



Mental Disorders and Treatment-PSYC6301

Church and Community Ministries Division

Jeffery W. Nave, Ph.D., LPC-s, LMFT-s, NCC
LMCCC 107
504-816-8004
jnave@nobts.edu

Grader: Justin Kelly
504-816-8004
justin.d.kelly@hotmail.com

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Purpose of Course

The course is designed to present a comprehensive overview of mental disorders conceptualized in terms of the individual, family, and larger social units. Major consideration is given to the recognized classification systems for mental disorders. Diagnosis, etiology, and treatment are the major areas of focus; each being considered from a systemic perspective.

Our Core Values

The seminary has five core values.

Doctrinal Integrity: Knowing that the Bible is the Word of God, we believe it, teach it, proclaim it, and submit to it. Our confessional commitments are outlined in the "Articles of Religious Belief" and the "Baptist Faith and Message 2000."

Spiritual Vitality: We are a worshiping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word.

Mission Focus: We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries.

Characteristic Excellence: What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ.

Servant Leadership: We follow the model of Jesus and exert leadership and influence through the nurture and encouragement of those around us.

The Core Value Focus for this academic year is *Mission Focus*.

Curriculum Competencies Addressed

NOBTS faculty members realize that all ministers need to develop specific competencies if they are going to have an effective ministry. To increase the likelihood of NOBTS graduates having an effective ministry, the faculty developed a competency-based curriculum after identifying seven essential competencies necessary for effective ministry. All graduates are expected to have at least a minimum level of competency in all of the following seven areas:

Biblical Exposition: To interpret and communicate the Bible accurately.

Christian Theological Heritage: To understand and interpret Christian theological heritage and Baptist polity for the church.

Disciple Making: To stimulate church health through mobilizing the church for missions, evangelism, discipleship, and church growth.

Interpersonal Skills: To perform pastoral care effectively, with skills in communication and conflict management.

Servant Leadership: To serve churches effectively through team ministry.

Spiritual and Character Formation: To provide moral leadership by modeling and mentoring Christian character and devotion.

Worship Leadership: To facilitate worship effectively.

The curriculum competencies addressed in this course are: *Biblical Exposition, Interpersonal Skills, Servant Leadership* and *Spiritual and Character Formation*.

Course Catalog Description

PSYC6301 Mental Disorders and Treatment (3 hours) Faculty

This course is designed as a comprehensive overview of mental disorders and treatments. Students will acquire a working knowledge of the DSM-5 classification system, the diagnostic categories, and the primary treatment options for the major mental disorders. Diagnostic techniques, etiology and pathogenesis, epidemiology, clinical course, and psychopharmacology are also examined. (This course is a prerequisite for the clinical practicum and internship.)

Student Learning Outcomes

Students will...

1. Examine the nomenclature, concepts, codes, and definitions intrinsic to the study of abnormal psychology.
2. Acquire a working knowledge of the 16 major diagnostic classifications and one additional “Other Conditions. . .” section of the DSM-5.
3. Learn the primary diagnostic criteria for the major mental disorders.
4. Acquire a general knowledge of the primary treatment options for the major mental disorders.
5. Appreciate how an understanding of abnormal psychology and modern-day psychiatry may complement the Christian counselor’s efforts to minister to individuals and families touched by mental illness.

Textbooks

Required Textbooks

American Psychiatric Association. (2013) *Diagnostic and Statistical Manual of Mental Disorders*. 5th edition (DSM-5). Washington, K.D.: A.P.A. (ISBN: 978-0890425558)

Nevid, Jeffery S., Spencer A. Rathus & Beverly Greene. (2013) *Abnormal Psychology in a Changing World, 9/e*. New Jersey: Prentice-Hall. (ISBN: 978-0205773404)

Paris, Joel. (2013) *The Intelligent Clinician's Guide to the DSM-5*. Oxford University Press, USA. (ISBN: 978-0199738175)

Optional Text

Preston, John, Mary Talaga, and John O’Neal. (2008) *Handbook of Clinical Psychopharmacology for Therapists*, 5th edition. Oakland: New Harbinger Press, Inc. (ISBN: 978-1572245358)

Course Requirements

Reading Quizzes (6 given, every other Thursday)	35%
Mid-term Examination (Tuesday, Mar. 22)	30%
Final Examination (See Final Exam Schedule in Catalog)	<u>35%</u>
(Class participation is expected)	100%

Course Evaluation

This course is graded according to seminary policy:

A--93-100
B--85-92
C--77-84
D--70-76
F--Below 70

Students are required to pass this course with a grade of B or higher in order to begin their practicum.

Course Policies

Reading Assignments

Students are responsible for completing all reading assignments.

