

**CCSW6365 Death, Loss, and Grief
New Orleans Baptist Theological Seminary
Division of Church and Community Ministries
Spring 2019, Bunyan 201**

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Mission Statement

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Core Value Focus

The seminary has five core values.

- 1. Doctrinal Integrity:** Knowing that the Bible is the Word of God, we believe it, teach it, proclaim it, and submit to it. This course addresses Doctrinal Integrity specifically by preparing students to grow in understanding and interpreting of the Bible.
- 2. Spiritual Vitality:** We are a worshiping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word. Spiritual Vitality is addressed by reminding students that a dynamic relationship with God is vital for effective ministry.
- 3. Mission Focus:** We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries. This course addresses Mission Focus by helping students understand the biblical foundations for fulfilling the Great Commission and the Great Commandments.
- 4. Characteristic Excellence:** What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ. Characteristic Excellence is addressed by preparing students to excel in their ability to interpret Scripture, which is foundational to effective ministry.
- 5. Servant Leadership:** We follow the model of Jesus and exert leadership and influence through the nurture and encouragement of those around us. Servant Leadership is modeled by classroom deportment.

The core value focus for this academic year is *Doctrinal Integrity*.

Purpose of Course

The purpose of this course is to prepare students to minister effectively and therapeutically to persons who have experienced loss.

Curriculum Competencies Addressed

NOBTS faculty members realize that all ministers need to develop specific competencies if they are going to have an effective ministry. To increase the likelihood of NOBTS graduates having an effective ministry, the faculty developed a competency-based curriculum after identifying seven essential competencies necessary for effective ministry. All graduates are expected to have at least a minimum level of competency in all of the following seven areas:

Biblical Exposition: To interpret and communicate the Bible accurately.

Christian Theological Heritage: To understand and interpret Christian theological heritage and Baptist polity for the church.

Disciple Making: To stimulate church health through mobilizing the church for missions, evangelism, discipleship, and church growth.

Interpersonal Skills: To perform pastoral care effectively, with skills in communication and conflict management.

Servant Leadership: To serve churches effectively through team ministry.

Spiritual and Character Formation: To provide moral leadership by modeling and mentoring Christian character and devotion.

Worship Leadership: To facilitate worship effectively.

The curriculum competencies addressed in this course are:

1. Biblical exposition: Devotionals illustrating spiritual comfort for grievers will be presented daily in class devotionals.
2. Theological and historical perspective: Speakers and texts will address these two issues.
3. Effective servant leadership: Texts, group work and speakers will address this competence.
4. Interpersonal relationships: This competency will be addressed by visits with grievers, speakers and role play.
5. Disciple making: Texts, speakers, and role playing will offer opportunities to become more effective in disciple making.
6. Spiritual and character formation: Journaling, reflection, and scripture will address this competence.

Course Catalog Description

The focus in this course is on death, loss, and grief throughout the life span. Attention will be given to basic therapeutic interventions that can be used to assist individuals and groups through a wide variety of loss experiences such as illness, divorce, unemployment, relocation, infertility, death, and purpose. The role of the counselor/minister in the helping relationship will be explored. Lecture, discussion, guest speakers, role playing, and small group components will be utilized.

Student Learning Outcomes

The student involved in this course should be able to accomplish the following:

1. Share grief and loss experienced in his/her own life.
2. Assess his/her readiness to minister to persons in various grief experiences.
3. Develop plans for support groups focusing on death, grief, and loss.
4. Evaluate skills related to helping persons confront death, grief, and loss.
5. Network with professionals in the community who provide supportive services to the griever.
6. Utilize biblical truths when relating to grieving persons.
7. Become acquainted with resources related to death, grief, and loss.
8. Gain understanding regarding the impact of death upon a family.
9. Experience being a companion to a griever.

Textbooks

The following texts and resources are **required** reading for class discussions and are to be read in the entirety unless otherwise specified.

Required Textbooks

Lewis, C.S. *A Grief Observed*. San Francisco: HarperSanFrancisco, 2001.

Rando, Therese A. *Grief, Dying, and Death: Clinical Interventions for Caregivers*
Champaign, IL: Research Press, 1984.

Wolfelt, Alan D. *Companioning the Bereaved*. Fort Collins, CO: Companion Press, 2006.

Wolfelt, Alan D. *Death and Grief: A Guide for Clergy*. Munice, IN: Accelerated
Development Inc. Publishers, 1988.

Required Journal Articles

Cloud, John. "A Kinder, Gentler Death." *Time* (September 18, 2000): 75-82.

