

SPIRITUAL FORMATION/DISC 5170
NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY
Division of Pastoral Ministries
Orlando Extension
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Mondays 12-1 p.m.

MISSION STATEMENT

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local Church and its ministries.

CORE VALUE FOCUS: Spiritual Vitality

CURRICULUM COMPETENCIES: Spiritual and Character Development

COURSE DESCRIPTION

This is the first of 2 semester-long, pass-fail experiences in a faculty-mentored group. The group will meet an hour weekly for accountability, mentoring, discussion, and spiritual formation in the company of others. It will include specific assignments from a variety of Christian devotional practices. This course is designed to be taken during a student's first fall semester.

STUDENT LEARNING OUTCOMES (OR OBJECTIVES)

1. The learner will grow in his/her biblical understanding of spiritual maturation (i.e., what is often referred to as 'discipleship').
2. The learner will be challenged to develop a strong personal commitment to a discipling lifestyle.
3. The learner will develop skills in leading discipleship groups and consider such groups as a part of the discipleship strategy of a local Church ministry.

COURSE TEACHING METHODOLOGY (OR METHODS)

Methodology will include but is not limited to student presentations, sub-group debriefing sessions, faculty dialog, and intense periods of personal preparation through the accountable exercising of spiritual habits, practices, and disciplines.

TEXTBOOK/S

The Life You've Always Wanted: Spiritual Disciplines for Ordinary People, Expanded Edition, by John Ortberg

COURSE REQUIREMENTS

1. The learner will read the textbook and experiment with spiritual disciplines throughout the semester.
2. The learner will journal her/his spiritual journey throughout this course.
3. The learner will contribute to all discussions and lead a class discussion of one chapter (as assigned by the professor).
4. The learner will write and submit a two-page reflection paper including the student's personal evaluation of goals, strengths, and weaknesses with your spiritual journey. DUE DATE: December 7, 2009.
5. In a supportive environment of community, learners will have opportunities to pray with and for one another.

COURSE EVALUATION

This experience is a pass/fail course. Grades will be determined by:

1. Reading textbook and experimenting with spiritual disciplines.
2. Completion of spiritual journal.
3. Class participation and assigned session leadership.
4. Reflection paper.

ADDITIONAL ITEMS

1. For our group to function well and achieve the course objectives, we must respect one another. This means each member should give the following and expect the following:
 - a. **Respect.** Whether we agree or disagree, we will respect one another.
 - b. **Confidentiality.** Unless permission is explicitly given, what is shared in class will stay in class.
 - c. **Openness.** Each member must be open to sharing their feelings once they are comfortable with the group.
2. Preparation is minimal but key. Each student should read the assigned material and journal their thoughts throughout the week and bring their journal to class so that they can have a private account of what they felt and thought that week as they walked with Christ.
3. The course is offered on a pass/fail basis. Apart from completing the reaction paper and journaling, each student will be graded according to how they prepared for class and how they opened up according to the expectations listed in number 1 above.

Session	Date	Special Topic / Assignment due <i>(Reading listed should be done prior to that class meeting for discussion during class)</i>
1	8/17	Introduction
2	8/24	Chapter 1: We Shall Morph Indeed: The Hope of Transformation
	9/07	Holiday – Labor Day
3	9/14	Chapter 2: Surprised by Change: The Goal of Spiritual Life
4	9/21	Chapter 3: Training vs. Trying: The Truth About Spiritual Disciplines
5	9/28	Chapter 4: A “Dee Day Day”: The Practice of Celebration
6	10/05	Chapter 5: An Unhurried Life: The Practice of “Slowing”
7	10/12	Chapter 6: Interrupting Heaven: The Practice of Prayer
	10/19	Fall Break for Workshop Week
8	10/26	Chapter 7: “Appropriate Smallness”: The Practice of Servanthood

11/02 9	Chapter 8: The Life Beyond Regret: The Practice of Confession
11/09 10	Chapter 9: The Guided Life: Receiving Guidance from the Holy Spirit
11/16 11	Chapter 10: A Life of Freedom: The Practice of Secrecy
11/23	Thanksgiving Holiday No Class
11/30 12	Chapter 11: An Undivided Life The Practice of Reflection on Scripture Spiritual Journal Check
12/07 13	Chapter 12: Life with a Well-ordered Heart: Developing Your Own "Rule of Life" Reaction Paper Due
12/14 14	Chapter 13: A Life of Endurance: The Experience of Suffering Last Class

