

NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY
CCPS8302 PASTORAL COUNSELING FOR MARRIAGES AND FAMILIES

Professor: Dr. Jeff Nave, Ph.D.

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Location: New Orleans, LA; CIV

January 15-16-17

Tuesday: 1:00 P.M. - 9:00 P.M.

Wednesday: 8:00 A.M. - 4:00 P.M.

Thursday: 8:00 A.M. - 4:00 P.M.

New Orleans Baptist Theological Seminary Mission Statement:

To equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Course Description:

The purpose of this seminar is to enable students to develop broad knowledge of the marriage relationship, to develop knowledge of current family life demographics, to study healthy and dysfunctional families, to guide students in an understanding of the characteristics of a healthy marital relationship and in the application of principles to provide lasting change in marriages and families in the church, as well as understand and apply basic helping techniques to families in crisis. Students study a variety of leading contemporary theories of marriage and pre-marriage therapy from a systematic approach. Emphasis is placed on mastery of the techniques used within marital and premarital pastoral counseling. Students will develop a personal model of marriage and pre-marriage pastoral counseling including assessment, treatment planning, interventions, and follow-up.

Student Learning Outcomes:

The student who satisfactorily completes the course by fulfillment of the requirements should be able to:

- Identify the biblical foundation for the marriage relationship.
- Describe major challenges facing Christian homes in contemporary culture.
- Recognize how variables such as divorce, gender, ethnicity, chronic illness, death, alcoholism, and socio-economic background impact and change the family.
- Identify the basic theories, concepts, models, and techniques in the family systems approach to marriage and family therapy.
- Develop systems thinking in family assessment and intervention.

- Demonstrate skill in a systemic approach through group presentations, discussions, role-plays, case studies, reports and examinations.
- Assess satisfaction of married couples and goals of treatment for premarital couples utilizing various tests and measurement devices.
- Apply concepts of marriage and pre-marriage therapy to ministry in a local church.

Required Textbooks:

Carder, D. Torn Asunder: Recovering from an Extra-Marital Affair (3rd Ed) ISBN 978-0802471352

Cloud and Townsend. (1998). Boundaries for kids. Grand Rapids, MI: Zondervan.

Gottman, J. (2015). Seven principles for successful marriage. NY: NY. Harmony Publishers

Johnson, S.M. (2008). Hold Me Tight: Seven Conversations for a Lifetime of Love. NY: Little, Brown and Company. ISBN 978-0316113007

Scazzero, P. (2015). The emotionally healthy leader; Grand Rapids, MI: Zondervan.

Smalley, G. (1999). Winning your wife back before it is too late. Nashville, TN: Thomas Nelson

Stanley, S., Trathen, D., McCain, S, & Bryan, M. (2014). A Lasting promise: A Christian guide to fighting for your marriage. San Francisco, CA: Jossey-Bass.

Thomas, Gary. (2017). Cherish. Grand Rapids, MI: Harpercollins Publishers.

Vernick, L. (2013). The emotionally destructive marriage. Colorado Springs, CO: WaterBrook Press.

Training materials-*Prepare/Enrich* (to be ordered by professors-\$85.00) **or** *Couples Communication Training* (to be ordered by professors \$50.00). We will be completing training for one of these two options. Please inform Dr. Steele (ksteele@nobts.edu) whether you have already completed Prepare/Enrich Training or not, and if you have already been trained, what year you completed it. If the majority have been trained in Prepare/Enrich, we will do the training for Couples Communication, a great system to use with couples and families.

