



# NEW ORLEANS

BAPTIST THEOLOGICAL SEMINARY

## **COUN5202 Counseling in Ministry**

### **Division of Counseling**

**Fall 2021** (traditional classroom, NOLA campus)

Tues/Thurs 1:1:50 PM

Craig Garrett, PhD, LPC-S

Associate Professor of Counseling

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### **MISSION STATEMENT**

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

### **SYLLABUS DISTRIBUTION**

This syllabus is distributed at the beginning of the semester for review and can be found electronically in the course Blackboard shell and linked from the online Graduate Course Schedule.

### **COURSE DESCRIPTION**

This course is designed to introduce students to the field of Christian counseling and basic counseling skills. Biblically based foundations and approaches to counseling will be examined. In addition, the class will address skill development and application and will examine counseling issues such as marital and family relationship problems, depression, anxiety, anger, forgiveness and reconciliation, substance abuse problems, and spiritual direction.

### **STUDENT LEARNING OUTCOMES**

In order to perform counseling effectively with the knowledge and skills necessary, students, by the end of the course, should:

1. Be able to understand the basic foundations and dimensions of biblically-based Christian counseling, including theological, pastoral, historical, scientific, and psychological elements and counseling models.
2. Be able to apply a biblically-based knowledge of pastoral care and counseling to the difficulties commonly faced by church members and their families.
3. Be able to evaluate personal limits in counseling and to know how and when to make appropriate referrals.
4. Be able to communicate effectively using basic counseling skills.

### **TEACHING METHODS**

This course meets twice per week in a traditional, in-person classroom experience. Each week you will be asked to interact with different types of materials, including lecture notes, PowerPoint presentations, class texts, videos, exercises or practical activities, and responses from other students.

### **REQUIRED TEXTBOOKS**

The Bible—your preferred translation

Jones, Ian F. (2006). *The Counsel of Heaven on Earth: Foundations for Biblical Christian Counseling*. Nashville, TN: Broadman & Holman. (Available from [Amazon](https://www.amazon.com) and from [LifeWay online](https://www.lifeWay.com).)

Sphar, Asa R. III, and Argile Smith (2003). *Helping Hurting People: A Handbook on Reconciliation-Focused Counseling and Preaching*. University Press of America, Inc. ISBN# 0-7618-2477-4 (Available from [Amazon](https://www.amazon.com) and electronically through [wordsearchbible.com](http://wordsearchbible.com))

Collins, Gary. (2007). *Christian Counseling: A Comprehensive Guide*. Revised and Updated Third Edition. Nashville: Thomas Nelson. ISBN# 13: 978-1-4185-0329-1

### **RECOMMENDED READING**

(Although these books are not required, they provide helpful information for further study in areas covered by the course.)

Ash, Christopher (2016). *Zeal Without Burnout: Seven keys to a lifelong ministry of sustainable sacrifice*. London, UK: The Good Book Company. ISBN-13: 978-1784980214

Bolton, Robert (1979) *People Skills: How to Assert Yourself, Listen to Others, and Resolve Conflicts*. New York: Touchstone/Simon & Schuster.

Clinton, Timothy, & George Ohlschlager (Eds.). (2002). *Competent Christian Counseling, Volume One: Foundations & Practice of Compassionate Soul Care*. Colorado Springs, Colorado: WaterBrook Press.

Clinton, Tim, Archibald Hart, & George Ohlschlager (Eds.). (2006). *Caring for People God's Way: Personal and Emotional Issues, Addictions, Grief, and Trauma*. Nashville, TN: Nelson Reference & Electronic.

Ripley, J. and Worthington, E. (2014). *Couple Therapy: A New Hope-Focused Approach*. Downers Grove, IL: IVP Academic. ISBN-13: 9780830828579

Sande, Ken (2004). *The Peacemaker: A Biblical Guide to Resolving Personal Conflict*. Third Edition, Revised and Updated. Grand Rapids, Michigan: Baker Books.