Fall Semester Bible Reading Plan September 1, 2009 – December 19, 2009

SEPTEMBER

- 1 Genesis 1:1-2:25, Matthew 1:1-25, Psalm 1:1-6, Proverbs 1:1-4
- 2 Genesis 3:1-4:26, Matthew 2:1-23, Psalm 2:1-6, Proverbs 1:5-6
- 3 Genesis 5:1-6:2, Matthew 3:1-17, Psalm 2:7-12, Proverbs 1:7
- 4 Genesis 7:1-9:7, Matthew 4:1-20, Psalms 3:1-8, Proverbs 1:8-9
- 5 Genesis 9:8-10:32, Matthew 4:21-5:12, Psalm 4:1-8, Proverbs 1:10-14
- 6 Genesis 11:1-12:20, Matthew 5:13-32, Psalm 5:1-6, Proverbs 1:15-16
- 7 Genesis 13:1-15:6, Matthew 5:33-6:4, Psalm 5:7-12, Proverbs 1:17-19
- 8 Genesis 15:7-17:27, Matthew 6:5-24, Psalm 6:1-5, Proverbs 1:20-23
- 9 Genesis 18:1-19:22, Matthew 6:25-7:12, Psalm 6:6-10, Proverbs 1:24-27
- 10 Genesis 19:23-21:21, Matthew 7:13-8:4, Psalm 7:1-8, Proverbs 1:28-31
- 11 Genesis 21:22-23:20, Matthew 8:5-27, Psalm 7:9-17, Proverbs 1:32-33
- 12 Genesis 24:1-54, Matthew 8:28-9:17, Psalm 8:1-9, Proverbs 2:1-5

- 13 Genesis 24:55-26:11, Matthew 9:18-38, Psalm 9:1-6, Proverbs 2:6-8
 14 Genesis 26:12-27:29, Matthew 10:1-20, Psalm 9:7-12, Proverbs 2:9-10
 15 Genesis 27:30-29:12, Matthew 10:21-42, Psalm 9:13-20, Proverbs 2:11-15
 16 Genesis 29:13-30:43, Matthew 11:1-19, Psalm 10:1-6, Proverbs 2:16-19
 17 Genesis 31:1-55, Matthew 11:20-12:8, Psalm 10:7-12, Proverbs 2:20-22
 18 Genesis 32:1-33:20, Matthew 12:9-37, Psalm 10:13-18, Proverbs 3:1-2
 19 Genesis 34:1-35:29, Matthew 12:38-13:9, Psalm 11:1-3, Proverbs 3:3-4
 20 Genesis 36:1-43, Matthew 13:10-35, Psalm 11:4-7, Proverbs 3:5-6
 21 Genesis 37:1-38:30, Matthew 13:36-58, Psalm 12:1-5, Proverbs 3:7-8
 22 Genesis 39:1-41:7, Matthew 14:1-21, Psalm 12:6-8, Proverbs 3:9-10
 23 Genesis 41:8-42:4, Matthew 14:22-15:9, Psalm 13:1-6, Proverbs 3:11-12
 24 Genesis 42:5-43:14, Matthew 15:10-39, Psalm 14:1-7, Proverbs 3:13-14
 25 Genesis 43:15-44:34, Matthew 16:1-20, Psalm 15:1-5, Proverbs 3:15-16
 26 Genesis 45:1-46:27, Matthew 16:21-17:13, Psalm 16:1-6, Proverbs 3:17-18
 27 Genesis 46:28-48:22, Matthew 17:14-18:9, Psalm 16:7-11, Proverbs 3:19-20
 28 Genesis 49:1-50:26, Matthew 18:10-35, Psalm 17:1-5, Proverbs 3:21-24
 29 Exodus 1:1-2:25, Matthew 19:1-22, Psalm 17:6-12, Proverbs 3:25-26
 30 Exodus 3:1-4:31, Matthew 19:23-20:19, Psalm 17:13-15, Proverbs 27-28