Kurn, Walter "Should You Stay Together for the Kids?" *Time* (September 25, 2000):
75-82.

Jefferson, David J. "The Divorce Generation Grows Up". *Newsweek* (April 23, 2008)

Recommended Textbooks

Niemeyer, Robert A. *Lessons of Loss: A Guide to Coping*. New York: The McGraw-Hill Companies, Inc., 1998.

Rando, Therese. *How To Go on Living When someone You Love Dies*. Lexington, MA: Lexington Books, 1988.

Worden, J. William. *Grief Counseling and Grief Therapy, 4ed.* New York: Springer Publishing Co., 2006.

Course Requirements

1. Read the four texts. The expectation is that the student reads the assigned readings daily and be prepared to participate in class discussions.
2. Prepare a daily (Tuesday-Thursday minimum) reactionary journal on personal thinking and feelings related to the reading, class discussions, field trips, speakers and encounters with grievers. Due Thursday, March 14, 2019 and Thursday, April 25, 2019. Please see page 17 for grading rubric.
3. Successfully complete the midterm and final examination.
4. Present and analyze a personal grief experience integrating grief theory and readings with your personal experience. The paper is to be typed, Turabian style. Recommended length, 8-10 pages, typed, double-spaced. Minimum resources, 15. Due Thursday, April 11, 2019, at class time. Please see page 16 for grading rubric.
5. Be prepared for and be involved in class and small group discussions.
6. Read *A Grief Observed* and watch video, *Shadowlands*. Type a paper 3-5 pages expressing your reactions to both.
A. What feelings did you experience (10 points)? B. What were your thoughts (10 points)? C. Could you have walked through the experience with anyone of the persons (10 points)? D. Explain which one and how you would help (10 points). (40 points total on final exam) Submitted to the professor at time of the final exam.
7. Participate in regular small group discussions and lead one group meeting.
8. Visit a grieving person 4 times and listen to their stories. You may visit the same person or 4 different persons. Integrate your reactions into your journal entries. Note visit date to verify, and name of person(s) visited.

Course Assignment Evaluation Percentages

<i>Midterm:</i>	Thursday, March 14	20%
<i>Final Exam:</i>	Tuesday, May 14	20%
<i>Daily Reactionary Journal:</i>	Thursday, March 14 and Thursday, April 25	20%
<i>Grief Experience Paper:</i>	Thursday, April 18	20%
<i>Class Involvement:</i> attendance, punctuality, participation, network and hospitality with guests		20%

Course Policies

Reading Assignments

Students are responsible for completing all reading assignments.

Professor's Policy on Late Assignments

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by 10 points each day. No work is acceptable after 5 days.

Help for Writing Papers at "The Write Stuff"

This is the official NOBTS Writing Center online help site for writing academic papers and essays. <http://www.nobts.edu/writing/default.html> You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew.

Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Please be aware that plagiarism in certain cases may result in expulsion from the seminary. Refer to the NOBTS Student Handbook <http://www.nobts.edu/resources/pdf/student-services/NOBTSHandbook.pdf> where the definition, penalties and policies associated with plagiarism are clearly defined.

Blackboard and ITC Technical Support

Blackboard is the instructional platform used in this class. Please make sure that your contact information is accurate and up-to-date. If you need assistance accessing Blackboard, Selfserve, or other technical support, please contact the Information Technology Center (Hardin Student Center 290 or call **504.816.8180**). Here are other helpful links to ITC assistance.

- **Selfserve@nobts.edu** - Email for technical questions/support requests with the Selfserve.nobts.edu site (Access to online registration, financial account, online transcript, etc.)

- **BlackboardHelpDesk@nobts.edu** - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System NOBTS.Blackboard.com.
- **ITCSupport@nobts.edu** - Email for general technical questions/support requests.
- **www.NOBTS.edu/itc/** - General NOBTS technical help information is provided on this website.
- For Student Assistance in using Blackboard, visit: **Student Bb Help**

Netiquette

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Academic Policies

Academic policies relate to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: *New Orleans Baptist Theological Seminary Academic Catalog*.

