



**COUN6301: Psychopathology: Diagnosis and Treatment**  
**New Orleans Baptist Theological Seminary**  
**Division of Church and Community Ministries**  
**Spring 2018**

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**Mission Statement**

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

**Mission Statement of the Counseling Program (CACREP 2.A)**

The mission of the NOBTS Counseling Program is to provide training and supervised experience in evidence-based counseling methods to help people deal with life issues in a biblically sound way and prepare students for licensure in counseling and counseling-related professions. We seek to produce graduates who have the values, knowledge, skills, and personal disposition to promote the mental health and holistic wellness of clients across diverse populations.

**Core Value Focus**

The seminary has five core values: Doctrinal Integrity, Spiritual Vitality, Mission Focus, Characteristic Excellence, and Servant Leadership. The core value focus for this academic year is Servant Leadership.

**Curriculum Competencies**

All graduates of NOBTS are expected to have at least a minimum level of competency in each of the following areas: Biblical Exposition, Christian Theological Heritage, Disciple Making, Interpersonal Skills, Servant Leadership, Spiritual and Character Formation, and Worship Leadership. The curriculum competencies addressed in this course are: Disciple Making, Interpersonal Skills, and Servant Leadership.

**Syllabus Distribution (CACREP 2.D)**

This syllabus is distributed at the beginning of the semester for review and can be found electronically on blackboard.

**Course Description (CACREP 2.D.1)**

## **COUN6301 Mental Disorders and Treatment (3 hours) Faculty**

This course is designed as a comprehensive overview of mental disorders and treatments. Students will acquire a working knowledge of the DSM-5 classification system, the diagnostic categories, and the primary treatment options for the major mental disorders. Diagnostic techniques, etiology and pathogenesis, epidemiology, clinical course, and psychopharmacology are also examined. (This course is a prerequisite for the clinical practicum and internship.)

### **Student Learning Outcomes (CACREP 2.D.2)**

Students will...

1. Examine the history and development, theories, nomenclature, concepts, codes, definitions, and treatment intrinsic to the study of abnormal psychology. **(5.C.1.a-c; 5.C.2.a-d)**
2. Acquire a working knowledge of the 16 major diagnostic classifications and one additional "Other Conditions. . ." section of the DSM-5. **(5.C.2.b-d, g-h)**
3. Learn the primary diagnostic criteria for the major mental disorders, ability to discern co-occurring issues, impact of crisis and trauma, and cultural factors. **(5.C.2.d-g, j).**
4. Acquire a general knowledge of the primary treatment options for the major mental disorders for individuals, couples, and families. **(5.C.2.c, h; 5.F.2.d, l)**
5. Appreciate how an understanding of abnormal psychology and modern-day psychiatry may complement the Christian counselor's efforts to minister to individuals and families touched by mental illness.

### **Textbooks (CACREP 2.D.4)**

#### ***Required Textbooks***

American Psychiatric Association. (2013) *Diagnostic and Statistical Manual of Mental Disorders*. 5th edition (DSM-5). Washington, K.D.: A.P.A. (ISBN: 978-0890425558)

Nevid, Jeffery S., Spencer A. Rathus & Beverly Greene. (2017) *Abnormal Psychology in a Changing World, 10/e*. New Jersey: Prentice-Hall. (ISBN: 978-0134484921)

Paris, Joel. (2015) *The Intelligent Clinician's Guide to the DSM-5, 2/e*. Oxford University Press, USA. (ISBN: 9780199395095)

#### ***Optional Text***

Preston, John, Mary Talaga, and John O'Neal. (2017) *Handbook of Clinical Psychopharmacology for Therapists*, 8th edition. Oakland: New Harbinger Press, Inc. (ISBN: 978-1626259256)

### **Course Teaching Methodology (CACREP 2.D.3)**

The course will involve the following methods of instruction:

Lecture: this course is content rich and provides the foundational knowledge for interfacing with the mental health treatment community.

Video: Real examples of individuals with diagnoses and symptoms presented in class help students understand what mental disorders “look like.”

Discussion: Students will participate in discussions designed to enrich understanding and conceptualization of difficult content.

### **Course Requirements (CACREP 2.D.3)**

Reading Quizzes (6 given, every other Tuesday)	35%
Mid-term Examination (Tuesday, October 10)	30%
Final Examination (See Final Exam Schedule in Catalog)	<u>35%</u>
(Class participation is expected)	100%

### **Evaluation of Grade (CACREP 2.D.5)**

The student's grade will be computed as follows:

#### Grading Scale

The following grading scale is used at NOBTS (see the Graduate Catalog, available online at <http://nobts.edu/academics/default.html>):

A: 93-100    B: 85-92    C: 77-84    D: 70-76    F: Below 70

### **Course Policies, Academic Conduct, and Professional Conduct (CACREP 1.J, G, O; 2.D.6)**

#### **Academic Honesty Policy**

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

#### **Academic Policies**

Academic policies relate to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: [New Orleans Baptist Theological Seminary Academic Catalog](#).