OCTOBER

- 1 Exodus 5:1-6:30, Matthew 20:20-21:11, Psalm 18:1-6, Proverbs 3:29-32
 2 Exodus 7:1-8:32, Matthew 21:12-27, Psalm 18:7-12, Proverbs 3:33-35
 3 Exodus 9:1-10:20, Matthew 21:28-46, Psalm 18:13-19, Proverbs 4:1-2
 4 Exodus 10:21-12:36, Matthew 22:1-22, Psalm 18:20-24, Proverbs 4:3-4
 5 Exodus 12:37-14:20, Matthew 22:23-46, Psalm 18:25-29, Proverbs 4:5-6
 6 Exodus 14:21-16:20, Matthew 23:1-22, Psalm 18:30-36, Proverbs 4:7-9
 7 Exodus 16:21-18:27, Matthew 23:23-39, Psalm 18:37-42, Proverbs 4:10-13
 8 Exodus 19:1-20:26, Matthew 24:1-14, Psalm 18:43-50, Proverbs 4:14-17
 9 Exodus 21:1-22:20, Matthew 24:15-35, Psalm 19:1-6, Proverbs 4:18-19
 10 Exodus 22:21-24:18, Matthew 24:36-51, Psalm 19:7-14, Proverbs 4:20-22
 11 Exodus 25:1-26:14, Matthew 25:1-13, Psalm 20:1-9, Proverbs 4:23-24
 12 Exodus 26:15-28:14, Matthew 25:14-30, Psalm 21:1-7, Proverbs 4:25-27
 13 Exodus 28:15-29:25, Matthew 25:31-26:5, Psalm 21:8-13, Proverbs 5:1-2
 14 Exodus 29:26-30:38, Matthew 26:6-25, Psalm 22:1-5, Proverbs 5:3-6
 15 Exodus 31:1-32:35, Matthew 26:26-50, Psalm 22:6-10, Proverbs 5:7-8
 16 Exodus 33:1-34:35, Matthew 26:51-75, Psalm 22:11-15, Proverbs 5:9-10
 17 Exodus 35:1-36:19, Matthew 27:1-23, Psalm 22:16-21, Proverbs 5:11-14
 18 Exodus 36:20-37:29, Matthew 27:24-44, Psalm 22:22-26, Proverbs 5:15-17
 19 Exodus 38:1-39:31, Matthew 27:45-66, Psalm 22:27-31, Proverbs 5:18-20
 20 Exodus 39:32-40:38, Matthew 28:1-20, Psalm 23:1-6, Proverbs 5:21-23
 21 Leviticus 1:1-3:17, Mark 1:1-20, Psalm 24:1-10, Proverbs 6:1-3
 22 Leviticus 4:1-5:19, Mark 1:21-45, Psalm 25:1-7, Proverbs 6:4-5
 23 Leviticus 6:1-7:21, Mark 2:1-22, Psalm 25:8-15, Proverbs 6:6-8
 24 Leviticus 7:22-8:36, Mark 2:23-3:12, Psalm 25:16-22, Proverbs 6:9-11
 25 Leviticus 9:1-11:12, Mark 3:13-35, Psalm 26:1-7, Proverbs 6:12-15

- 26 Leviticus 11:13-13:17, Mark 4:1-20, Psalm 26:8-12, Proverbs 6:16-19
- 27 Leviticus 13:18-14:14, Mark 4:21-41, Psalm Ps 27:1-6, Proverbs 6:20-22
- 28 Leviticus 14:15-15:12, Mark 5:1-20, Psalm 27:7-14, Proverbs 6:23-26
- 29 Leviticus 15:13-16:34, Mark 5:21-43, Psalm 28:1-5, Proverbs 6:27-29
- 30 Leviticus 17:1-19:10, Mark 6:1-20, Psalm 28:6-9, Proverbs 6:30-31
- 31 Leviticus 19:11-20:27, Mark 6:21-46, Psalm 29:1-6, Proverbs 6:32-33

