



Mental Disorders and Treatment-COUN6301 **New Orleans Baptist Theological Seminary** **Church and Community Ministries Division** **Spring 2017**

Jeffery W. Nave, Ph.D., LPC-s, LMFT-s, NCC
Professor of Psychology and Counseling
Office: LMCCC 107
Phone: 504-816-8004
Email: jnave@nobts.edu

Grader: Ashley Jamison
E-mail: burgamyashley@gmail.com

Mission Statement

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Core Value Focus

The seminary has five core values.

- 1. Doctrinal Integrity:** Knowing that the Bible is the Word of God, we believe it, teach it, proclaim it, and submit to it. This course addresses Doctrinal Integrity specifically by preparing students to grow in understanding and interpreting of the Bible.
- 2. Spiritual Vitality:** We are a worshiping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word. Spiritual Vitality is addressed by reminding students that a dynamic relationship with God is vital for effective ministry.
- 3. Mission Focus:** We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries. This course addresses Mission Focus by helping students understand the biblical foundations for fulfilling the Great Commission and the Great Commandments.
- 4. Characteristic Excellence:** What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ. Characteristic Excellence is addressed by preparing students to excel in their ability to interpret Scripture, which is foundational to effective ministry.
- 5. Servant Leadership:** We follow the model of Jesus and exert leadership and influence through the nurture and encouragement of those around us. Servant Leadership is modeled by classroom department.

The core value focus for this academic year is **Characteristic Excellence**.

Curriculum Competencies

NOBTS faculty members realize that all ministers need to develop specific competencies if they are going to have an effective ministry. To increase the likelihood of NOBTS graduates having an effective ministry, the faculty developed a competency-based curriculum after identifying seven essential competencies necessary for effective ministry. All graduates are expected to have at least a minimum level of competency in all of the following areas:

- 1. Biblical Exposition:** to interpret and communicate the Bible accurately.
- 2. Christian Theological Heritage:** To understand and interpret Christian theological heritage and Baptist polity for the church.
- 3. Disciple Making:** To stimulate church health through mobilizing the church for missions, evangelism, discipleship, and church growth.
- 4. Interpersonal Skills:** To perform pastoral care effectively, with skills in communication and conflict management.
- 5. Servant Leadership:** To serve churches effectively through team ministry.
- 6. Spiritual and Character Formation:** To provide moral leadership by modeling and mentoring Christian character and devotion.
- 7. Worship Leadership:** To facilitate worship effectively.

The curriculum competencies addressed in this course are:

Course Description

COUN6301 Mental Disorders and Treatment (3 hours) Faculty

This course is designed as a comprehensive overview of mental disorders and treatments. Students will acquire a working knowledge of the DSM-5 classification system, the diagnostic categories, and the primary treatment options for the major mental disorders. Diagnostic techniques, etiology and pathogenesis, epidemiology, clinical course, and psychopharmacology are also examined. (This course is a prerequisite for the clinical practicum and internship.)

Student Learning Outcomes

Students will...

1. Examine the nomenclature, concepts, codes, and definitions intrinsic to the study of abnormal psychology.
2. Acquire a working knowledge of the 16 major diagnostic classifications and one additional "Other Conditions. . ." section of the DSM-5.
3. Learn the primary diagnostic criteria for the major mental disorders.
4. Acquire a general knowledge of the primary treatment options for the major mental disorders.
5. Appreciate how an understanding of abnormal psychology and modern-day psychiatry may complement the Christian counselor's efforts to minister to individuals and families touched by mental illness.

Course Teaching Methodology

The course will involve the following methodologies:

Lecture: this course is content rich and provides the foundational knowledge for interfacing with the mental health treatment community.

Video: Real examples of individuals with diagnoses and symptoms presented in class help students understand what mental disorders "look like."

Discussion: Students will participate in discussions designed to enrich understanding and conceptualization of difficult content.

Textbooks

Required Textbooks

American Psychiatric Association. (2013) *Diagnostic and Statistical Manual of Mental Disorders*. 5th edition (DSM-5). Washington, K.D.: A.P.A. (ISBN: 978-0890425558)

Nevid, Jeffery S., Spencer A. Rathus & Beverly Greene. (2013) *Abnormal Psychology in a Changing World*, 9/e. New Jersey: Prentice-Hall. (ISBN: 978-0205773404)

Paris, Joel. (2013) *The Intelligent Clinician's Guide to the DSM-5*. Oxford University Press, USA. (ISBN: 978-0199738175)

Optional Text

Preston, John, Mary Talaga, and John O'Neal. (2008) *Handbook of Clinical Psychopharmacology for Therapists*, 5th edition. Oakland: New Harbinger Press, Inc. (ISBN: 978-1572245358)

Course Requirements

Reading Quizzes (6 given, every other Tuesday)	35%
Mid-term Examination (Tuesday, October 11)	30%
Final Examination (See Final Exam Schedule in Catalog)	35%
(Class participation is expected)	100%

Evaluation of Grade

This course is graded according to seminary policy:

- A--93-100
- B--85-92
- C--77-84
- D--70-76
- F--Below 70

***Students are required to pass this course with a grade of B or higher in order to begin their practicum.**

Technical Assistance

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

1. Selfserve@nobts.edu - Email for technical questions/support requests with the Selfserve.nobts.edu site (Access to online registration, financial account, online transcript, etc.)
2. BlackboardHelpDesk@nobts.edu - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System NOBTS.Blackboard.com.
3. ITCSupport@nobts.edu - Email for general technical questions/support requests.
4. www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.