#### **Classroom Parameters**

- Please arrive on time.
- Turn off cell phones. Utilize laptops and other technology for class purposes only.
- Respect the professor and other members of the class.
- Maintain confidentiality when someone shares personal information.
- Participate in class and group discussions.

#### **Disabilities and Accommodations (CACREP 2.D.6)**

New Orleans Baptist Theological Seminary does not discriminate against applicants/

students on the basis of personal disabilities. The Seminary, in voluntary compliance with the American Disabilities Act, will provide reasonable institutional accommodations, modifications, and adjustments to enable and empower students with disabilities to participate in Seminary programs and activities to the fullest extent possible. However, NOBTS cannot support accommodations that place undue hardship on the Seminary or its resources or which alter the essential requirements of curriculum and academic progress. While the seminary does not provide direct assistance to students in the form of equipment or personnel, accommodations may be made by individual professors at their discretion. These accommodations usually take the form of early access to lecture materials in electronic format and additional time to complete tests and assignments. The most efficient way to pursue such accommodations is to provide the Director of Testing and Counseling (Dr. Jeff Nave, [jnave@nobts.edu](mailto:jnave@nobts.edu), 504-282-4455 ext. 8004) with documentation of the condition for which you seek accommodation, an explanation of helpful accommodations received in the past, and a description of the specific accommodations you desire. The Director of Testing and Counseling will document your request and communicate on your behalf with the professors who teach the course(s) for which you are registered. The seminary reserves the right to consider each request for “special” accommodations on a case by case basis pursuant to the criteria enumerated above.

### **Diversity (CACREP 1.J)**

The Counseling Program at NOBTS affirms the Christian doctrinal position that God created man in His own image, and that Christ died for man; therefore, every person of every race possesses full dignity and is worthy of respect and Christian love. We believe the counseling profession affords our students and graduates the opportunity to be “salt and light” (Matthew 5:13-16) whatever their places of service, and that a robust appreciation for and sensitivity to human diversity is key to that end. Further, a learning environment diverse in its people, curricula, scholarship, research, and creative activities expands opportunities for intellectual inquiry and engagement, helps students develop critical thinking skills, and prepares students for social and civic responsibilities. Students and faculty benefit from diversity. The quality of learning, research, scholarship, and creative activities are enhanced by a climate of inclusion, understanding, and appreciation of the full range of human experience. We are committed to nurturing and training a diverse student body in an atmosphere of mutual respect and appreciation of differences. As a result, the counseling program is committed to diversity and equal opportunity and recognizes that it must represent the diversity inherent in American society, reflected in our local community, and aligned with the core values of the NOBTS community.

### **Emergencies:**

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website ([www.nobts.edu](http://www.nobts.edu)) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the course will continue even if the main campus is closed. Please consider registering for the seminary’s priority text messaging

service through SelfServe. This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

### **Netiquette**

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

### **Plagiarism on Written Assignments**

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

### **Policy for Graduating Seniors**

Graduating Seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

### **Professional Conduct (CACREP 1.O)**

Students are expected to adhere to the appropriate code of ethics for their particular program. Any behavior deemed unethical will be grounds for dismissal from the program.

### **Professor's Policy on Late Assignments**

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by four points for each week day an assignment is late. Assignments will NOT be accepted after they are one week overdue.

### **Technical Assistance (CACREP 1.G)**

For assistance regarding technology, consult the NOBTS Information Technology Center (ITC):

[Selfserve@nobts.edu](mailto:Selfserve@nobts.edu) - Email for technical questions/support requests with the Selfserve.nobts.edu site (Access to online registration, financial account, online transcript, etc.)

[BlackboardHelpDesk@nobts.edu](mailto:BlackboardHelpDesk@nobts.edu) - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System NOBTS.Blackboard.com.

[ITCSupport@nobts.edu](mailto:ITCSupport@nobts.edu) - Email for general technical questions/support requests.

504.816.8180 - Call for any technical questions/support requests.

[www.NOBTS.edu/itc/](http://www.NOBTS.edu/itc/) - General NOBTS technical help information is provided on this website.

### **Writing Center (CACREP 1.G)**

NOBTS has adopted a Quality Enhancement Plan to improve English writing at the graduate level. As part of this effort, NOBTS has established a writing center located in the Hardin Student Center (290B). Visit the official [NOBTS Writing Center](#) online help site for writing academic papers and essays. You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew. More information about how to set up an appointment for writing assistance is available on the writing center page.

