction to ideas, experiences through exercises, conversations with God, etc. throughout the semester.

Please note: The journal will be the learner's sole property and will NOT be turned into faculty. The learner will provide a written statement as to the fulfillment of this course expectation and will utilize the material in the final class project.

4. The learner will design and prepare a 4-5 page, double spaced, 1st person integration paper. The paper should include the student's insights gleaned during the semester, and how they have impacted and can impact future life and ministry. These insights may be drawn from:
 - assigned text and other reading
 - NOBTS recommended daily Bible reading
 - exercise of various spiritual disciplines
 - journal notes
 - insights from other students, personal prayer journey, and helpful interaction that occurs along the way.

The paper is due on **December 3**

COURSE EVALUATION

This experience is a pass/fail course. Grades will be determined by participation in the reading discussions, experimentation with various spiritual disciplines, and completion/ submission of the integration paper.

ADDITIONAL INFORMATION

In cooperation with the NOBTS Daily Bible Reading Initiative, students are encouraged to read through the Bible. A recommended reading schedule for both Fall and Winter are attached below.

Tentative Course Schedule*

<u>Date</u>	<u>Text</u>
Aug 20	Introductory matters
Aug 27	chapter 1
Sept 3	chapter 2
Sept 10	chapter 3
Sept 17	chapter 4
Sept 24	chapter 5
Oct 1	chapter 6
Oct 8	chapter 7

Oct15	chapter	8
Oct 22	<i>No class</i>	
Oct 29	chapters	9, 10
Nov 5	chapter	11
Nov 12	chapter	12
Nov 19	chapter	13
Nov 26	<i>Thanksgiving</i>	
Dec 3	Final Paper due	

Fall Semester Bible Reading Plan September 1, 2009 – December 19, 2009

SEPTEMBER

- 1 Genesis 1:1-2:25, Matthew 1:1-25, Psalm 1:1-6, Proverbs 1:1-4
- 2 Genesis 3:1-4:26, Matthew 2:1-23, Psalm 2:1-6, Proverbs 1:5-6
- 3 Genesis 5:1-6:2, Matthew 3:1-17, Psalm 2:7-12, Proverbs 1:7
- 4 Genesis 7:1-9:7, Matthew 4:1-20, Psalms 3:1-8, Proverbs 1:8-9
- 5 Genesis 9:8-10:32, Matthew 4:21-5:12, Psalm 4:1-8, Proverbs 1:10-14
- 6 Genesis 11:1-12:20, Matthew 5:13-32, Psalm 5:1-6, Proverbs 1:15-16
- 7 Genesis 13:1-15:6, Matthew 5:33-6:4, Psalm 5:7-12, Proverbs 1:17-19
- 8 Genesis 15:7-17:27, Matthew 6:5-24, Psalm 6:1-5, Proverbs 1:20-23
- 9 Genesis 18:1-19:22, Matthew 6:25-7:12, Psalm 6:6-10, Proverbs 1:24-27
- 10 Genesis 19:23-21:21, Matthew 7:13-8:4, Psalm 7:1-8, Proverbs 1:28-31
- 11 Genesis 21:22-23:20, Matthew 8:5-27, Psalm 7:9-17, Proverbs 1:32-33
- 12 Genesis 24:1-54, Matthew 8:28-9:17, Psalm 8:1-9, Proverbs 2:1-5
- 13 Genesis 24:55-26:11, Matthew 9:18-38, Psalm 9:1-6, Proverbs 2:6-8
- 14 Genesis 26:12-27:29, Matthew 10:1-20, Psalm 9:7-12, Proverbs 2:9-10
- 15 Genesis 27:30-29:12, Matthew 10:21-42, Psalm 9:13-20, Proverbs 2:11-15
- 16 Genesis 29:13-30:43, Matthew 11:1-19, Psalm 10:1-6, Proverbs 2:16-19
- 17 Genesis 31:1-55, Matthew 11:20-12:8, Psalm 10:7-12, Proverbs 2:20-22
- 18 Genesis 32:1-33:20, Matthew 12:9-37, Psalm 10:13-18, Proverbs 3:1-2
- 19 Genesis 34:1-35:29, Matthew 12:38-13:9, Psalm 11:1-3, Proverbs 3:3-4
- 20 Genesis 36:1-43, Matthew 13:10-35, Psalm 11:4-7, Proverbs 3:5-6
- 21 Genesis 37:1-38:30, Matthew 13:36-58, Psalm 12:1-5, Proverbs 3:7-8
- 22 Genesis 39:1-41:7, Matthew 14:1-21, Psalm 12:6-8, Proverbs 3:9-10
- 23 Genesis 41:8-42:4, Matthew 14:22-15:9, Psalm 13:1-6, Proverbs 3:11-12
- 24 Genesis 42:5-43:14, Matthew 15:10-39, Psalm 14:1-7, Proverbs 3:13-14
- 25 Genesis 43:15-44:34, Matthew 16:1-20, Psalm 15:1-5, Proverbs 3:15-16
- 26 Genesis 45:1-46:27, Matthew 16:21-17:13, Psalm 16:1-6, Proverbs 3:17-18
- 27 Genesis 46:28-48:22, Matthew 17:14-18:9, Psalm 16:7-11, Proverbs 3:19-20
- 28 Genesis 49:1-50:26, Matthew 18:10-35, Psalm 17:1-5, Proverbs 3:21-24

