



# NEW ORLEANS

BAPTIST THEOLOGICAL SEMINARY

PSYC5320-01 Personality Development  
Fall Semester–2015

Professor: Ian F. Jones

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Day & Time: Thursdays, 12:30-3:20 p.m.

## Mission Statement

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

## Core Values & Basic Competencies

New Orleans Baptist Theological Seminary highlights five core values: Doctrinal Integrity, Spiritual Vitality, Mission Focus, Characteristic Excellence, and Servant Leadership. While all five core values are emphasized, the primary focus for the 2015-2016 academic year is *Mission Focus*. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries. Throughout this course students will be encouraged to consider how the core value of “spiritual vitality” impacts their development as Christian counselors being called to operate in the local church.

## Course Description

In this course students are presented an overview of the major theories, concepts, and research methods of the psychology of personality. Students will relate theorists and theories to the field of the counseling ministry. A biblical and theological understanding of the development of humans is reviewed.

## Student Learning Outcomes

By the end of the study, students should be able to:

1. Identify the major contributors, concepts, and common terms associated with major personality development paradigms
2. Apply theory models in assessment of personality
3. Relate theorists and theories to ministry
4. Demonstrate understanding of a sound Biblical view of personality development
5. Integrate ideas from Biblical counseling perspectives and social psychology’s theories on personality development
6. Understand the value of personality assessment in the ministry of helping hurting people

## Teaching Methods

Course objectives will be accomplished through a variety of instructional and experiential techniques and activities including lectures, handouts, reading, case studies, and in-class activities.

## Required Textbooks

Olson, Matthew H., & Hergenbahn, B.R. (2011). *An Introduction to Theories of Personality*. 8<sup>th</sup> Ed. Upper Saddle River, NJ: Pearson Prentice Hall. ISBN-13: 978-0205871865

### **(Choose One of the Following Texts for Book Review)**

- Beck, J. 2002. *The Psychology of Paul*. Grand Rapids, MI: Kregel Publications
- Beck, James R., & Demarest, Bruce. (2005). *The Human Person in Theology and Psychology: A Biblical Anthropology for the Twenty-First Century*. Grand Rapids, Michigan: Kregel Publications.
- Boa, K. (2004). *Augustine to Freud: What Theologians & Psychologists Tell Us About Human Nature (And Why It Matters)*. Nashville: Broadman & Holman Publishers.
- Beck, J. (1999). *Jesus & Personality Theory: Exploring the Five-Factor Model*. Downers Grove, IL: InterVarsity Press.

(Note: Some of these texts are out of print; although, you can find copies online. You may submit an alternative text to me for approval.)

### **Course Requirements**

1. Students are expected to attend class in accordance with seminary policy and participate in weekly class sessions. Excessive absences will result in failure of the course. Students are responsible for informing the instructor after class, if they arrive late, and for collecting any missed work.
2. Read the required textbooks
3. Complete all writing assignments
4. Complete and pass mid-term and final examinations
5. Participate in group projects and presentations

### **Assignments:**

#### Reading

Students are responsible for reading all of Hergenbahn and Olson's text. Students will choose one of the two remaining texts for reading and review. See Course Schedule for due date.

#### Writing

##### 1. Book Review

Each student will write a book review on his/her selected text. The review will be approximately 5 pages, double-spaced, APA Style. See Course Schedule below for due date. The book review should include a full citation (following the form in the style guide), identification of the author, the intended purpose or objectives of the book, the intended audience, and a description of the structure of the book and how its organization supports the purpose and argument of the author. In addition, the strengths of the book should be identified, along with any limitations or weaknesses. The first part of the review should be objective and communicate the basic nature of the book, while the second part should reflect carefully considered evaluation and assessment that addresses how and in what ways the author was either successful or unconvincing in achieving the stated purpose. The review should conclude with a summary recommendation that may be qualified, or a failure to recommend, along with a brief explanation.

##### 2. Paper

Each student will write a paper on his/her proposed integrated model for personality development based on textbooks and related literature, class lecture and class discussions, and any additional Biblical/theological and psychological resources. The paper should

include an understanding of a biblical perspective and model of personality along with engagement with contemporary research in the field. Consequently, your discussion should include an awareness of major theories with an indication of your level of agreement or disagreement, along with research on a biblical anthropology and a biblical psychology that addresses such terms and concepts as image and likeness of God, body, soul, spirit, heart, mind, sin, guilt, social relationships and responsibility, etc. Your resources in this area should not be limited to counseling texts, journals, and authors, but should also include information from commentaries, word studies, and theological dictionaries, lexicons, and Bible encyclopedias. Be sure to acknowledge differing views and interpretations. The paper should include a bibliography with a minimum of ten references other than the texts for this course. Papers will be scanned for plagiarism. (See the seminary statement in the Student Handbook under General Policies [p. 9] at <http://www.nobts.edu/resources/pdf/StudentHandbook.pdf>.) The paper must double-spaced, APA Style, with a length around 12-15 pages. See Course Schedule below for due date.