Thomas, Alan (2017). *Tackling Mental Illness Together: A Biblical and Practical Approach*. Downers Grove, IL: InterVarsity Press. ISBN: 978-1-7835-9559-4

Yarhouse, Mark. (2010). *Homosexuality and the Christian: A Guide for Parents, Pastors, and Friends*. Bloomington, MN: Bethany House Publishers. ISBN-13: 978-0764207310

Yarhouse, Mark. (2015). *Understanding Gender Dysphoria: Navigating Transgender Issues in a Changing Culture*. Downers Grove, IL: IVP Academic. ISBN-13: 978-0830828593

### **COURSE REQUIREMENTS**

#### **Examinations:**

**(Midterm—20%, Final—20%)**

Exams will cover material from assigned readings and PowerPoint presentations. They will be posted on Blackboard, along with instructions.

#### **Verbatims: (2)**

20%

Two verbatims that deal with a problem or issue will be prepared from conversations with people that may be formal (planned) or informal. Care should be taken to protect the identity of the person(s) and informed consent should be given before the conversation is recorded or reported in writing. Verbatims should be submitted through Black Board and include the following:

1. Introduction: Introductory paragraph identifying the counselee (fictitious name to insure confidentiality). Include a detailed description identifying: age, sex, marital status, significant family members and contacts, personal appearance (facial, physical, emotional demeanor), and other pertinent information.
2. Verbatim: Actual counseling dialogue using the following symbols:  
R = counselor; E = Counselee  
The verbatims should demonstrate use of the counseling skills covered in class.
3. Evaluation: A summary section with conclusions drawn from the session as well as any follow-up plans. The summary must include a personal evaluation of the session (skills demonstrated, your strengths, limitations, and areas of opportunities), along with a spiritual assessment identifying pertinent biblical principles and areas you believe that God is working in the situation.

**NOTE:** To aid in the reporting of the session, the counselor may use a recording device with the permission of the counselee. Counselors should immediately erase the recording after transcribing the session—assuring the confidentiality (protection) of the counselee.

**Book Review:**

**15%**

Students will write a book review of not less than five pages, excluding cover sheet, of the book *The Counsel of Heaven on Earth* by Ian F. Jones. The review will be double spaced, in accordance Turabian style. The book review should include (1) a brief summary of content, (2) an evaluation of the strengths and limitations of the work, and (3) its applicability to Christian ministry and counseling (identify the most appropriate audience for the book and whether you would recommend it). See rubric for details. Submit the review on Blackboard.

Criterion	Scale 1 0-60 %	Scale 2 61-70 %	Scale 3 71-80 %	Scale 4 81-90 %	Scale 5 91-100 %	Total
<b>Brief Summary and Purpose of Book</b>	0-60 % Not acceptable <i>(little or no discussion on purpose and related structure, audience, and organization of book)</i>	61-70 % Passing, but seriously lacking discussion on purpose and related structure, audience, and organization of book	71-80 % Satisfactory <i>(acceptable, but with limited discussion on purpose and related structure, audience, and organization of book)</i>	81-90 % Above average <i>(shows evidence of clearly understanding purpose and related structure, audience, and organization of book)</i>	91-100 % Excellent <i>(clear description of intended purpose and related structure, audience, and organization of book)</i>	25
<b>Objective Evaluation of Book</b>	0-60 % Not acceptable <i>(little or no objective discussion on the basic nature of the book and an evaluation of its strengths and weaknesses)</i>	61-70 % Passing but seriously lacking an objective discussion on the basic nature of the book and an evaluation of its strengths and weaknesses	71-80 % Satisfactory <i>(contains a basic objective discussion on the nature of the book and an evaluation of its strengths and weaknesses)</i>	81-90 % Above average <i>(contains a good objective discussion on the nature of the book and an evaluation of its strengths and weaknesses)</i>	91-100 % Excellent <i>(contains a comprehensive discussion on the nature of the book and an evaluation of its strengths and weaknesses)</i>	25
<b>Personal Assessment of the Book and recommended</b>	0-60 % Little or no personal	61-70 % Passing but seriously	71-80 % Satisfactory (Provides	81-90 % Above average Provides good	91-100 % Excellent Provides	25