NOVEMBER

- 1 Leviticus 21:1-22:33, Mark 6:47-7:16, Psalm 29:7-11, Proverbs 6:34-35
- 2 Leviticus 23:1-24:23, Mark 7:17-37, Psalm 30:1-6, Proverbs 7:1-3
- 3 Leviticus 25:1-55, Mark 8:1-21, Psalm 30:7-12, Proverbs 7:4-5
- 4 Leviticus 26:1-46, Mark 8:22-9:1, Psalm 31:1-8, Proverbs 7:6-8
- 5 Leviticus 27:1-34, Mark 9:2-29, Psalm 31:9-18, Proverbs 7:9-12
- 6 Numbers 1:1-54, Mark 9:30-50, Psalm 31:19-24, Proverbs 7:13-17
- 7 Numbers 2:1-3:16, Mark 10:1-22, Psalm 32:1-7, Proverbs 7:18-21
- 8 Numbers 3:17-4:20, Mark 10:23-45, Psalm 32:8-11, Proverbs 7:22-23
- 9 Numbers 4:21-5:31, Mark 10:46-11:11, Psalm 33:1-9, Proverbs 7:24-27
- 10 Numbers 6:1-7:29, Mark 11:12-33, Psalm 33:10-17, Proverbs 8:1-3
- 11 Numbers 7:30-89, Mark 12:1-27, Psalm 33:18-22, Proverbs 8:4-5
- 12 Numbers 8:1-10:10, Mark 12:28-44, Psalm 34:1-7, Proverbs 8:6-7
- 13 Numbers 10:11-11:35, Mark 13:1-20, Psalm 34:8-14, Proverbs 8:8-9
- 14 Numbers 12:1-14:4, Mark 13:21-37, Psalm 34:15-22, Proverbs 8:10-13
- 15 Numbers 14:5-45, Mark 14:1-21, Psalm 35:1-10, Proverbs 8:14-17
- 16 Numbers 15:1-41, Mark 14:22-42, Psalm 35:11-16, Proverbs 8:18-19
- 17 Numbers 16:1-50, Mark 14:43-72, Psalm 35:17-21, Proverbs 8:20-21
- 18 Numbers 17:1-19:8, Mark 15:1-21, Psalm 35:22-28, Proverbs 8:22-24
- 19 Numbers 19:9-21:9, Mark 15:22-47, Psalm 36:1-6, Proverbs 8:25-26
- 20 Numbers 21:10-22:41, Mark 16:1-20, Psalm 36:7-12, Proverbs 8:27-29
- 21 Numbers 23:1-24:25, Luke 1:1-23, Psalm 37:1-6, Proverbs 8:30-31
- 22 Numbers 25:1-26:22, Luke 1:24-56, Psalm 37:7-13, Proverbs 8:32-33
- 23 Numbers 26:23-65, Luke 1:57-80, Psalm 37:14-20, Proverbs 8:34-36
- 24 Numbers 27:1-28:31, Luke 2:1-20, Psalm 37:21-26, Proverbs 9:1-2
- 25 Numbers 29:1-30:16, Luke 2:21-38, Psalm 37:27-33, Proverbs 9:3-6
- 26 Numbers 31:1-54, Luke 2:39-52, Psalm 37:34-40, Proverbs 9:7-9
- 27 Numbers 32:1-42, Luke 3:1-20, Psalm 38:1-8, Proverbs 9:10-12
- 28 Numbers 33:1-56, Luke 3:21-38, Psalm 38:9-14, Proverbs 9:13-15
- 29 Numbers 34:1-35:34, Luke 4:1-21, Psalm 38:15-22, Proverbs 9:16-18
- 30 Numbers 36:1- Deuteronomy 1:46, Luke 4:22-44, Psalm 39:1-6, Proverbs 10:1-2

DECEMBER

- 1 Deuteronomy 2:1-3:29, Luke 5:1-20, Psalm 39:7-13, Proverbs 10:3-5
- 2 Deuteronomy 4:1-49, Luke 5:21-6:11, Psalm 40:1-5, Proverbs 10:6-8
- 3 Deuteronomy 5:1-6:25, Luke 6:12-36, Psalm 40:6-10, Proverbs 10:9-11
- 4 Deuteronomy 7:1-8:20, Luke 6:37-7:10, Psalm 40:11-17, Proverbs 10:12-14
- 5 Deuteronomy 9:1-10:22, Luke 7:11-35, Psalm 41:1-6, Proverbs 10:15-17

6 Deuteronomy 11:1-12:19, Luke 7:36-8:3, Psalm 41:7-13, Proverbs 10:18-21
7 Deuteronomy 12:20-14:21, Luke 8:4-25, Psalm 42:1-11, Proverbs 10:22-25
8 Deuteronomy 14:22-16:22, Luke 8:26-56, Psalm 43:1-5, Proverbs 10: 26-27
9 Deuteronomy 17:1-19:13, Luke 9:1-22, Psalm 44:1-8, Proverbs 10:28-30
10 Deuteronomy 19:14-21:23, Luke 9:23-45, Psalm 44:9-16, Proverbs 10:31-32
11 Deuteronomy 22:1-23:25, Luke 9:46-62, Psalm 44:17-26, Proverbs 11:1-4
12 Deuteronomy 24:1-26:19, Luke 10:1-24, Psalm 45:1-5, Proverbs 11:5-6
13 Deuteronomy 27:1-28:14, Luke 10:25-11:4, Psalm 45:6-12, Proverbs 11:7-8
14 Deuteronomy 28:15-68, Luke 11:5-28, Psalm 45:13-17, Proverbs 11:9-11
15 Deuteronomy 29:1-30:20, Luke 11:29-54, Psalm 46:1-11, Proverbs 11:12-13
16 Deuteronomy 31:1-29, Luke 12:1-21, Psalm 47:1-9, Proverbs 11:14-15
17 Deuteronomy 31:30-32:52, Luke 12:22-40, Psalm 48:1-7, Proverbs 11:16-18
18 Deuteronomy 33:1-34:12, Luke 12:41-59, Psalm 48:8-14, Proverbs 11:19-21
19 Joshua 1:1-3:17, Luke 13:1-21, Psalm 49:1-9, Proverbs 11:22-23