



LEAVELL COLLEGE

NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY

PCCM 2370-35: Introduction to Counseling
Spring 2016

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The mission of Leavell College of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Core Value

Each academic year, a core value is emphasized. This academic year, the core value is **Mission Focus**: *“We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local Church and its ministries.”*

Course Description

Introduction to Counseling presents an overview of the counseling profession by offering relevant content, vignettes, and think pieces for students to ponder. The course also offers specific content in the specialty areas of Community Agency Counseling, School Counseling, and Student Affairs Practice (counseling in higher education settings). The course will introduce the student to certification or licensing exams along with core areas that assures compliance with a high standard in the profession and offers the student a broad knowledge base.

Student Learning Outcomes

At the conclusion of the semester, the student will:

1. Students will become familiar with a variety of theories of counseling and various techniques that have emerged from these approaches.
2. Students will be introduced to ethical and professional issues related to helping professions.
3. Students will become equipped with basic knowledge and skills necessary to effectively minister to hurting people through a counseling relationship.

Course Texts

The following textbooks are required:

Collins, Gary. *Christian Counseling: A Comprehensive Guide*. Dallas, TX: Thomas Nelson Publishers, 2006.

Darkness to Light. *Stewards of Children*. Charleston, SC: Darkness to Light, 2013.

The following textbook is optional:

Clinton, Tim and Hawkins, Ron. (2009). *Biblical Counseling: Quick Reference Guide*. Nashville, TN: Baker Books, 2009.

Course Requirements and Grading

1) Exams (40%)

A mid term (20%) and final (20%) will be given. See class and reading schedule for dates. Exams will cover material from the texts, class notes, and class projects.

(2) Family History/Genogram (10%)

Students will construct a genogram of their family. Information on how to construct a genogram will be given in class. Students will also write a five-page paper about their family of origin. The paper should be typed, double-spaced, and should include, but not limited to the following:

- (a) Birth Order
- (b) History of family of origin
- (c) Description of family type
- (d) Significant events related to the family

(3) Counseling Enrichment Sessions (20%)

Students will develop two detailed counseling sessions, which will include the following:

- (a) Topic and goal of each session and an introductory paragraph.
- (b) Outline of the session:
 - 1) specific facts/information
 - 2) questions you would ask
 - 3) three scripture versus you would use in the session
- (c) Homework assignments
- (d) Two recommended resources per session

(4) Book Review (20%)

Each student will be responsible for selecting one additional book to read, review and report. Students must choose a book that relates to issues dealing with counseling. Grades will be based on a four-page review submitted by the student and presented to fellow classmates. The book review must be typed and double-spaced, and should include the following:

- (a) Title and author
- (b) Summary of book
- (c) Key ideas or principles taught in the book
- (d) Strengths and weaknesses of book
- (e) Reasons you would recommend or not recommend book

(5) Web Interaction (10%)

Each student will be responsible to participate in class discussions that will occur on the web. These discussions will occur between each of our four regularly schedule classes.

NOBTS Grading Scale

A	93-100	D	70-76
B	85-92	F	69 or below
C	77-84		

Course Outline

March 28	Introduction & Overview of Course
March 28	Chapters 1-9
Week of March 28	Web Class Discussion
April 11	Chapters 10-11
April 11	Chapters 12-13
April 11	Chapters 14-15
April 11	Counseling Session #1 Due
Week of April 18	Web Class Discussion
April 25	Mid-Term
April 25	Chapters 16-18
April 25	Chapters 19-20
	Book Reviews
April 25	Chapters 21-23
	Book Reviews
April 25	Chapters 24-26
	Book Reviews
Week of May 2	Web Class Discussion
May 9	Chapter 27-29
	Book Reviews
May 9	Chapters 30-33
	Counseling Session #2 Due
	Family History/Genogram Due
May 9	Chapters 34-38
May 9	Final Exam

Additional Course Information

Blackboard sites
Special instructions
Plagiarism
Computer/Phone usage policy

If you have any questions about Blackboard, SelfServe, or ITC services, please access the ITC page on our website: www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.