<b>audience</b>	assessment of the author's success in achieving the stated goals	lacking personal assessment of the author's success in achieving the stated goals	acceptable assessment of the author's success in achieving the stated goals	personal assessment of the author's success in achieving the stated goals	exceptional personal assessment of the author's success in achieving the stated goals	
<b>Final Recommendations</b> (can be positive or negative) 10 pts	0-60 % Fails to make any recommendations	61-70 % Unconvincing recommendation	71-80 % Limited explanation and recommendation	81-90 % Good explanation and recommendation	91-100 % Excellent explanation and recommendation	10
<b>Grammar</b> 5 pts Grammar / Sentence Construction	0-60 % More than 3 Errors per page	61-70 % Ave. 3 Errors per page	71-80 % Ave. 2 Errors per page	81-90 % Ave. 1 Error per page	91-100 % Almost Perfect	5
<b>Form &amp; Style</b> 10 pts Style Manual	0-60 % More than 3 style errors &/or failure to include full biblio. ref. of book	61-70 % 3 Style Errors &/or incomplete bibliographic reference of book	71-80 % 2 Style Errors. Complete bibliographic reference of book	81-90 % 1 Style Error Complete bibliographic reference of book	91-100 % Follows Manual 100%. Complete bibliographic reference of book	10
<b>Total</b>						100

### Research Paper:

**25%**

Students will write a research essay on a counseling issue of approximately 15 pages in length, not counting cover sheet or bibliography. Please refer to the assignment description in the Blackboard Assignments folder for details and a list of possible research topics. The paper should consist of:

1. An introduction to a counseling topic, including definitions, description and extent of the problem, and significant related issues
2. An exploration of how the mental health field addresses and/or treats this issue (best practices)
3. An exploration of how the Scripture speaks to the issue and how you could integrate Scripture and Christian faith into treatment and ministry
4. A basic plan for how you, as a person in your area of ministry, could address the problem with a counselee and with your larger ministry context (where you minister or plan to minister).

The paper will include a bibliography with a minimum of fourteen (14) references that may include the texts for this course. Possible sources for information include quality books on the subject, counseling texts, academic journal articles, professional organizations dedicated to addressing the problem, Bible commentaries, quality internet articles or sources, etc.—one place to start your search is the syllabus bibliography. Exercise caution in using material found on the internet.

Possible Research Topics: The following topics are generally broad. You may need to narrow the topic in order to cover the material within the requirements of the paper. Students may also choose topics from the chapter headings in the Collins text. The professor must approve other topics.

1. The Use of Scripture in Counseling
2. Marriage Counseling for \_\_\_\_\_ (You select the issue) \_\_\_\_\_.
3. Bereavement, Grief and Loss Counseling
4. Problem-Solving and Resolving Conflict in Relationships

5. Ethical Issues for Christian Counselors
6. The Essentials of Pre-Marital Counseling
7. Counseling Parents of Troubled Teens
8. Counseling Parents of Troubled Children
9. Counseling with Single Parents
10. Counseling with Singles
11. Counseling People with Terminal Illnesses
12. Counseling Divorced Church Members
13. Counseling Substance Abusers
14. Counseling Children of Alcoholic Parents
15. Counseling Skills for a Successful Pastoral Counselor
16. Group Counseling in a Church Setting
17. Counseling People in Financial Crisis
18. Communication Skills in Relationships and Counseling
19. Anxiety & Depression Counseling
20. Trauma and Stress Counseling
21. Self-Harm and Suicide Counseling
22. Counseling and Spiritual Crises
23. Counseling and Spiritual Warfare
24. Counseling Victims of Incest/Rape or other Sexual Abuse
25. Counseling: Brief vs. Long-Term Therapy
26. Other topics as approved by the professor.

Papers will be scanned for plagiarism. (See the seminary statement in the Student Handbook under General Policies [p. 9] at <https://nobts.edu/resources/pdf/student-services/NOBTSHandbook.pdf> )

The paper should conform to Turabian style as interpreted by the approved **NOBTS Style Guide**. The guide can be located online at the Writing Center's page on the seminary website at: <https://www.nobts.edu/resources/pdf/writing/StyleGuide.pdf>

**Rubric for Research Paper**

Research Paper	<b>Unacceptable</b> (0-60%)	<b>Basic/Poor</b> (61-70%)	<b>Competent/Fair</b> (71-80%)	<b>Good</b> (81-90%)	Excellent (91-100%)
<b>Introduction to the Topic</b>  Weight: 15%	(0-60%) Missing	(61-70%) Introduction fails to address the structure and nature of the paper	(71-80%) Introduction is present, but incomplete.	(81-90%) Introduction covers the content, but it is not clearly articulated	(91-100%) Well-written introduction to the paper
<b>Treatment and Best Practices</b>  Weight: 15%	(0-60%)	(61-70%) Subject matter is missing.	(71-80%) Inadequate discussion of subject matter.	(81-90%) Adequate discussion of the subject matter	(91-100%) Excellent discussion of the subject matter
<b>Biblical perspective and integration</b>  Weight: 15%	(0-60%)	(61-70%) Discussion of basic counseling skills and assessment is missing or not	(71-80%) Incomplete discussion of basic counseling skills and	(81-90%) Some basic counseling skills are identified with limited	(91-100%) Basic counseling skills are identified and comprehensively assessed.