Reading Assignments

Students are responsible for completing all reading assignments.

Professor's Policy on Late Assignments

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by 4 points plus 4 additional points for each subsequent 48 hours until turned in.

Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus. The professor will make every effort to return answers to emailed questions within a 24-hour period of time. Assignments requiring grading will be returned to the student within a reasonable period of time. The student may also email the course grader with questions regarding grading.

Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

Classroom Parameters

Please arrive on time.
Turn off cell phones. Utilize laptops and other technology for class purposes only.
Respect the professor and other members of the class.
Maintain confidentiality when someone shares personal information.
Participate in class and group discussions.

Extra Credit

The policy for extra credit in this course will be discussed in class when necessary.

Help for Writing Papers at "The Write Stuff"

NOBTS maintains a Writing Center designed to improve English writing at the graduate level. Students can receive writing guides, tips, and valuable information to help in becoming a better writer.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

Course Schedule

Weekly Agenda and Reading Schedule

Reading assignment indicated by * and by +

*indicates DSM-5

+indicates *Abnormal Psychology in a Changing World, 9/e*.

Important Note: Each reading assignment is to be completed prior to the Tuesday quizzes. Six sectional quizzes will be given on each Thursday of weeks 2, 4, 6, 8, 13, & 15. However, at least one quiz grade will be dropped (the lowest) before the student's final average is computed.

Bring your DSM-5 to class each day.

Weeks 1 & 2:
Quiz – Jan. 31

*xiii through 25, 817-831
+Chapters 1, 2, 3
Introduction, Methods of Research
Contemporary Perspectives and Treatment,
DSM-5 Classification and Assessment

Week 3 & 4:
Quiz – Feb. 14

* pages 31-86, 733-748
+Chapter 13
Neurodevelopmental Disorders,
Abnormal Behavior in Childhood
and Adolescence.

Week 5 & 7:
Mardi Gras-Feb. 28
Quiz – Mar. 7

*pages 87-122
+Chapter 11
Schizophrenia Spectrum Disorders

Week 8
March 13-17

SPRING BREAK

Week 9
Mid-Term – Mar. 21

*pages 123-188
+Chapter 7
Mood Disorders

Week 10 & 11
Quiz –Apr. 4

*pages 189-290
+Chapters 4 and 5
Anxiety Disorders and
OCD and related disorders,
Stress Related Disorders

Week 12 & 13:
Quiz – April 18

*pages 291-328
+ Chapter 6
Dissociative Disorders,
Somatic Symptom and
Related disorders

Week 14 & 15
Quiz—May 2

*pages 461-480, 645-684, 761-782

+Chapter 12
Personality Disorders,
Impulse Control Disorders

Week 16

Catch-up/Review

FINAL EXAM -

See Final Exam Schedule in Graduate Catalog

*Although overlap will exist between lectures and reading, quizzes will primarily contain questions from the reading assignments. The mid-term and final exams will contain questions from both sources. All quizzes will be primarily multiple-choice. Midterm and Final exams will include discussion / diagnosis, short answer, listing, multiple choice, and matching. This is a fast-paced and academically demanding course. **Students are strongly encouraged to stay current with the reading assignments.***

Selected Bibliography

- American Psychiatric Association. (2000) *Diagnostic and Statistical Manual of Mental Disorders*. 4th edition - Text Revision (DSM-V). Washington, K.D.: A.P.A. (ISBN: 0890420254)
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- Morrison, James. (1995) *DSM-V Made Easy: The Clinician's Guide to Diagnosis*. New York: Guilford Press. (ISBN: 0898625688)
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- Brennan, James F. *Readings in the History and Systems of Psychology*. Prentice Hall, 1997
- Erikson, Erik H. *Childhood and Society*. New York: W.W. Norton, 1963.
- Freud, Sigmund. *Introductory Lectures on Psychoanalysis*. N.Y.: W.W. Norton, 1966.
- Ginsburg, Herbert P. and Opper, Sylvia. *Piaget's Theory of Intellectual Development*. 3rd ed. Englewood Cliffs, NJ: Prentice Hall, 1988.
- Horney, Karen. *Our Inner Conflicts*. N.Y.: W.W. Norton, 1966.
- Hunt, Morton. *The Story of Psychology*. Rev. ed. N.Y.:Anchor, 2007.
- James, William. *The Varieties of Religious Experiences*. New York: The Modern Library, 1962.
- Jung, Carl G. *Memories, Dreams, Reflections*. N.Y.: Vintage Books, 1965.
- Maslow, Abraham H. *Motivation and Personality*, 3rd ed. N.Y.: Harper & Row, 1970.
- Millon, Theodore. *Toward a New Personology*. N.Y.: Wiley & Sons, 1990.
- Sullivan, Harry Stack. *The Interpersonal Theory of Psychiatry*. N.Y.: W.W. Norton, 1953.