



DISC 5170 Introduction to Spiritual Formation
New Orleans Baptist Theological Seminary
Division of Church Ministry
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Mission Statement

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Course Description

This course is a pass-fail experience in a faculty led learning context. Students in the course will meet weekly for accountability, mentoring, discussion, and spiritual formation by participating in and leading weekly meetings. Students will comprehend a variety of Christian devotional practices by completing specific assignments on basic spiritual disciplines.

Student Learning Outcomes

In order to provide moral leadership by modeling and mentoring Christian character and devotion and in order to stimulate church health through mobilizing the church for discipleship, the student, by the end of the course should:

1. Comprehend the following concepts:
 - The marks of a disciple as something beyond the point of salvation.
 - Effective methods of becoming a disciple and making disciples.
 - The relationship between spiritual maturity and spiritual disciplines.
 - Christian devotional practices or disciplines.
2. Have a positive response to the following concepts:
 - a. A life-long intentional devotional discipline for lifelong spiritual growth and benefit to the kingdom of God.
 - b. A meaningful and maturing relationship with God.
 - c. Christian community in a small group setting.
 - d. A personal commitment to basic devotional practices.
3. Be able to, with the help of resources, accomplish the following tasks:
 - Develop a plan for personal discipleship and assist others to develop a personal discipleship plan.
 - Practice appropriate disciplines of the Christian faith.
 - Lead small discipleship groups.
4. Have an appropriate perception as how to lead small discipleship groups.

Course Teaching Methodology

The course will involve the following methodologies:

Methodology will include reading/reflection on a text in the field through participation in class/group discussions; intense periods of personal spiritual preparation through the accountable exercising of various habits, practices, and disciplines, reflection and journaling of the journey; and the use of an integration paper to capture the various exercises, ideas, etc., reflecting on God's involvement in it all.