		adequately addressed	assessment.	assessment.	
<b>Application to individual counseling and ministry setting</b>  Weight: 15%	(0-60%)	(61-70%) Discussion on a counseling issue is missing or fails to adequately address the issue	(71-80%) Incomplete discussion of a counseling issue, lacking biblical insights, interventions, evaluation, and use of research	(81-90%) Counseling issue is discussed along with some biblical insights, interventions, critical evaluation, and use of research	(91-100%) Excellent examination of a counseling issue, including biblical insights, appropriate interventions, critical evaluation, and use of evidenced- based research
<b>Conclusion</b>  Weight: 10%	(0-60%)	(61-70%) Conclusion missing	(71-80%) Incomplete conclusion, failing to draw contents of the paper together	(81-90%) Adequate conclusion, but fails to tie all areas of the paper together	(91-100%) Excellent concluding summary drawing together and applying all components of the paper
<b>Organization, Grammar and Spelling</b>  Weight: 10%	(0-60%)	(61-70%) Paper lacks organization and is not clearly structured; many style, spelling and grammar errors	(71-80%) Incomplete or unclear organization and numerous style, spelling, and grammar errors	(81-90%) Paper is adequately organized, with few style, spelling, or grammar errors	(91-100%) Paper is well-organized, with no obvious style, typographical, spelling or grammar errors
<b>Bibliography</b>  Weight: 10%	(0-60%)	(61-70%) Bibliography is missing or lacks use of basic books and articles in the field	(71-80%) Bibliography is lacking, failing to meet minimum requirements	(81-90%) Bibliography is adequate, generally meeting minimum requirements	(91-100%) Bibliography is comprehensive and relevant to the subject, with use of significant supporting books and journal articles and a minimum of 14 references as assigned
<b>Format</b>  Weight: 10%	(0-60%)	(61-70%) Form and writing does not meet Turabian guidelines. Many significant errors	(71-80%) Form and writing only minimally follows Turabian guidelines and contains numerous errors	(81-90%) Form and writing does not completely follow Turabian guidelines. Some errors	(91-100%) Form and writing follows Turabian guidelines, with no obvious errors

**Part One: Draft Research Paper (5%)**

Each student will write a first draft of the research paper for evaluation by the *NOBTS Writing Center*. While the draft does not need to be a complete paper, be sure to include your cover page, several pages of content, and the beginning of your bibliography so that the center staff can assist you with each section. This draft will be submitted to the *NOBTS Writing Center* by the due date in the course schedule. Students will certify their writing center submission on Blackboard. Information about the Writing Center and the process for submitting papers can be found at <http://www.nobts.edu/writing>.

**Part Two: Final Research Paper (20%)**

Submit the final research paper via the Blackboard assignment link by the due date specified in the course schedule.

**Course Requirements and Grading:**

- |                         |     |
|-------------------------|-----|
| 1. Exam 1 (Midterm)     | 20% |
| 2. Exam 2 (Final)       | 20% |
| 3. Verbatims            | 20% |
| 4. Book Review          | 15% |
| 5. Draft Research Paper | 5%  |
| 6. Final Research Paper | 20% |

**Grading Scale:**

The following grading scale is used at NOBTS. See the Graduate Catalog, available online at <https://catalog.nobts.edu/>:

- A: 93-100
- B: 85-92
- C: 77-84
- D: 70-76
- F: Below 70

**Due Dates and Times:**

All assignments are due on their respective due dates as detailed in the Reading and Assignments Schedule. Assignments are to be submitted on Blackboard by 11:59 PM (Central Time) on the dates they are due. *Late assignments will be assessed a 4-point per day penalty.*

If technical difficulty precludes your submitting an assignment through Blackboard, you may email it as an attachment to the instructor or the grader and it will be graded according to the date & time stamp on your email. Please use the email option only as a last resort.

