



Personal Spiritual disciplines CMCM1110-0084
New Orleans Baptist Theological Seminary
KTI Leavell College

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The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church.

Purpose of the Course

The purpose of this course primarily challenge student to continue prayerfully examining their own personal spirituality and character, and engaging in spiritual formation as they seek to be disciple of Jesus Christ, our Lord. Personal growth toward Christian living and spiritual maturity includes lectio divina, prayer, worship, theological reflection, spiritual disciplines, and following Jesus Christ as His disciple in everyday life situation.

Core Value Focus

- Doctrinal Integrity
- Spiritual Vitality
- Mission Focus
- Characteristic Excellence
- Servant Leadership

Curriculum Competencies Addressed

1. *Disciple making:* To develop skills in leading discipleship groups and understanding the connection between being a disciple and making disciples.
2. *Servant Leadership:* To understand Servant Leadership as an essential part of being a fully devoted follower of Christ.
3. *Interpersonal Skills:* To view interpersonal skills as a vital aspect of evidence of spiritual growth.
4. *Spiritual and Character Formation:* To provide moral leadership by modeling and mentoring Christian character and devotion. As a ministry leader intentionally engages in the process of growing in relationship with God and becoming conformed to Christ through the power of the Holy Spirit.

Course Description

The purpose of this course is to introduce students to the spiritual disciplines of the Christian Life. The emphasis is on the practice of these disciplines in the daily lives of the students.

Learning Objectives

By the end of the semester, the student will:

1. Understanding the biblical basis of discipleship and the call of God upon every person's life to be disciple.
2. Comprehend the classical Christian disciplines and understand the practice of these discipline
3. Internalize these disciplines in order to facilitate Christian growth in his/her own life.
4. Be prepared for further study in the area of Christian Spirituality.

Required Readings

The following texts and resources are required reading for class discussions and are to be read in their entirety unless otherwise specified.

Required Texts

Bible(NASB, NKJV, NEV, NLT, 개역개정 한글 성경)

Whitney, Donald S. Ten Questions to Diagnose Your Spiritual Health. Colorado Springs: Navpress, 2002

Chambers, Oswald. My Utmost for his Highest: Daily Devotional Journal. Michigan Grand Rapids: Discovery House Publishers, 1992
주님은 나의 최고봉. 서울: 두란노, 2002.

Optional Texts

Bounds. E. M. Jewels from E. M. Bounds. Florida Alachua: Bridge Logos Foundation, 2010
순수영성. 서울: 두란노, 2011.

Owen. John.

존 오웬의 영적 사고방식. 서문강 역. 청교도 신앙사, 1998.

Spijker. W. v. Bidden Om Te Leven. De Groot Goudriaan- Kampen, 2000.
기도 묵상 시련. 황태우 역. 서울: 그 책의 사람들, 2012.

Willard. Dalls. Renovation of the Heart. Spring Field: NavPress, 2002.

마음의 혁신. 윤종석 역. 서울: 복 있는 사람, 2003.

Course Teaching Methodology

The Course will be mainly consist of small group meetings at which various matters will be discussed, including one's own spiritual growth and the implementation of spiritual disciplines in one's life.

Course Requirements

1. The student will attend and participate in the small group sessions. The groups will be a time of reflection upon what has studies. A major emphasis will be placed upon time spent reflection of the topics and in prayer during the meetings.
2. Each student will be required to read the assigned chapter from the required text before coming to class.
3. The student will keep a personal spiritual journal during the semester. The journal will include, but is not limited to, daily reflections from quiet times, recordings of one's personal Bible (Lectio Divina), reflections from the disciplines studied in Disciple making, thoughts from the small group sessions, and other materials. The Journal will be checked at the mid-term and the last week of class.

Attendance Policy

The class will adhere to the attendance policy stated in the catalog. Any student missing more than three hours will receive an automatic grade of F for the course, unless excused by the Dean of Leavel College. Three tardies will count as one absence.