Selected Bibliography

- Adler, Alfred. *Individual Psychology*. Totowa, NJ: Rowman and Allanheld, 1973.
- Beavers, Robert W. and Robert B. Hampson. *Successful Families: Assessment and Intervention*. NY: Norton, 1990.
- Blue, Ron. *Master Your Money*. LifeWay Press, 1990.
- Blue, Ron. *Storm Shelter*. Thomas Nelson Publishers, 1994.
- Burkett, Larry. *Answers To Your Family's Financial Questions*. Focus On The Family Publishing, 1987.
- Clarke, David. *A Marriage after God's Own Heart*. Multnomah Publishers, 2001.
- Clarke, David. *Men Are Clams Women Are Crowbars*. Promise Press, 1998.
- Cloud, Henry and John Townsend. *Boundaries*. Zondervan Publishing House, 1991.
- Cloud, Henry and John Townsend. *Boundaries in Marriage*. Zondervan Publishing House, 1999.
- Chapman, Gary. *The Five Love Languages*. Chicago, IL: Northfield Publishing, 1995.
- Chapman, Gary. *Toward A Growing Marriage*. Moody Press, 1979.
- Corey, Gerald, M. S. Corey, and Poleck Cullman. *Issues and Ethics in the Helping Professions (6th ed.)* Pacific Grove, CA: Brooks/Cole, 2002
- Ecker, Bruce, and Laurel Hulley. *Depth-Oriented Brief Therapy*. San Francisco, CA: Jossey-Bass, 1996.
- Freud, Sigmund. *Introductory Lectures on Psychoanalysis*. NY: Simon & Schuster, 1984
- Harley, Willard. *His Needs Her Needs*. Fleming H. Revell, 1986.
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- Huber, Charles H. *Ethical, Legal and Professional Issues in the Practice of Marriage and Family Therapy (3rd ed)* Columbus: Merrill Publishing Company, 2000.
- Jung, Carl G. *Memories, Dreams, Reflections*. NY: Vintage Books, 1965.
- Kirwan, William T. *Biblical Concepts for Christian Counseling: A Case for Integrating Psychology and Theology*. Grand Rapids, MI: Baker Book House, 1984.

- Malony, H. Newton. *Psychology of Religion: Personalities, Problems, Possibilities*. Grand Rapids, MI: Baker Book House, 1991.
- Maslow, Abraham H. *Motivation and Personality*, (2nd ed.) NY, Harper & Row, 1970.
- McMinn, Mark R. and Timothy Phillips, eds. *Care for the Soul*. Downers Grove, IL: Intervarsity, 2001.
- Minirth, Frank and Mary Alice Minirth. *Passages of Marriage*. Thomas Nelson Publishers, 1991.
- Rogers, Carl R. *Client-Centered Therapy*. Boston: Houghton Mifflin Company, 1951.
- Rotter, Julian B. *The Development and Application of Social Learning Theory*. Westport, CT: Praeger Publishers, 1982.
- Seligman, L. *Selecting Effective Treatments*. San Francisco, CA: Jossey-Bass Publication, 1998.
- Skinner, B.F. *Beyond Freedom and Dignity*. NY: Bantam Books, 1980.
- Smalley, Gary and John Trent. *Love is a Decision*. Dallas, TX: Word Publishing, 1989.
- Smalley, Gary and John Trent. *The Language of Love*. Focus on the Family Publishing, 1988
- Switzer, David K. *Pastoral Care Emergencies*. Mahwah, NJ: Paulist Press, 2001.
- Trent, John. *Love For All Seasons*. Moody Press, 1996.
- Wicks, Robert J., Richard D. Parsons, and Donald E. Capps, eds. *Clinical Handbook of Pastoral Counseling*. Mahwah, NJ: Paulist Press, 1993.
- Wright, Norman. *Communication: Key to Your Marriage*. Gospel Light Publishing, 1997
- Wright, Norman. *So You're Getting Married*. Grace Products Corporation, 1995.
- Wright, Norman. *The Secrets of a Lasting Marriage*. Regal Books, 1997.