## Reading and Assignments Schedule

CC = *Christian Counseling: A Comprehensive Guide*. HHP = *Helping Hurting People*

Unit #	Week #	Class Meeting Dates	Reading & Assignments Schedule
1	1	8/17, 8/18	CC: Ch. 1-5, 42 HHP: Ch. 1 Intro to Christian Counseling
	2	8/24, 8/26	CC: Ch. 6-7, 41 Biblical Basis for Counseling Historical Perspectives <b>Due: Book Review (8/28, end of day)</b>
2	3	8/31, 9/2	HHP: Ch. 2, 3 Reconciliation-focused Counseling
	4	9/7, 9/9	CC: Ch.10-12 Counselor Qualities Know when to refer
3	5	9/14, 9/16	HHP: Ch. 4 Basic Counseling Skills
	6	9/21, 9/23	CC: Ch. 8-9 Depression & Anxiety
4	7	9/28, 9/30	CC: Ch. 13-17 Developmental stages and models
	<b>10/4-10/8 is Fall Break No Class Meetings</b>		
	9	10/12, 10/14	CC: 33-35 Cognitive Therapies <b>Midterm Exam: may be taken on Blackboard anytime from 9/30 at 5:00 AM through 10/11 at 11:59 PM</b>
5	10	10/19, 10/21	CC: Ch. 19-21 Sexuality Issues and the Church Homosexuality Gender Dysphoria <b>Due: Draft Research Paper to Writing Center (10/23, end of day)</b>
6	11	10/26, 10/28	CC: 25 Grief, Suicide Suicide Risk Assessment
	12	11/2, 11/4	Brief Counseling Approaches
7	13	11/9, 11/11	CC: 26-32 Emotion Coaching Parenting styles <b>Due: Final Research Paper (11/13, end of day)</b>

	<b>14</b>	<i>11/6, 11/18</i>	CC: 18 Premarital Counseling Marriage Counseling
<b>8</b>	<b>15</b>	<i>11/23, 11/25</i>	CC: Ch. 22 Brief Counseling Approaches Crisis and Trauma <b>Due: Counseling Verbatim Report (11/27 end of day)</b>
	<b>16</b>	<i>11/30, 12/2</i>	CC: Ch. 38-40 Child Abuse and Neglect Domestic/Intimate Partner Violence
	<b>Final Exam</b>	<i>12/7</i>	<b>Final Exam, 11:00-1:00</b> <i>to be taken on Blackboard in class for classroom-based students</i>

### Course Policies

#### Reading Assignments

Students are responsible for completing all reading assignments.

#### Professor's Policy on Late Assignments

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by four (4) points per day.

#### Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus or through the Blackboard messaging function. The professor will make every effort to return answers to emailed questions within 24 hours. Assignments requiring grading will be returned to the student within a reasonable period of time. Student feedback on graded assignments will be provided through the Blackboard grading function for each assignment. The student may also email the course grader or instructor with questions regarding grading.

#### Help for Writing Papers at the NOBTS Writing Center

This is the official NOBTS Writing Center online help site for writing academic papers and essays: <http://www.nobts.edu/writing/default.html> You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew.

**The NOBTS Style Guide** is the official style guide for all seminary papers (unless the course specifies a different form and style, such as APA or SBL) and can be found in the course Blackboard shell or online at the Writing Center's page on the seminary website at:

[https://www.nobts.edu/\\_resources/pdf/writing/StyleGuide.pdf](https://www.nobts.edu/_resources/pdf/writing/StyleGuide.pdf)

#### Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

### **Plagiarism on Written Assignments**

NOBTS has a no tolerance policy for plagiarism. Please be aware that plagiarism in certain cases may result in expulsion from the seminary. Refer to the NOBTS Student Handbook <http://www.nobts.edu/resources/pdf/student-services/NOBTSHandbook.pdf> where the definition, penalties and policies associated with plagiarism are clearly defined.

### **Extra Credit**

Extra credit is not offered in this course. Students with hardships, emergencies, or other situations impacting academic performance are encouraged to contact the professor as soon as possible to explore options appropriate to their specific situations.