- 29 Exodus 1:1-2:25, Matthew 19:1-22, Psalm 17:6-12, Proverbs 3:25-26
30 Exodus 3:1-4:31, Matthew 19:23-20:19, Psalm 17:13-15, Proverbs 27-28

OCTOBER

- 1 Exodus 5:1-6:30, Matthew 20:20-21:11, Psalm 18:1-6, Proverbs 3:29-32
2 Exodus 7:1-8:32, Matthew 21:12-27, Psalm 18:7-12, Proverbs 3:33-35
3 Exodus 9:1-10:20, Matthew 21:28-46, Psalm 18:13-19, Proverbs 4:1-2
4 Exodus 10:21-12:36, Matthew 22:1-22, Psalm 18:20-24, Proverbs 4:3-4
5 Exodus 12:37-14:20, Matthew 22:23-46, Psalm 18:25-29, Proverbs 4:5-6
6 Exodus 14:21-16:20, Matthew 23:1-22, Psalm 18:30-36, Proverbs 4:7-9
7 Exodus 16:21-18:27, Matthew 23:23-39, Psalm 18:37-42, Proverbs 4:10-13
8 Exodus 19:1-20:26, Matthew 24:1-14, Psalm 18:43-50, Proverbs 4:14-17
9 Exodus 21:1-22:20, Matthew 24:15-35, Psalm 19:1-6, Proverbs 4:18-19
10 Exodus 22:21-24:18, Matthew 24:36-51, Psalm 19:7-14, Proverbs 4:20-22
11 Exodus 25:1-26:14, Matthew 25:1-13, Psalm 20:1-9, Proverbs 4:23-24
12 Exodus 26:15-28:14, Matthew 25:14-30, Psalm 21:1-7, Proverbs 4:25-27
13 Exodus 28:15-29:25, Matthew 25:31-26:5, Psalm 21:8-13, Proverbs 5:1-2
14 Exodus 29:26-30:38, Matthew 26:6-25, Psalm 22:1-5, Proverbs 5:3-6
15 Exodus 31:1-32:35, Matthew 26:26-50, Psalm 22:6-10, Proverbs 5:7-8
16 Exodus 33:1-34:35, Matthew 26:51-75, Psalm 22:11-15, Proverbs 5:9-10
17 Exodus 35:1-36:19, Matthew 27:1-23, Psalm 22:16-21, Proverbs 5:11-14
18 Exodus 36:20-37:29, Matthew 27:24-44, Psalm 22:22-26, Proverbs 5:15-17
19 Exodus 38:1-39:31, Matthew 27:45-66, Psalm 22:27-31, Proverbs 5:18-20
20 Exodus 39:32-40:38, Matthew 28:1-20, Psalm 23:1-6, Proverbs 5:21-23
21 Leviticus 1:1-3:17, Mark 1:1-20, Psalm 24:1-10, Proverbs 6:1-3
22 Leviticus 4:1-5:19, Mark 1:21-45, Psalm 25:1-7, Proverbs 6:4-5
23 Leviticus 6:1-7:21, Mark 2:1-22, Psalm 25:8-15, Proverbs 6:6-8
24 Leviticus 7:22-8:36, Mark 2:23-3:12, Psalm 25:16-22, Proverbs 6:9-11
25 Leviticus 9:1-11:12, Mark 3:13-35, Psalm 26:1-7, Proverbs 6:12-15
26 Leviticus 11:13-13:17, Mark 4:1-20, Psalm 26:8-12, Proverbs 6:16-19
27 Leviticus 13:18-14:14, Mark 4:21-41, Psalm Ps 27:1-6, Proverbs 6:20-22
28 Leviticus 14:15-15:12, Mark 5:1-20, Psalm 27:7-14, Proverbs 6:23-26
29 Leviticus 15:13-16:34, Mark 5:21-43, Psalm 28:1-5, Proverbs 6:27-29
30 Leviticus 17:1-19:10, Mark 6:1-20, Psalm 28:6-9, Proverbs 6:30-31
31 Leviticus 19:11-20:27, Mark 6:21-46, Psalm 29:1-6, Proverbs 6:32-33