### Group Project

Each student will participate in 2 group projects. Groups will be responsible for presenting material on their assigned personality theoretical paradigm once during each half semester. This project assignment is designed to help the entire class in preparation for both the midterm and final exams. Any Personality Development course covers multiple theories and models. The magnitude of information from multiple models can seem overwhelming. The study time required in preparing for the presentation, and the time spent listening to the class's presentations will aid in the learning process and provide multiple study opportunities in preparation for mid-term and final examinations. Each group presentation will address significant areas of the assigned theory, along with a biblical assessment, and will provide a list of questions for possible inclusion on the mid-term and final exam. Guidance on important elements to include in each presentation will be covered during class. Groups will present the week or class prior to both the mid-term and final exam dates.

On the day of presentation:

1. Distribute a handout summary of your presentation to all class members, including a copy to your instructor.
2. Provide 10 objective test questions (e.g., True/False, Multiple Choice, Matching) and one open answer essay or discussion (e.g., definition, short answer)
3. Submit electronic copies of all material, including the test questions, for your professor (e.g., email attachment, thumb drive, CD).

### **Grading:**

Mid-Term	25%
Final	25%
Personal Theory Paper	20%
Group Presentations	15%
Book Review	<u>15%</u>
<b>Total</b>	<b>100%</b>

### **Grading Scale:**

The following grading scale is used at NOBTS (see the Graduate Catalog, available online at <http://www.nobts.edu/resources/pdf/GraduateCatalog.pdf>):

A: 93-100  
B: 85-92  
C: 77-84

D: 70-76  
F: Below 70

**Readings and Assignment Schedule (subject to change)**

<b><u>Date:</u></b>	<b><u>Readings</u></b>	<b><u>Assignments</u></b>	<b><u>Lecture Topics</u></b>
Week 1 8/27	Hergenhahn & Olson, <b>Ch. 1</b>	Syllabus and Course Requirements	Value of Personality Development Theory (Purpose of the Course) Biblical & Historical Perspectives on Personality Development
Week 2 9/3	Hergenhahn & Olson, <b>Ch. 2</b>		Lecture and Class Discussion (Freud)
Week 3 9/10	Hergenhahn & Olson, <b>Chs. 3-4</b>		Lecture and Class Discussion (Jung & Adler)
Week 4 9/17	Hergenhahn & Olson, <b>Chs. 5-6</b>		Lecture and Class Discussion (Horney & Erikson)
Week 5 9/24	Hergenhahn & Olson, <b>Chs. 7-8</b>	<b>Due: Book Review Selection (AACC World Conference)</b>	Lecture and Class Discussion (Allport & Catell/Eysenck)
Week 6 10/1		<b>Group Work for Paradigm Presentations</b>	Personal Theory Development
Week 7 10/8		<b>Presentations</b>	
Week 8 10/15		<b>Mid-Term Exam</b>	Biblical Perspectives on Personality Development
10/22	<b>Fall Break</b>	<b>October 19-23</b>	
Week 9 10/29	Hergenhahn & Olson, <b>Chs. 9-10</b>	<b>Due: Book Review</b>	Lecture and Class Discussion (Skinner & Dollard/Miller)
Week 10 11/5	Hergenhahn & Olson, <b>Chs. 11-12</b>		Lecture and Class Discussion (Bandura/Mischel & Buss)
Week 11 11/12	Hergenhahn & Olson, <b>Chs. 13-14</b>		Lecture and Class Discussion (Kelly & Rogers)
Week 12 11/19	Hergenhahn & Olson, <b>Chs. 15-17</b>		Lecture and Class Discussion (Maslow & May)
11/26		<b>Thanksgiving Break November 23-27</b>	
Week 13 12/3		<b>Due: Integrated Personality Theory Paper Group Work for Paradigm Presentations</b>	Biblical Perspectives on Personality Development
Week 14 12/10		<b>Presentations</b>	
<i>Final Exam—December 17, 2015</i>			

## Additional Items and Policies

### Plagiarism:

Plagiarism is considered by NOBTS to be a serious academic and ethical offense. It also has implications in the student's adherence to copyright. Read the NOBTS *Student Handbook* (p. 9) (See: <http://www.nobts.edu/resources/pdf/StudentHandbook.pdf> ) for a description of plagiarism and how to avoid it. The seminary has instituted serious disciplinary consequences for plagiarism. See your style guides (APA or Turabian) for correct format for citation in your assignments.