### **Technical Assistance**

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

- [Selfserve@nobts.edu](mailto:Selfserve@nobts.edu) - Email for technical questions/support requests with the [Selfserve.nobts.edu](http://Selfserve.nobts.edu) site (Access to online registration, financial account, online transcript, etc.)
- [BlackboardHelpDesk@nobts.edu](mailto:BlackboardHelpDesk@nobts.edu) - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System [NOBTS.Blackboard.com](http://NOBTS.Blackboard.com).
- [ITCSupport@nobts.edu](mailto:ITCSupport@nobts.edu) - Email for general technical questions/support requests.
- [www.NOBTS.edu/itc/](http://www.NOBTS.edu/itc/) - General NOBTS technical help information is provided on this website.

### **Netiquette**

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is always expected in the online environment.

### **Academic Policies**

Academic policies relating to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: [New Orleans Baptist Theological Seminary Academic Catalog](#).

### **Online Course Reminder/Warning**

Online courses are, by nature, a different kind of learning experience than courses taught in the traditional classroom. Because of this structure, this online course is more reading and writing intensive than traditional classroom courses. Rigorous study of the deep things of God can be a rewarding experience for anyone who participates in it, but it also calls for extra diligence and integrity in completing the work. This reality does not mean that an online course cannot be successful in equipping you, the student, for effective, God-honoring ministry. It simply means utilizing a different strategy. Internet courses allow room for independent learners to thrive—to work at a responsible pace, to engage in student-led discussions, and to take ownership of the learning of course content. Note that your instructors are praying for your success.

### **Policy for Graduating Students**

Graduating students are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

## Student Services

This is a partial list of NOBTS student services available to all students, no matter your delivery system or location. If you have questions or do not see what you need here, please refer to <https://www.nobts.edu/student-services/default.html>, email us at [studentservices@nobts.edu](mailto:studentservices@nobts.edu), or call the Dean of Students office at 800-662-8701, ext. 3283. We are glad to assist you!

Need	Email	Phone	Web Page
Advising – Graduate Program	<a href="mailto:studentservices@nobts.edu">studentservices@nobts.edu</a>	504.282.4455 x3312	<a href="http://www.nobts.edu/registrar/default.html#advising">www.nobts.edu/registrar/default.html#advising</a>
Advising – Undergraduate Program	<a href="mailto:lcadminasst@nobts.edu">lcadminasst@nobts.edu</a>	504.816.8590	<a href="http://www.nobts.edu/LeavellCollege">www.nobts.edu/LeavellCollege</a>
Church Minister Relations (for ministry jobs)	<a href="mailto:cmr@nobts.edu">cmr@nobts.edu</a>	504.282.4455 x3291	<a href="http://www.nobts.edu/CMR">www.nobts.edu/CMR</a>
Financial Aid	<a href="mailto:financialaid@nobts.edu">financialaid@nobts.edu</a>	504.282.4455 x3348	<a href="http://www.nobts.edu/financialaid">www.nobts.edu/financialaid</a>
Information Technology Center	<a href="mailto:itcsupport@nobts.edu">itcsupport@nobts.edu</a>	504.816.8180	<a href="http://selfserve.nobts.edu">selfserve.nobts.edu</a>
Help with Blackboard	<a href="mailto:blackboardhelpdesk@nobts.edu">blackboardhelpdesk@nobts.edu</a>	504.816.8180	<a href="http://nobts.blackboard.com">nobts.blackboard.com</a>
Library	<a href="mailto:library@nobts.edu">library@nobts.edu</a>	504.816.8018	<a href="http://www.nobts.edu/Library">www.nobts.edu/Library</a>
Online library resources	<a href="mailto:library@nobts.edu">library@nobts.edu</a>	504.816.8018	<a href="http://www.nobts.edu/research-links/default.html">http://www.nobts.edu/research-links/default.html</a>
Writing and Turabian style help	<a href="mailto:library@nobts.edu">library@nobts.edu</a>	504.816.8018	<a href="http://www.nobts.edu/writing/default.html">http://www.nobts.edu/writing/default.html</a>
Guest Housing (Providence Guest House)	<a href="mailto:ph@nobts.edu">ph@nobts.edu</a>	504.282.4455 x4455	<a href="http://www.provhouse.com">www.provhouse.com</a>
Student Counseling	<a href="mailto:lmccc@nobts.edu">lmccc@nobts.edu</a>	504.816.8004	<a href="http://www.nobts.edu/student-services/counseling-services.html">www.nobts.edu/student-services/counseling-services.html</a>
Women’s Programs	<a href="mailto:womensacademic@nobts.edu">womensacademic@nobts.edu</a>	504.282.4455 x3334	<a href="https://prepareher.com/">https://prepareher.com/</a>

## Selected Bibliography

The following texts represent some of the resources in the field. The list should be consulted as a departure point for gathering references for use in the research paper.