### **Writing Style**

All papers are to be written in American Psychological Association (APA) style. Please see the APA Manual 6th edition. Be thorough, and answer completely all the questions in the assignments.

### **Student Services** (CACREP 1.F, H)

*This is a partial list of NOBTS student services available to all students, no matter your delivery system or location. If you have questions or do not see what you need here, please refer to [www.nobts.edu/student-services](http://www.nobts.edu/student-services), email us at [studentservices@nobts.edu](mailto:studentservices@nobts.edu), or call the Dean of Students office at 800-662-8701, ext. 3283. We are glad to assist you!*

<b>Need</b>	<b>Email</b>	<b>Phone</b>	<b>Web Page</b>
Advising – Graduate Program	<a href="mailto:studentservices@nobts.edu">studentservices@nobts.edu</a>	504.282.4455 x3312	<a href="http://www.nobts.edu/registrar/default.html#advising">www.nobts.edu/registrar/default.html#advising</a>
Advising – Undergraduate Program	<a href="mailto:lcadminasst@nobts.edu">lcadminasst@nobts.edu</a>	504.816.8590	<a href="http://www.nobts.edu/LeavellCollege">www.nobts.edu/LeavellCollege</a>
Church Minister Relations (ministry jobs)	<a href="mailto:cmr@nobts.edu">cmr@nobts.edu</a>	504.282.4455 x3291	<a href="http://www.nobts.edu/CMR">www.nobts.edu/CMR</a>
Financial Aid	<a href="mailto:financialaid@nobts.edu">financialaid@nobts.edu</a>	504.282.4455 x3348	<a href="http://www.nobts.edu/financialaid">www.nobts.edu/financialaid</a>
PREP (help to avoid student debt)	<a href="mailto:Prepassistant1@nobts.edu">Prepassistant1@nobts.edu</a>	504.816.8091	<a href="http://www.nobts.edu/prep">www.nobts.edu/prep</a>
Gatekeeper NOBTS news	<a href="mailto:pr@nobts.edu">pr@nobts.edu</a>	504.816.8003	<a href="http://nobtsgatekeeper.wordpress.com">nobtsgatekeeper.wordpress.com</a>
Information Technology Center	<a href="mailto:itcsupport@nobts.edu">itcsupport@nobts.edu</a>	504.816.8180	<a href="http://selfserve.nobts.edu">selfserve.nobts.edu</a>
Help with Blackboard	<a href="mailto:blackboardhelpdesk@nobts.edu">blackboardhelpdesk@nobts.edu</a>	504.816.8180	<a href="http://nobts.blackboard.com">nobts.blackboard.com</a>
Library	<a href="mailto:library@nobts.edu">library@nobts.edu</a>	504.816.8018	<a href="http://www.nobts.edu/Library">www.nobts.edu/Library</a>
Online library resources	<a href="mailto:library@nobts.edu">library@nobts.edu</a>	504.816.8018	<a href="http://www.nobts.edu/research-links/default.html">http://www.nobts.edu/research-links/default.html</a>
Writing and Turabian style help	<a href="mailto:library@nobts.edu">library@nobts.edu</a>	504.816.8018	<a href="http://www.nobts.edu/writing/default.html">http://www.nobts.edu/writing/default.html</a>
Guest Housing (Providence Guest House)	<a href="mailto:ph@nobts.edu">ph@nobts.edu</a>	504.282.4455 x4455	<a href="http://www.provhouse.com">www.provhouse.com</a>
Student Counseling	<a href="mailto:lmccc@nobts.edu">lmccc@nobts.edu</a>	504.816.8004	<a href="http://www.nobts.edu/student-services/counseling-services.html">www.nobts.edu/student-services/counseling-services.html</a>
Women’s Programs	<a href="mailto:womensacademic@nobts.edu">womensacademic@nobts.edu</a>	504.282.4455 x3334	<a href="http://www.nobts.edu/women">www.nobts.edu/women</a>

For additional library resources in your state, check <http://www.nobts.edu/library/interlibrary-loan.html> GALILEO for Georgia students, LALINC for Louisiana students, Florida Virtual Library (<http://www.flelibrary.org/>)

### Course Schedule

(CACREP 2.D.1, 3, 4)

\*indicates DSM-5 reading

+indicates *Abnormal Psychology in a Changing World, 10/e* reading

**Important Note:** Each reading assignment is to be completed prior to the Tuesday quizzes. Six sectional quizzes will be given on selected Tuesdays. However, at least one quiz grade will be dropped (the lowest) before the student's final average is computed. **Bring your DSM-5 to class each day.**

