



DISC5171, Spiritual Formation 2
New Orleans Baptist Theological Seminary
Division of Church Music Ministries /Division of Church & Community Ministries
Spring 2017

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*The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill
the Great Commission and the Great Commandments through the local church and its ministries.*

Our Core Values

The seminary has five core values: Doctrinal Integrity, Spiritual Vitality, Mission Focus, Characteristic Excellence, and Servant Leadership. The core value focus for this academic year is Characteristic Excellence. What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ.

Curriculum Competencies Addressed

All graduates of NOBTS are expected to have at least a minimum level of competency in each of the following areas: Biblical Exposition, Christian Theological Heritage, Disciple Making, Interpersonal Skills, Servant Leadership, Spiritual and Character Formation, and Worship Leadership. The curriculum competencies addressed in this course are:

1. *Spiritual and Character Formation*: The course affords students structured opportunities to grow personally and to learn to facilitate spiritual and character formation in others.
2. *Interpersonal Skills*: The course affords students the opportunity to develop their skills in counseling and through group work with others during the class.

Course Catalog Description

This course is a pass-fail experience in a faculty led learning context. Students in the course will meet weekly for accountability, mentoring, discussion, and spiritual formation by participating in and leading weekly meetings. Students will select a mentee(s) from a church ministry context to

encourage them in establishing basic spiritual disciplines that will lead them to consistent spiritual growth. This course is designed to be taken immediately following DISC5170. [

Student Learning Outcomes

In order to provide moral leadership by modeling and mentoring Christian character and devotion and in order to stimulate church health through mobilizing the church for discipleship and improving marital health, the student, by the end of the course should:

1. Comprehend the following concepts:
 - Effective skills of health marital relationship.
 - The relationship between spiritual maturity and spiritual disciplines.
 - Christian devotional practices or disciplines.
2. Have a positive response to the following concepts:
 - A life-long intentional devotional discipline for lifelong spiritual growth and benefit to the kingdom of God
 - A meaningful and maturing relationship with God.
 - Christian community in a small group setting.
 - A personal commitment to basic devotional practices.
3. Be able to, with the help of resources, accomplish the following tasks:
 - Develop a plan for personal discipleship and assist others to develop a personal discipleship plan.
 - Practice appropriate disciplines of the Christian faith.

Textbooks

Required Textbooks:

Christian PREP Couple Manual (Purchase from professor)

Course Requirements

This course will use reading, discussion and practical exercises and assignments to enhance the development of Christ's character in the student's life.

1. Participate in all class discussions and meetings.
2. Participate in class discussions of assigned chapters.
3. Each couple will have two devotional times together weekly (minimum of 15 minutes). Agree together what two days and what time you will do your devotion regularly.

Course Evaluation:

The course is offered on a pass-fail basis as follows:

Class participation 100%

Technical Support

- Selfserve@nobts.edu - Email for technical questions/support requests with the Selfserve.nobts.edu site (Access to online registration, financial account, online transcript, etc.)
- BlackboardHelpDesk@nobts.edu - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System NOBTS.Blackboard.com.
- ITCSupport@nobts.edu - Email for general technical questions/support requests.
- www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.
- For Student Assistance in using Blackboard, visit: [Student Bb Help](#)

Course Schedule

Date		PREP	Thomas
Jan 26		Introduction	
Feb 2		Lesson 2: Communication Danger Signs/Time Out	
Feb 9		Lesson 3: Good Communication	
Feb 16		Lesson 4: Events, Issues, Hidden Issues	
Feb 23		Lesson 5: Being Friends	
March 2		Lesson 6: You, Me, Us	
March 9		Lesson 7: Stress & Relaxation	
March 13	Spring Break		
March 23		Lesson 8: Problem Solving	
March 30		Lesson 9: Forgiveness	
April 6		Lesson 10: Supporting Each other	
April 13		Lesson 11: The Sensual/Sexual Relationship	
April 20		Lesson 12: Sharing Hearts	
April 27		Lesson 13: Ground Rules	
May 4		Lesson 14: Commitment	
May 11		Wrap-Up	

Selected Bibliography

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