Adams, Jay E. *Competent to Counsel*. Nutley, NJ: Presbyterian and Reformed Publishing Company, 1970.

Adams, Jay E. *More than Redemption: A Theology of Christian Counseling*. Grand Rapids, Michigan: Baker Book House, 1979.

Ash, Christopher (2016). *Zeal Without Burnout: Seven keys to a lifelong ministry of sustainable sacrifice*. London, UK: The Good Book Company. ISBN-13: 978-1784980214

Augsburger, David W. *Pastoral Counseling Across Cultures*. Philadelphia: Westminster, 1986.

Beck, James R. *Jesus and Personality Theory: Exploring the Five-Factor Model*. Downers Grove, IL: InterVarsity Press, 1999.

- Beck, J. T. *Outlines of Biblical Psychology* (Translated from the Third Enlarged and Corrected German Edition, 1877.) Edinburgh: T. and T. Clark, 1877. (First German Edition, 1843).
- Beck, James R., & Demarest, Bruce. *The Human Person in Theology and Psychology: A Biblical Anthropology for the Twenty-First Century*. Grand Rapids, Michigan: Kregel Publications, 2005.
- Benner, David G. *Care of Souls: Revisioning Christian Nurture and Counsel*. Grand Rapids, Michigan: Baker, 1998.
- \_\_\_\_\_. (ed.) *Christian Counseling and Psychotherapy* Grand Rapids, Michigan: Baker Book House, 1987.
- Benner, David G., & Hill, Peter C. (Eds.) *Baker Encyclopedia of Psychology and Counseling*. 2<sup>nd</sup> ed. Grand Rapids, Michigan: Baker Book House, 1999.
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## Websites

- Christian Association for Psychological Studies: <http://www.caps.net>
- American Association of Christian Counselors: <http://www.aacc.net>
- Christian Counseling & Educational Foundation (CCEF) <https://www.ccef.org>
- Hope for the Heart: <http://www.hopefortheheart.org>
- Association of Certified Biblical Counselors (ACBC) [www.biblicalcounseling.com](http://www.biblicalcounseling.com)

Association of Biblical Counselors <http://christiancounseling.com>

RPM Ministries <http://www.rpmministries.org/writing/equipping-counselors-for-your-church>

## Resource Networking and Clearinghouses

### **Chosen Families** (<http://chosenfamilies.org/>)

A non-profit, charitable organization, providing information to parents, family members, religious leaders and the general public on effective solutions to living in families with hidden disabilities, such as Anxiety, Asperger, ADHD, Autism, Bipolar disorder, Depression, Epilepsy, Learning disabilities, Obsessive Compulsive Disorder, Schizophrenia, Sensory Processing Disorders, and Tourette syndrome.

Purpose & Mission: The purpose of *ChosenFamilies.org* is to help families living with hidden disabilities become fully included in the body of Christ. Our mission is to provide resources, connections and encouragement to families with hidden disabilities and to educate and provide resources to religious leaders as they minister to families with these needs.

### **The Biblical Counseling Coalition** (<http://biblicalcounselingcoalition.org/>)

Mission: The BCC exists to multiply the ministry of the biblical counseling movement by strengthening churches, para-church organizations, and educational institutions through promoting unity and excellence in biblical counseling.

The Coalition seeks to foster collaborative relationships and to provide robust, relevant biblical resources that equip the Body of Christ to change lives with Christ's changeless truth through the personal ministry of the Word.

### **New Life Christian Counseling Network** (<http://newlife.com/counselors>) (Part of New Life Ministries)

A large network of professional, Christian counselors located throughout the country. The network counselors have gone through an extensive application and credentials verification process. They agree with the New Life Statement of Faith and meet specific professional standards set for members in the counseling network.

### **Minds Renewed (formerly Transformed Minds): The Consortium for a Christlike Response to Mental Health** ([transformedmindsinfo.wordpress.com](http://transformedmindsinfo.wordpress.com))

Formed in 2013, the consortium works primarily through the internet to "inspire those needing help; inform them of resources available; and provide the connections needed to reach those resources."