NOVEMBER

- 1 Leviticus 21:1-22:33, Mark 6:47-7:16, Psalm 29:7-11, Proverbs 6:34-35
2 Leviticus 23:1-24:23, Mark 7:17-37, Psalm 30:1-6, Proverbs 7:1-3
3 Leviticus 25:1-55, Mark 8:1-21, Psalm 30:7-12, Proverbs 7:4-5
4 Leviticus 26:1-46, Mark 8:22-9:1, Psalm 31:1-8, Proverbs 7:6-8
5 Leviticus 27:1-34, Mark 9:2-29, Psalm 31:9-18, Proverbs 7:9-12
6 Numbers 1:1-54, Mark 9:30-50, Psalm 31:19-24, Proverbs 7:13-17
7 Numbers 2:1-3:16, Mark 10:1-22, Psalm 32:1-7, Proverbs 7:18-21
8 Numbers 3:17-4:20, Mark 10:23-45, Psalm 32:8-11, Proverbs 7:22-23
9 Numbers 4:21-5:31, Mark 10:46-11:11, Psalm 33:1-9, Proverbs 7:24-27
10 Numbers 6:1-7:29, Mark 11:12-33, Psalm 33:10-17, Proverbs 8:1-3
11 Numbers 7:30-89, Mark 12:1-27, Psalm 33:18-22, Proverbs 8:4-5
12 Numbers 8:1-10:10, Mark 12:28-44, Psalm 34:1-7, Proverbs 8:6-7
13 Numbers 10:11-11:35, Mark 13:1-20, Psalm 34:8-14, Proverbs 8:8-9