Policy for Graduating Seniors

Graduating Seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

Course Schedule

Week	Tuesday	Thursday
January 22-24	Introduction, Goal Setting, Contracting, Parameters Normalizing Loss/Kinds of Grief <u>Read:</u> Rando, Chapter 1	Myths; Discussion Group 1; Tenet 1 <u>Read:</u> Cloud, <u>Time Magazine</u> , (Issue 9/18/00) pp. 60-74 <u>Read:</u> Wolfelt, <i>Death and Grief</i> , Chapters 1-4
January 29- January 31	Manifestations of Grief Influential Factors Videos <u>Read:</u> Rando, Chapter 2-3	Small Group Discussion # 1 <u>Read:</u> Wolfelt, <i>Death and Grief</i> , Chapter 5 <u>Read:</u> Wolfelt, <i>Companioning the Bereaved</i> , Tenet 2. <u>View:</u> <i>The Bucket List</i> (movie) <u>Read:</u> Wolfelt, <i>Companioning the Bereaved</i> , pp. 3-27 Speaker: Duane Gidney, Heart of Hospice
February 5-7	Individual Meanings of Death The Dying Process The Christian View of Death <u>Read:</u> Rando, Chapters 8, 9	<u>Read:</u> Rando, Chapter 10 <u>Read:</u> Wolfelt, <i>Companioning the Bereaved</i> , Tenet 3-4 Speaker: Ginger Moskau
February 12-14	Speaker: Wallace Davis Small Group Discussion # 2	Anticipated Death; Understanding Grief <u>Read:</u> Rando, Chapter 11 <u>Read:</u> Wolfelt, <i>Companioning the Bereaved</i> , Tenet 5-6
February 19-21	Understanding Grief (continued) The Grieving Process <u>Read:</u> Rando, Chapter 5 <u>Read:</u> Wolfelt, <i>Death and Grief</i> , Chapter 6 <u>Read:</u> Wolfelt, <i>Companioning the Bereaved</i> , Tenet 7-8 Video: <i>Mourning</i>	The Grieving Family <u>Read:</u> Rando, Chapter 12 Speaker: Roger Sullivan and Daughter
February 26-28	<u>Library Resource:</u> <u>Read:</u> <i>How To Go On Living When Someone You Love Dies (Part III)</i> <u>Read:</u> Wolfelt, <i>Companioning the Bereaved</i> , Tenet 9-10	Grieving and Your Family <u>Read:</u> Rando Chapter 6 <u>Read:</u> Wolfelt, <i>Death and Grief</i> , Chapters 7-8 Speaker: Christi Gibson
March 5-7	Mardi Gras Day - No Class	Small Group Discussion # 3 Read: Rando, Chapters 8,9,10,11 The Family in Grief (Video) Read: Wolfelt, <i>Companioning the Bereaved</i> , Tenet 11
March 12-14	General Review for Midterm Review Complicated Grief	Midterm Exam Journals Due: Review 1
March 19-21	Spring Break-No Class	Spring Break-No Class
March 26-28	Loss Related to Children	<u>Read:</u> Wolfelt, <i>Death and Grief</i> , Chapter 10-

	Children and Grief <u>Read:</u> Rando, Chapter 5	13, 24 Speaker: Austin Mason
April 2-4	Loss of a Child Male Grief <u>Read:</u> Rando, Chapter 5-6 <u>Video:</u> <i>A Mother's Grief</i>	Small Group Discussion # 4 <u>Read:</u> Grieving Beyond Gender Speaker: Trey Gibson
April 9-11	Examining Loss: Divorce Family Grief Regarding Divorce <u>Read:</u> Rando page 403-404 <u>Read:</u> Kurn, <u>Time Magazine</u> , (Issue 9/25/00) pp. 75-82 <u>View:</u> <i>Hope Floats</i> or <i>Stepmom</i>	<u>Read:</u> Smoke, <i>Growing Through Divorce</i> Speaker: Josh Smith
April 16-18	Special Issues Related to Loss Teen Loss, Suicide, Male Grief <u>Video:</u> <i>Suicide</i> <u>Read:</u> Rando, Chapter 6 <u>Read:</u> Wolfelt, <i>Death and Grief</i> , Chapter 15-17 April 19: Good Friday!	Grief Experience Paper Due <u>Read:</u> Rando: page 149-154 <u>Read:</u> Rando page 151-153 Lake Lawn Funeral Home Visit Date
April 23-25	Therapeutic Interventions - The Death of a Baby <u>Read:</u> Rando, Chapters 4 and 5 <u>Read:</u> Wolfelt, Chapters 18 and 22	Journals Due: Review 2 Speaker: Lina
April 30-May 2	Death and the Community Funerals, Rituals, and Cremation Small Group Discussion # 5 <u>Read:</u> Rando, Chapters, 7 and 14 <u>Read:</u> Wolfelt, Chapters 13, 25-26	Small Group Discussion #6 Funerals, Rituals, and Cremation
May 7-9	Review for Final Exam	Celebration Shadowlands Paper Due at time of Final Exam
May 14-16	Final Exam 9:00am -11:00am Shadowlands Paper Due	