Course Requirements #1 - PowerPoint Presentation of a Curriculum Plan (30%)

Due: January 15, 2019

Each student will create a 50-minute PowerPoint presentation from the content contained in one of the textbooks (20%). Each presentation should be a plan ready for use in one of the following settings: a family enrichment seminar, marriage retreat, Sunday School class, or discipleship small group. Each presentation should include the entire plan, the schedule, and the complete introductory session. The Presentation should be detailed enough that others could easily utilize them in their desired settings. Presentations will be graded on content and creativity. The presentation will be presented to the class. (10%)

Course Requirement #2 Relational Autobiography (20%)

Due: February 1, 2019

Each student will prepare a relational autobiography, and will utilize the principles presented in

the Emotionally Healthy Leader. The autobiography should cover relationship experiences throughout life, but focus specifically on marriage and relationships with children. Use the material in Chapter 3 of the Emotionally Healthy Leader to evaluate your marital relationship (or your attitude toward your singleness).

Course Requirement #3 –Couples Resource Training and Assessment (30%)

Due: **February 1, 2019**

Students will participate in and complete training for **Prepare/Enrich** and/or **Couples Communication Training**; and utilize technique with at least one couple. A one-page (single spaced) assessment of the student's experience utilizing the technique will be submitted.

Course Requirement #4 - Class Participation (20%)

Each student is expected to attend each seminar in its entirety, and to be fully prepared to discuss the texts assigned in the syllabus. As this is a doctoral seminar, scholarly and practical discussions will dominate class time. Students failing to participate in class or failing to be prepared for class discussions will see a reduction in their grade.

***Directed Study Requirements:** Students utilizing the DS option must complete all of the course requirements PLUS these additional requirements*

1. Student must present one of the presentations designed in assignment one to a live class or group audience. Presentation should be videotaped and must be received by the professor by **February 15, 2019**.

2. Student must write an additional twenty-five page paper on the topic of "The Role of Relationship in Pastoral Counseling." The paper should comply with the latest Turabian style manual and should have 25 pages of content, not including the cover page, abstract, or bibliography. Follow grammar rules and formats. This paper will be due on **February 1, 2019**.

BIBLIOGRAPHY

- Chapman, Gary D. (2015). *The Five Love Languages: The Secret to Love that Lasts*. Chicago: Northfield Publishing.
- Christensen, Andrew & Jacobson, Neil S. (2000). *Reconcilable Differences*. New York: The Guilford Press.
- Cloud, Henry & Townsend, J. (2009). *Boundaries with Kids: When to Say Yes, How to Say No: Workbook*, Zondervan.
- Townsend, John. (2009). *Boundaries with Teens: When to Say Yes, How to Say No*, Zondervan.
- Hart, John A. & Hart, C. W. (2005). *Stressed or Depressed: A Practical Inspirational Guide for Parents of Hurting Teens*. Tennessee: Integrity Publishers.
- Kantor, David & Lehr, William (1990). *Inside the Family*. San Francisco: The Jossey-Bass Publishers.
- Keller, Timothy (2013). *The Meaning of Marriage*. New York: Penguin Random House Company.
- Manthei, Robert (1997). *Counseling: The Skills of Finding Solutions to Problems*. New York: Addison Wesley Longman.
- Marsolini, Maxine (2000). *Blended Families: Creating Harmony As You Build a New Home*

- Life. Chicago: Moody Press.
- McDonald, Cleveland & McDonald, Philip M. (1994). *Creating a Successful Christian Marriage*. Michigan: Baker Books.
- Nelson, Tommy (2008). *Better Love Now!*. Nashville: B & H Publishing Group.
- Rainer, Thom & Rainer, Jess W. (2011). *The Millennials: Connecting to America's Largest Generation*. Tennessee: B & H Publishing Group.
- Weaver, Andrew (2002). *Counseling Families Across the Stages of Life: A Handbook for Pastors and Other Helping Professionals*. Nashville: Abingdon Press.
- Worthington, Everett (1999). *Hope-Focused Marriage Counseling: A Guide to Brief Therapy*. Illinois: Inter-Varsity Press.
- Worthington, Everett. (1989). *Marriage Counseling: A Christian Approach to Counseling Couples*. Illinois: InterVarsity Press.