- 14 Numbers 12:1-14:4, Mark 13:21-37, Psalm 34:15-22, Proverbs 8:10-13
- 15 Numbers 14:5-45, Mark 14:1-21, Psalm 35:1-10, Proverbs 8:14-17
- 16 Numbers 15:1-41, Mark 14:22-42, Psalm 35:11-16, Proverbs 8:18-19
- 17 Numbers 16:1-50, Mark 14:43-72, Psalm 35:17-21, Proverbs 8:20-21
- 18 Numbers 17:1-19:8, Mark 15:1-21, Psalm 35:22-28, Proverbs 8:22-24
- 19 Numbers 19:9-21:9, Mark 15:22-47, Psalm 36:1-6, Proverbs 8:25-26
- 20 Numbers 21:10-22:41, Mark 16:1-20, Psalm 36:7-12, Proverbs 8:27-29
- 21 Numbers 23:1-24:25, Luke 1:1-23, Psalm 37:1-6, Proverbs 8:30-31
- 22 Numbers 25:1-26:22, Luke 1:24-56, Psalm 37:7-13, Proverbs 8:32-33
- 23 Numbers 26:23-65, Luke 1:57-80, Psalm 37:14-20, Proverbs 8:34-36
- 24 Numbers 27:1-28:31, Luke 2:1-20, Psalm 37:21-26, Proverbs 9:1-2
- 25 Numbers 29:1-30:16, Luke 2:21-38, Psalm 37:27-33, Proverbs 9:3-6
- 26 Numbers 31:1-54, Luke 2:39-52, Psalm 37:34-40, Proverbs 9:7-9
- 27 Numbers 32:1-42, Luke 3:1-20, Psalm 38:1-8, Proverbs 9:10-12
- 28 Numbers 33:1-56, Luke 3:21-38, Psalm 38:9-14, Proverbs 9:13-15
- 29 Numbers 34:1-35:34, Luke 4:1-21, Psalm 38:15-22, Proverbs 9:16-18
- 30 Numbers 36:1- Deuteronomy 1:46, Luke 4:22-44, Psalm 39:1-6, Proverbs 10:1-2

DECEMBER

- 1 Deuteronomy 2:1-3:29, Luke 5:1-20, Psalm 39:7-13, Proverbs 10:3-5
- 2 Deuteronomy 4:1-49, Luke 5:21-6:11, Psalm 40:1-5, Proverbs 10:6-8
- 3 Deuteronomy 5:1-6:25, Luke 6:12-36, Psalm 40:6-10, Proverbs 10:9-11
- 4 Deuteronomy 7:1-8:20, Luke 6:37-7:10, Psalm 40:11-17, Proverbs 10:12-14
- 5 Deuteronomy 9:1-10:22, Luke 7:11-35, Psalm 41:1-6, Proverbs 10:15-17
- 6 Deuteronomy 11:1-12:19, Luke 7:36-8:3, Psalm 41:7-13, Proverbs 10:18-21
- 7 Deuteronomy 12:20-14:21, Luke 8:4-25, Psalm 42:1-11, Proverbs 10:22-25
- 8 Deuteronomy 14:22-16:22, Luke 8:26-56, Psalm 43:1-5, Proverbs 10: 26-27
- 9 Deuteronomy 17:1-19:13, Luke 9:1-22, Psalm 44:1-8, Proverbs 10:28-30
- 10 Deuteronomy 19:14-21:23, Luke 9:23-45, Psalm 44:9-16, Proverbs 10:31-32
- 11 Deuteronomy 22:1-23:25, Luke 9:46-62, Psalm 44:17-26, Proverbs 11:1-4
- 12 Deuteronomy 24:1-26:19, Luke 10:1-24, Psalm 45:1-5, Proverbs 11:5-6
- 13 Deuteronomy 27:1-28:14, Luke 10:25-11:4, Psalm 45:6-12, Proverbs 11:7-8
- 14 Deuteronomy 28:15-68, Luke 11:5-28, Psalm 45:13-17, Proverbs 11:9-11
- 15 Deuteronomy 29:1-30:20, Luke 11:29-54, Psalm 46:1-11, Proverbs 11:12-13
- 16 Deuteronomy 31:1-29, Luke 12:1-21, Psalm 47:1-9, Proverbs 11:14-15
- 17 Deuteronomy 31:30-32:52, Luke 12:22-40, Psalm 48:1-7, Proverbs 11:16-18
- 18 Deuteronomy 33:1-34:12, Luke 12:41-59, Psalm 48:8-14, Proverbs 11:19-21
- 19 Joshua 1:1-3:17, Luke 13:1-21, Psalm 49:1-9, Proverbs 11:22-23