Selected Bibliography

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- Becvar, Dorothy Stroh. *In the Presence of Grief: Helping Family Members Resolve Death, Dying, and Bereavement Issues*. New York: Guilford Press, 2001.
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- Christ, Grace Hyslop. *Healing Children's Grief: Surviving a Parent's Death from Cancer*. New York: Oxford University Press, 2000.
- Clinton, Timothy E., and Archibald D. Hart. *Caring for People God's Way: Personal and Emotional Issues, Addictions, Grief, and Trauma*. Nashville: Nelson Reference and Electronic, 2005.
- Coleman, Jan. *After the Locusts: Restoring Ruined Dreams, Reclaiming Wasted Years*. Nashville: Broadman and Holman, 2002.
- Colgrove, Melba, Harold Bloomfield, and Peter McWilliams. *How to Survive the Loss of a Love*. New York: Bantam Books, 1976.
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- Cox, David, and Candy Neely-Arrington. *Aftershock: Help, Hope, and Healing in the Wake of Suicide*. Nashville, TN: Broadman and Holman, 2003.
- Cross, Darlene F. *A New Normal: Learning to live with grief and loss*. Las Vegas, NV: Darlene Cross Inc, 2010.
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Zotovitch, Katherine Dorn. *Good Grief for Kids: A Journal to Help Children Cope with Their Grief During Times of Loss*. Los Osos, CA: Journal Keepers, 2000.

Video recordings

A Guide to the Grief Journey [videorecording] / [hosted by] Darcie Sims and Alan Pederson. 2012

Helping Those in Grief, Crisis and Trauma [video recording] / H. Norman Wright. 2011

Instructions for Journal

Your journal is to have 2 entries each week. Express briefly your personal thinking and feeling. Do not write what you think you should be feeling and thinking. Be honest and specific. The professor will read it twice—once and make recommendations, secondly for grading purposes.

Rubric for Grading Journal

Grades will be based on the following:

Expression of thoughts	25 points
Expression of feelings	25 points
Relationships to class experience (reading, speakers, trips)	25 points
Reflects personal viewpoint	25 points

Rubric for Grading Personal Grief Experience

Thoughts and feelings	25 points
Degree of integration/theory and personal	25 points
Adequate length/minimum errors	25 points
Adequate resources (15)	25 points

Student Services

This is a partial list of NOBTS student services available to all students, no matter your delivery system or location. If you have questions or do not see what you need here, please refer to www.nobts.edu/studentservices, email us at studentservices@nobts.edu, or call the Dean of Students office at 800-662-8701, ext. 3283. We are glad to assist you!

Need	Email	Phone	Web Page
Advising – Graduate Program	studentservices@nobts.edu	504.282.4455 x3312	www.nobts.edu/registrar/default.html#advising
Advising – Undergraduate Program	lcadminasst@nobts.edu	504.816.8590	www.nobts.edu/LeavellCollege
Church Minister Relations (for ministry jobs)	cmr@nobts.edu	504.282.4455 x3291	www.nobts.edu/CMR
Financial Aid	financialaid@nobts.edu	504.282.4455 x3348	www.nobts.edu/financialaid
PREP (help to avoid student debt)	Prepassistant1@nobts.edu	504.816.8091	www.nobts.edu/prep
Gatekeeper NOBTS news	pr@nobts.edu	504.816.8003	nobtsgatekeeper.wordpress.com
Information Technology Center	itcsupport@nobts.edu	504.816.8180	selfserve.nobts.edu
Help with Blackboard	blackboardhelpdesk@nobts.edu	504.816.8180	nobts.blackboard.com
Library	library@nobts.edu	504.816.8018	www.nobts.edu/Library
Online library resources	library@nobts.edu	504.816.8018	http://www.nobts.edu/research-links/default.html
Writing and Turabian style help	library@nobts.edu	504.816.8018	http://www.nobts.edu/writing/default.html
Guest Housing (Providence Guest House)	ph@nobts.edu	504.282.4455 x4455	www.provhouse.com
Student Counseling	lmccc@nobts.edu	504.816.8004	www.nobts.edu/studentservices/counseling/services.html
Women’s Programs	womensacademic@nobts.edu	504.282.4455 x3334	www.nobts.edu/women

For additional library resources in your state, check <http://www.nobts.edu/library/interlibrary-loan.html>

- GALILEO for Georgia students
- LALINC for Louisiana students
- Florida Virtual Library (<http://www.flelibrary.org/>) for Florida students
- Interact with us online at –



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