Course Evaluation

25% Attendance and participation

25% Required reading and Book Review

25% Journaling and practice

25% The practice of the disciplines (daily Bible reading, personal prayer practicing, witnessing Christ, church activities, doing service for others)

Class Schedule

Date	Class Topics	Reading Assignments	
8/18	Introduction	Read Syllabus	
8/25	Spiritual Journaling	Lecture	
9/1	Thirsting for God	Ten Questions, Chap. 1	
9/8	Lectio Divina	TQ. Chap. 2	
9/15	Relationship with Others	TQ. Chap. 3	
9/22	In Go's Presence	TQ. Chap. 4	
10/6	Church Life	TQ. Chap. 6	Checking the Journaling
10/13	Fall Break(No Meeting)		
10/20	Spiritual Discipline	TQ. Chap. 7	Due Date: Book Review of Spijker's
10/27	Grieving over Everyday's Sins	TQ. Chap. 8	
11/3	Forgive and Forgiving	TQ. Chap.9	
11/10	Desiring of Eternity	TQ. Chap. 10	
11/17	Hearing God and Discerning	Lecture	
11/24	Thanksgiving Break(no meeting)		
12/1	Final Meeting and Exam.	Checking the Journaling	Due Date: Book Review. Selected one among Bounds', Owen's, and Dalla's

Reading: Textbook assignments covered in this course should be read in the context of the lesson in which they are assigned. The assignments in this course are not meant to be studied in detail but to be perused for purposes of understanding and discussion.

Book Review: Students are required to write a two-three pages of reading report(single space and 10pt.) conformed to Turabian style (Turabian, Kate L. A Manual for Writers of Research Papers, Theses, and Dissertations. 7th ed. Rev. Wayne C. Booth, Gregory G. Colomb, and Joseph M. Williams. Chicago: The University of Chicago Press, 2007) or SBL style guides.

Selected Bibliography

Bonhoeffer, Dietrich. The Cost of Discipleship. Translated by R.H. Fuller. New York: Macmillan, 1963.

Bridges, Jerry. *The Pursuit of Holiness.* Colorado Springs, CO: NavPress, 1978.

_____. *The Practice of Godliness.* Colorado Springs, CO: NavPress, 1983.

- Bridges, Ronald F. *Disciplines of the Devoted Heart*. San Bernardino, CA: Here's Life Publications, 1991.
- Bruce, A.B. *The Training of the Twelve*. Grand Rapids: Kregel, 1971.
- Coleman, Robert E. *The Master Plan of Evangelism*. Old Tappan, NJ: Fleming H. Revell, 1963.
- Davis, Earl C. *Life in the Spirit*. Layman's Library of Christian Doctrine Series. Nashville: Broadman Press, 1986.
- Eims, Leroy. *The Lost Art of Disciplemaking*. Colorado Springs, CO: NavPress, 1978.
- Elliot, Elisabeth. *Discipline, The Glad Surrender*. Old Tappan, NJ: Fleming H. Revell, Co., 1982.
- Foster, Richard J. *Celebration of Discipline*. New York: Harper and Row, 1978.
- _____. *The Challenge of the Disciplined Life: Christian Reflections on Money, Sex and Power*. San Francisco: Harper/San Francisco, 1985.
- _____. *Prayer: Finding the Heart's True Home*. San Francisco: Harper/San Francisco, 1992.
- Getz, Gene A. *The Walk: The Measure of Spiritual Maturity*. Nashville: Broadman & Holman, 1994.
- Hughes, R. Ken. *Disciplines of a Godly Man*. Wheaton, IL: Crossway Books, 1991.
- Hull, Bill. *The Disciple Making Pastor*. Old Tappan, NJ: Fleming H. Revell, 1988.
- Hybells, Bill. *Honest to God*. Grand Rapids: Zondervan, 1990.
- Liddell, Eric. *The Disciplines of the Christian Life*. Nashville: Abingdon Press, 1985.
- McDonald, Gordon. *Ordering Your Private World*. Nashville: Oliver Nelson Publishing, 1984.
- _____. *Renewing Your Spiritual Passion*. Nashville: Oliver Nelson Publishing, 1989.
- Thiele, Ed. *Fruitful Discipleship*. New Orleans: Insight Press, 1994.