Professor's Policy on Late Assignments

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by 4 points plus 4 additional points for each subsequent 48 hours until turned in.

Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus. The professor will make every effort to return answers to emailed questions within a 24-hour period of time. Assignments requiring grading will be returned to the student within a reasonable period of time. The student may also email the course grader with questions regarding grading.

Help for Writing Papers at "The Write Stuff"

This is the official NOBTS Writing Center online help site for writing academic papers and essays. <http://www.nobts.edu/writing/default.html> You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines.

Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Please be aware that plagiarism in certain cases may result in expulsion from the seminary. Refer to the NOBTS Student Handbook <http://www.nobts.edu/resources/pdf/student-services/NOBTSHandbook.pdf> where the definition, penalties and policies associated with plagiarism are clearly defined.

Classroom Parameters

Please arrive on time.

Turn off cell phones. Utilize laptops and other technology for class purposes only.

Respect the professor and other members of the class.

Maintain confidentiality when someone shares personal information.

Participate in class and group discussions.

Extra Credit

The policy for extra credit in this course will be discussed in class when necessary.

Blackboard and ITC Technical Support

Blackboard is the instructional platform used in this class. Please make sure that your contact information is accurate and up-to-date. If you need assistance accessing Blackboard, Selfserve, or other technical support, please contact the Information Technology Center (Hardin Student Center 290 or call **504.816.8180**). Here are other helpful links to ITC assistance.

- Selfserve@nobts.edu - Email for technical questions/support requests with the Selfserve.nobts.edu site (Access to online registration, financial account, online transcript, etc.)
- BlackboardHelpDesk@nobts.edu - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System NOBTS.Blackboard.com.
- ITCSupport@nobts.edu - Email for general technical questions/support requests.
- www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.
- For Student Assistance in using Blackboard, visit: [Student Bb Help](#)

Netiquette

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Academic Policies

Academic policies related to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: [New Orleans Baptist Theological Seminary Academic Catalog](#).

Web-based Course Reminder/Warning

Web-based courses are, by nature, a different kind of learning experience than courses taught in the traditional classroom. Because of this structure, this web-based course is more reading and writing intensive than traditional classroom courses. Rigorous study of the deep things of God can be a rewarding experience for anyone who participates in it, but it also calls for extra diligence and integrity in completing the work. This reality does not mean that a web-based course cannot be successful in equipping you, the student, for

effective, God-honoring ministry. It simply means utilizing a different strategy. Internet courses allow room for independent learners to thrive—to work at a responsible pace, to engage in student-led discussions, and to take ownership of the learning of course content. Note that your instructors are praying for your success.

Policy for Graduating Seniors

Graduating Seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

Emergencies

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website (www.nobts.edu) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the course will continue even if the main campus is closed. Please consider registering for the seminary's priority text messaging service through SelfServe. This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

Course Schedule

Weekly Agenda and Reading Schedule

Reading assignment indicated by * and by +

*indicates DSM-5

+indicates *Abnormal Psychology in a Changing World, 9/e*.

Important Note: Each reading assignment is to be completed prior to the Tuesday quizzes. Six sectional quizzes will be given on each Thursday of weeks 2, 4, 6, 8, 13, & 15. However, at least one quiz grade will be dropped (the lowest) before the student's final average is computed.

Bring your DSM-5 to class each day.

Weeks 1 & 2:
Quiz – Jan. 26

*xiii through 25, 817-831
+Chapters 1, 2, 3
Introduction, Methods of Research
Contemporary Perspectives and Treatment,
DSM-5 Classification and Assessment

Week 3 & 5:
Quiz – Feb. 16
MARDI GRAS
NO CLASS Feb. 9

* pages 31-86, 733-748
+Chapter 13
Neurodevelopmental Disorders,
Abnormal Behavior in Childhood
and Adolescence.

Week 6 & 7:
Quiz – Mar. 1

*pages 87-122
+Chapter 11
Schizophrenia Spectrum Disorders

Week 8 & 10:
Mid-Term – Mar. 22
SPRING BREAK
Mar. 14-18

*pages 123-290
+Chapter 7, 4 and 5
Mood Disorders
Anxiety Disorders and
OCD and related disorders,
Stress Related Disorders

Week 11 & 12:
Quiz – Apr. 5

*pages 291-328
+ Chapter 6
Dissociative Disorders,
Somatic Symptom and
Related disorders

Week 13 & 14
Quiz-Apr. 19

*pages 461-480, 645-684, 761-782
+Chapter 12
Personality Disorders,
Impulse Control Disorders