DATES	QUIZ/EXAM	ASSIGNMENTS/READINGS	CACREP (crf)
Jan 22		*xiii through 25, 817-831	(5.C.1.a, b, c, e)
Jan 30	Quiz Jan 30	+Chapters 1, 2, 3 Introduction, Methods of Research Contemporary Perspectives and Treatment, Nature vs. Nurture DSM-5 Classification and Assessment (Individuals, Couples, and Families)	(5.C.2.a, b, c, d, g, h) (5.C.3.a, b) (5.F.2.d, l)
Feb 6		* pages 31-86, 733-748 +Chapter 13 Neurodevelopmental Disorders, Abnormal Behavior in Childhood, and Adolescence	(5.C.1.b) (5.C.2.b, d, g, h, j)
Feb 13		<b>MARDI GRAS HOLIDAY--NO CLASS MEETING</b>	
Feb 20	Quiz Feb 20	*pages 87-122 +Chapter 11 Schizophrenia Spectrum Disorders	(5.C.1.b) (5.C.2.b, d, g, h, j)
Feb 27	Quiz Feb 27		
Mar 6		*pages 123-188 +Chapter 7 Mood Disorders	(5.C.1.b) (5.C.2.b, d, e, g, h, j)
Mar 13	Mid-Term Mar 13		
Mar 20		<b>SPRING BREAK--NO CLASS MEETING</b>	
Mar 27		*pages 189-290 +Chapters 4 and 5 Anxiety Disorders, OCD, and related disorders Stress Related Disorders	(5.C.1.b) (5.C.2.b, d, e, f, g, h, j)
Apr 3	Quiz Apr 3		
Apr 10		*pages 291-328 + Chapter 6 Dissociative Disorders, Somatic Symptom and Related disorders	(5.C.1.b) (5.C.2.b, d, f, g, h, j)
Apr 17	Quiz Apr 17		
Apr 24		*pages 461-480, 645-684, 761-782 +Chapter 12 Personality Disorders Impulse Control Disorders	(5.C.1.b) (5.C.2.b, e, d, f, g, h, j)
May 1			
May 8		Catch-up/Review	
<b>FINAL EXAM</b>	Final Exam May 15	See Final Exam Schedule in Graduate Catalog	

Although overlap will exist between lectures and reading, quizzes will primarily contain questions from the reading assignments. The mid-term and final exams will contain questions from both sources. All quizzes will be primarily multiple-choice. Midterm and Final exams will include discussion / diagnosis, short answer, listing, multiple choice, and matching. This is a fast-paced and academically demanding course.

**Students are strongly encouraged to stay current with the reading assignments.**

**Selected Bibliography**  
**(CACREP 2.E)**

American Psychiatric Association. (2013) *Diagnostic and Statistical Manual of Mental Disorders*. 5th edition (DSM-5). Washington, K.D.: A.P.A.)

Nevid, Jeffery S., Spencer A. Rathus & Beverly Greene. (2017) *Abnormal Psychology in a Changing World*, 10/e. New Jersey: Prentice-Hall.

Paris, Joel. (2013) *The Intelligent Clinician's Guide to the DSM-5*. Oxford University Press, USA.

Preston, John, Mary Talaga, and John O'Neal. (2017) *Handbook of Clinical Psychopharmacology for Therapists*, 8th edition. Oakland: New Harbinger Press, Inc. (ISBN: 978-1626259256)

Adler, Alfred. *Individual Psychology of Alfred Adler*. Totowa, N.J.: Rowman and Allanheld, 1973.

Brennan, James F. *Readings in the History and Systems of Psychology*. Prentice Hall, 1997.

Erikson, Erik H. *Childhood and Society*. New York: W.W. Norton, 1963.

Freud, Sigmund. *Introductory Lectures on Psychoanalysis*. N.Y.: W.W. Norton, 1966.

Ginsburg, Herbert P. and Opper, Sylvia. *Piaget's Theory of Intellectual Development*. 3<sup>rd</sup> ed. Englewood Cliffs, NJ: Prentice Hall, 1988.

Horney, Karen. *Our Inner Conflicts*. N.Y.: W.W. Norton, 1966.

Hunt, Morton. *The Story of Psychology*. Rev. ed. N.Y.:Anchor, 2007.

James, William. *The Varieties of Religious Experiences*. New York: The Modern Library, 1962.

Jung, Carl G. *Memories, Dreams, Reflections*. N.Y.: Vintage Books, 1965.

Maslow, Abraham H. *Motivation and Personality*, 3rd ed. N.Y.: Harper & Row, 1970.

Millon, Theodore. *Toward a New Personology*. N.Y.: Wiley & Sons, 1990.

Sullivan, Harry Stack. *The Interpersonal Theory of Psychiatry*. N.Y.: W.W. Norton, 1953.