### Academic Honesty Policy:

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

### For Technical Assistance Contact the ITC:

- [Selfserve@nobts.edu](mailto:Selfserve@nobts.edu) - Email for technical questions/support requests with the [Selfserve.nobts.edu](http://Selfserve.nobts.edu) site (Access to online registration, financial account, online transcript, etc.)
- [BlackboardHelpDesk@nobts.edu](mailto:BlackboardHelpDesk@nobts.edu) - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System [NOBTS.Blackboard.com](http://NOBTS.Blackboard.com).
- [ITCSupport@nobts.edu](mailto:ITCSupport@nobts.edu) - Email for general technical questions/support requests.
- [504.816.8180](tel:504.816.8180) - Call for any technical questions/support requests.
- [www.NOBTS.edu/itc/](http://www.NOBTS.edu/itc/) - General NOBTS technical help information is provided on this website.

### Emergencies:

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website ([www.nobts.edu](http://www.nobts.edu)) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the course will continue even if the main campus is closed. Please consider registering for the seminary's priority text messaging service through [SelfServe](#). This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

**The Department of Psychology and Counseling has adopted the following policies for use in all psychology and counseling classes.**

<b>Papers or Assignments</b>	<p><u>All assignments</u> are to be typed in either Times New Roman 12 or Courier 10. Any deviation in this will result in the deduction of points. <u>Assignments</u> will be turned in at the beginning of the class on the date it is due. Papers or assignments turned in after this time will be considered late.</p> <p><u>Late assignments</u> will result in a deduction of <b>eight points per class period</b>.</p> <p><u>Assignments</u> must be turned in to the professor, grader, or administrative assistant. The time and date of submission will be noted. No assignments may be submitted by fax or e-mail without prior approval.</p> <p><u>All counseling students</u> will write papers in accordance to standards set in the APA Publication Manual.</p>
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<b>Quizzes</b>	Quizzes will not be given to students late for class. A grade of zero will be given for any missed quiz. No makeup quizzes will be given.
<b>Exams</b>	If there is a conflict with a scheduled test, you may request to take it early. Only under extreme circumstances will late exams be administered. If you find yourself in an extreme circumstance, please contact the professor, grader, or the departmental secretary as soon as possible. Taking a late final exam requires the approval of the registrar's office.
<b>Study Guide</b>	Students should not assume that the study guide, if one is given, is comprehensive to what will be on the exam.
<b>Plagiarism</b>	A high standard of personal integrity is expected of all students. Copying another person's work, submitting downloaded material without proper references, submitting material without properly citing the source, submitting the same material for credit in more than one course, and other such forms of dishonesty are <u>strictly forbidden</u> . <b>All sources must be cited.</b>  The Psychology and Counseling department adheres to the seminary's policy on plagiarism found in both the student handbook and graduate catalog. All infractions will be handled according to procedures outlined in the seminary's policy on plagiarism.
<b>Class Participation</b>	Working on assignments for other classes, playing games or using social media on electronic devices during class time are examples of behavior that will not be tolerated. If you feel the need to study during class time, then please choose to be absent that day.

\* Any exceptions to any of the above policies require unanimous approval of all faculty members in the department.

## Selected Bibliography

The following books are representative of the field and some will be mentioned in class presentations. The list should be consulted as a point of departure for gathering resources for your personality paper.

- Aden, L., & Benner, D. G. (Eds.). (1989). *Counseling and the Human Predicament: A Study of Sin, Guilt, and Forgiveness*. Grand Rapids, Michigan: Baker Book House.
- Adler, A. (1956). *The Individual Psychology of Alfred Adler*. Edited by H. Ansbacher & R. Ansbacher. New York: HarperPerennial.
- Allport, Gordon W. (1955). *Becoming: Basic Considerations for a Psychology of Personality*. New Haven, Connecticut: Yale University Press.
- Allport, Gordon W. (1937). *Personality: A Psychological Interpretation*. New York: Henry Holt and Company.
- Bakan, David. (1958). *Sigmund Freud and the Jewish Mystical Tradition*. Boston: Beacon Press.
- Bandura, A. (1977). *Social Learning Theory*. New Jersey: Prentice Hall.
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- Beck, James R., & Demarest, Bruce. (2005). *The Human Person in Theology and Psychology: A Biblical Anthropology for the Twenty-First Century*. Grand Rapids, Michigan: Kregel Publications.