Christmas Break Bible Reading Plan

December 20, 2009 – January 18, 2010

DECEMBER

- 20 Joshua 4:1-6:27, Luke 13:22-14:6, Psalm 49:10-15, Proverbs 11:24-26
- 21 Joshua 7:1-8:35, Luke 14:7-24, Psalm 49:16-20, Proverbs 11:27-29
- 22 Joshua 9:1-10:28, Luke 14:25-15:10, Psalm 50:1-6, Proverbs 11:30-31
- 23 Joshua 10:29-12:24, Luke 15:11-32, Psalm 50:7-15, Proverbs 12:1-3
- 24 Joshua 13:1-14:15, Luke 16:1-18, Psalm 50:16-23, Proverbs 12:4-5
- 25 Joshua 15:1-6:3, Luke 16:19-17:10, Psalm 51:1-5, Proverbs 12:6-7
- 26 Joshua 16:1-18:28, Luke 17:11-37, Psalm 51:6-9, Proverbs 12:8-10
- 27 Joshua 19:1-51, Luke 18:1-23, Psalm 51:10-13, Proverbs 12:11-12
- 28 Joshua 20:1-21:45, Luke 18:24-43, Psalm 51:14-19, Proverbs 12:13-14
- 29 Joshua 22:1-23:16, Luke 19:1-27, Psalm 52:1-9, Proverbs 12:15-16
- 30 Joshua 24:1-33, Luke 19:28-48, Psalm 53:1-6, Proverbs 12:17-18
- 31 Judges 1:1-2:23, Luke 20:1-19, Psalm 54:1-7, Proverbs 12:19-22

JANUARY

- 1 Judges 3:1-4:24, Luke 20:20-40, Psalm 55:1-8, Proverbs 12:23-24
- 2 Judges 5:1-6:10, Luke 20:41-21:19, Psalm 55:9-14, Proverbs 12:25-26
- 3 Judges 6:11-7:25, Luke 21:20-38, Psalm 55:15-23, Proverbs 12:27-28
- 4 Judges 8:1-9:21, Luke 22:1-23, Psalm 56:1-7, Proverbs 13:1-2
- 5 Judges 9:22-10:18, Luke 22:24-46, Psalm 56:8-13, Proverbs 13:3-4
- 6 Judges 11:1-12:15, Luke 22:47-71, Psalm 57:1-6, Proverbs 13:5-6
- 7 Judges 13:1-15:8, Luke 23:1-19, Psalm 57:7-11, Proverbs 13:7-8
- 8 Judges 15:9-17:13, Luke 23:20-38, Psalm 58:1-5, Proverbs 13:9-10
- 9 Judges 18:1-31, Luke 23:39-56, Psalm 58:6-11, Proverbs 13:11-12
- 10 Judges 19:1-20:25, Luke 24:1-24, Psalm 59:1-10, Proverbs 13:13
- 11 Judges 20:26-1:25, Luke 24:25-53, Psalm 59:11-17, Proverbs 13:14-15
- 12 Ruth 1:1-2:23, John 1:1-23, Psalm 60:1-5, Proverbs 13:16-17
- 13 Ruth 3:1-4:22, John 1:24-51, Psalm 60:6-12, Proverbs 13:18-20
- 14 1 Samuel 1:1-2:36, John 2:1-25, Psalm 61:1-8, Proverbs 13:21-22
- 15 1 Samuel 3:1-5:12, John 3:1-21, Psalm 62:1-8, Proverbs 13:23-25
- 16 1 Samuel 6:1-8:22, John 3:22-4:6, Psalm 62:9-12, Proverbs 14:1-2
- 17 1 Samuel 9:1-10:27, John 4:7-26, Psalm 63:1-5, Proverbs 14:3
- 18 1 Samuel 11:1-13:22, John 4:27-54, Psalm 63:6-11, Proverbs 14:4