Week 15 & 16
Quiz-May 3

Catch-up/Review

FINAL EXAM -

See Final Exam Schedule in Graduate Catalog

Selected Bibliography

- American Psychiatric Association. (2000) *Diagnostic and Statistical Manual of Mental Disorders*. 4th edition - Text Revision (DSM-V). Washington, K.D.: A.P.A. (ISBN: 0890420254)
- Nevid, Jeffery S., Spencer A. Rathus & Beverly Greene. (2010) *Abnormal Psychology in a Changing World*, 8/e. New Jersey: Prentice-Hall. (ISBN: 0135128978)
- Morrison, James. (1995) *DSM-V Made Easy: The Clinician's Guide to Diagnosis*. New York: Guilford Press. (ISBN: 0898625688)
- Preston, John, Mary Talaga, and John O'Neal. (2008) *Handbook of Clinical Psychopharmacology for Therapists*, 5th edition. Oakland: New Harbinger Press, Inc. (ISBN: 1572245352)
- Adler, Alfred. *Individual Psychology of Alfred Adler*. Totowa, N.J.: Rowman and Allanheld, 1973.
- Brennan, James F. *Readings in the History and Systems of Psychology*. Prentice Hall, 1997
- Erikson, Erik H. *Childhood and Society*. New York: W.W. Norton, 1963.
- Freud, Sigmund. *Introductory Lectures on Psychoanalysis*. N.Y.: W.W. Norton, 1966.
- Ginsburg, Herbert P. and Opper, Sylvia. *Piaget's Theory of Intellectual Development*. 3rd ed. Englewood Cliffs, NJ: Prentice Hall, 1988.
- Horney, Karen. *Our Inner Conflicts*. N.Y.: W.W. Norton, 1966.
- Hunt, Morton. *The Story of Psychology*. Rev. ed. N.Y.:Anchor, 2007.
- James, William. *The Varieties of Religious Experiences*. New York: The Modern Library, 1962.
- Jung, Carl G. *Memories, Dreams, Reflections*. N.Y.: Vintage Books, 1965.
- Maslow, Abraham H. *Motivation and Personality*, 3rd ed. N.Y.: Harper & Row, 1970.
- Millon, Theodore. *Toward a New Personology*. N.Y.: Wiley & Sons, 1990.
- Sullivan, Harry Stack. *The Interpersonal Theory of Psychiatry*. N.Y.: W.W. Norton, 1953.

Student Services

This is a partial list of NOBTS student services available to all students, no matter your delivery system or location. If you have questions or do not see what you need here, please refer to www.nobts.edu/student-services, email us at studentservices@nobts.edu, or call the Dean of Students office at 800-662-8701, ext. 3283. We are glad to assist you!

Need	Email	Phone	Web Page
Advising – Graduate Program	studentservices@nobts.edu	504.282.4455 x3312	www.nobts.edu/registrar/default.html#advising
Advising – Undergraduate Program	lcadminasst@nobts.edu	504.816.8590	www.nobts.edu/LeavellCollege
Church Minister Relations (for ministry jobs)	cmr@nobts.edu	504.282.4455 x3291	www.nobts.edu/CMR
Financial Aid	financialaid@nobts.edu	504.282.4455 x3348	www.nobts.edu/financialaid
PREP (help to avoid student debt)	Prepassistant1@nobts.edu	504.816.8091	www.nobts.edu/prep
Gatekeeper NOBTS news	pr@nobts.edu	504.816.8003	nobtsgatekeeper.wordpress.com
Information Technology Center	itcsupport@nobts.edu	504.816.8180	selfserve.nobts.edu
Help with Blackboard	blackboardhelpdesk@nobts.edu	504.816.8180	nobts.blackboard.com
Library	library@nobts.edu	504.816.8018	www.nobts.edu/Library
Online library resources	library@nobts.edu	504.816.8018	http://www.nobts.edu/research-links/default.html
Writing and Turabian style help	library@nobts.edu	504.816.8018	http://www.nobts.edu/writing/default.html
Guest Housing (Providence Guest House)	ph@nobts.edu	504.282.4455 x4455	www.provhouse.com
Student Counseling	lmccc@nobts.edu	504.816.8004	www.nobts.edu/student-services/counseling-services.html
Women’s Programs	womensacademic@nobts.edu	504.282.4455 x3334	www.nobts.edu/women

For additional library resources in your state, check <http://www.nobts.edu/library/interlibrary-loan.html>

- GALILEO for Georgia students
- LALINC for Louisiana students
- Florida Virtual Library (<http://www.flelibrary.org/>) for Florida students
- Interact with us online at –



TWITTER.COM/NOBTS INSTAGRAM.COM/NOBTS FACEBOOK.COM/NOBTS