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- Brennan, R. E. (O.P.). (1941). *Thomistic Psychology: A Philosophic Analysis of the Nature of Man*. New York: Macmillan Co.
- Brown, W. S., Murphy, N., & Malony, H. N. (Eds.). (1998). *Whatever Happened to the Soul? Scientific and Theological Portraits of Human Nature*. Minneapolis: Fortress Press.
- Brush, Nigel. (2005). *The Limitations of Scientific Truth: Why Science Can't Answer Life's Ultimate Questions*. Grand Rapids, MI: Kregel.
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- Clinton, Timothy, & Ohlschlager, George. (Eds.). (2002). *Competent Christian Counseling, Volume One: Foundations & Practice of Compassionate Soul Care*. Colorado Springs, Colorado: WaterBrook Press.
- Collins, Gary. (1993). *The Biblical Basis of Christian Counseling for People Helpers*. Colorado Springs, Colorado: NavPress.
- Collins, Gary. (2007). *Christian Counseling: A Comprehensive Guide*. Revised and Updated Third Edition. Nashville: Thomas Nelson.
- Cooper, John W. (1989, 2000). *Body, Soul & Life Everlasting: Biblical Anthropology and the Monism-Dualism Debate*. Grand Rapids, MI: William B. Eerdmans Publishing Company.
- Crabb, Lawrence J., Jr. (1975). *Basic Principles of Biblical Counseling*. Grand Rapids, Mich.: Zondervan Publishing House.
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## **WEBSITES**

- Society for Christian Psychology: <http://www.christianpsych.org/>,
- Christian Association for Psychological Studies: <http://www.caps.net/>
- American Association of Christian Counselors: <http://www.aacc.net/>
- Christian Counseling & Educational Foundation (CCEF) (<http://www.ccef.org/>)
- Hope for the Heart: <http://www.hopefortheheart.org>
- Association of Certified Biblical Counselors (ACBC) ([www.biblicalcounseling.com/](http://www.biblicalcounseling.com/)) (formerly known as the National Association of Nouthetic Counselors [NANC])
- Association of Biblical Counselors (<http://christiancounseling.com/>)
- RPM Ministries (<http://www.rpmministries.org/writing/equipping-counselors-for-your-church/>)
- Journal of Personality: <http://onlinelibrary.wiley.com/journal/10.1111/%28ISSN%291467-6494/issues>
- Journal of Personality and Social Psychology: <http://psycnet.apa.org/index.cfm?fa=browsePA.volumes&jcode=psp>
- Journal of Research in Personality: <http://www.sciencedirect.com/science/journal/00926566>
- Personality and Individual Differences: <http://www.sciencedirect.com/science/journal/01918869>

European Journal of Personality: <http://onlinelibrary.wiley.com/journal/10.1002/%28ISSN%291099-0984/issues>

Personality and Social Psychology Review: <http://psr.sagepub.com/content/by/year>

## **Resource Networking and Clearinghouses**

### **Chosen Families** (<http://chosenfamilies.org/>)

A non-profit, charitable organization, providing information to parents, family members, religious leaders and the general public on effective solutions to living in families with hidden disabilities, such as Anxiety, Asperger, ADHD, Autism, Bipolar disorder, Depression, Epilepsy, Learning disabilities, Obsessive Compulsive Disorder, Schizophrenia, Sensory Processing Disorders, and Tourette syndrome.

**Purpose & Mission:** The purpose of *ChosenFamilies.org* is to help families living with hidden disabilities become fully included in the body of Christ. Our mission is to provide resources, connections and encouragement to families with hidden disabilities and to educate and provide resources to religious leaders as they minister to families with these needs.

### **The Biblical Counseling Coalition** (<http://biblicalcounselingcoalition.org/>)

**Mission:** The BCC exists to multiply the ministry of the biblical counseling movement by strengthening churches, para-church organizations, and educational institutions through promoting unity and excellence in biblical counseling.

The Coalition seeks to foster collaborative relationships and to provide robust, relevant biblical resources that equip the Body of Christ to change lives with Christ's changeless truth through the personal ministry of the Word.

### **New Life Christian Counseling Network** (<http://newlife.com/counselors>) (Part of New Life Ministries)

A large network of professional, Christian counselors located throughout the country. The network counselors have gone through an extensive application and credentials verification process. They agree with the New Life Statement of Faith and meet specific professional standards set for members in the counseling network.

### **Minds Renewed (formerly Transformed Minds): The Consortium for a Christlike Response to Mental Health** ([transformedmindsinfo.wordpress.com](http://transformedmindsinfo.wordpress.com))

Formed in 2013, the consortium works primarily through the internet to "inspire those needing help; inform them of resources available; and provide the connections needed to reach those resources."